

# Introduction

- This session will look at applications for **wood** and **concrete structural** and **enclosure** systems, providing state-of-the-art expertise on choosing the right material for the project, and applying building science principles to construct resilient, durable, long-lasting, and healthy, energy-efficient buildings.
- UW- research on new wood systems
- RDH- assess options for clients @ early stage

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# Material Selection Matters

Dr John Straube, P.Eng.  
Principal, RDH Building Science  
Professor, School of Architecture  
University of Waterloo

# Outline

- Materials
- Structural Systems
- Enclosures
  
- Concrete
- Steel
- Wood
  
- Trends, Research and Field Experience



# **SOME MATERIAL SCIENCE**

# Materials – Basic Review

- **Agents of material deterioration**
  - Water
  - Oxygen
  - UV
  - High heat / very cold
  - Fire
- **Three primary material categories**
  - Metallic
    - Corrosion=oxidation
  - Polymer/organic
    - UV, oxidation, high heat, cold, moisture (natural polymers)
  - Mineral/Ceramic
    - Freeze-thaw, salt
  - Composite: made up of others

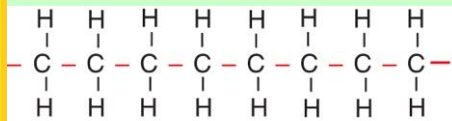




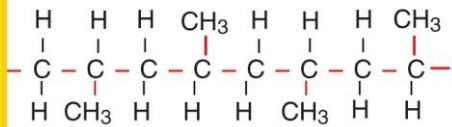




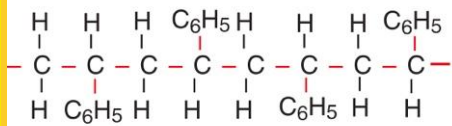
## Polymers: Carbon bonds



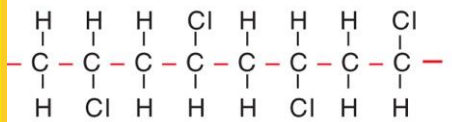
Polyethylene, **PE**



Polypropylene, **PP**



Polystyrene, **PS**



Polyvinyl chloride, **PVC**



Polytetrafluoroethylene, **PTFE**





**Asphalt– a modified natural polymer**



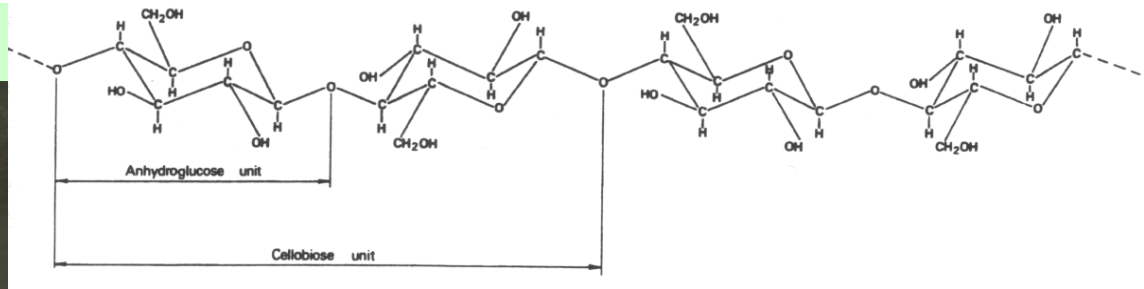


e.g. Minerals used to protect polymer from UV





# Wood: a natural polymer





**Clay Brick: a time-tested mineral-based product**





**Many other mechanisms of specialist interest**



**Salt (+water)**

**Freezing during EIFS install**



**Stone: being dissolved slowly**

# **THE CHANGING WORLD**

# New Challenges / Trends

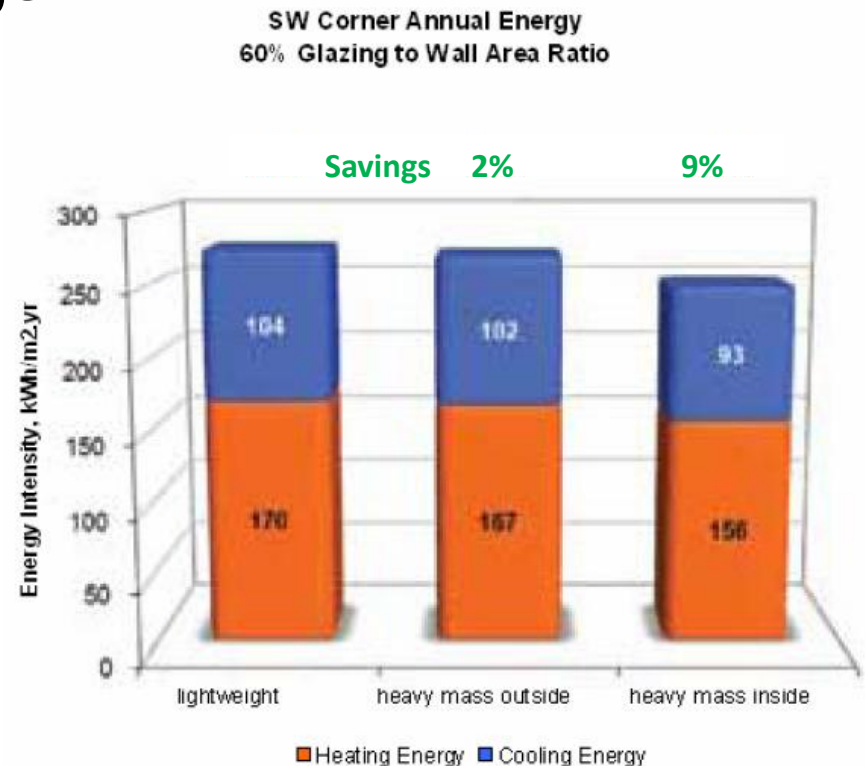
- Faster construction & design cycles
  - All weather construction
- Congested sites
  - i.e., urban & additions
- More High-rise & multi-use
- Better Energy performance
  - More on this later...
- Climate Change & Resiliency
- Design for Maintenance & Renewal

# Building Energy Use

- Growing demand from codes and some customers for lower energy use
- Actual measured performance beginning to play a role- game changer
  - Models vs reality
  - Code compliance vs performance
- Energy use is a SYSTEM and DESIGN issue not a material issue
  - Continuous insulation, air barrier are critical!

# Aside: Thermal mass & Energy

- Thermal mass can improve comfort, resiliency, and save energy
- Mass in exposed ceilings is most valuable
- Exterior walls also helpful- but keep it inside

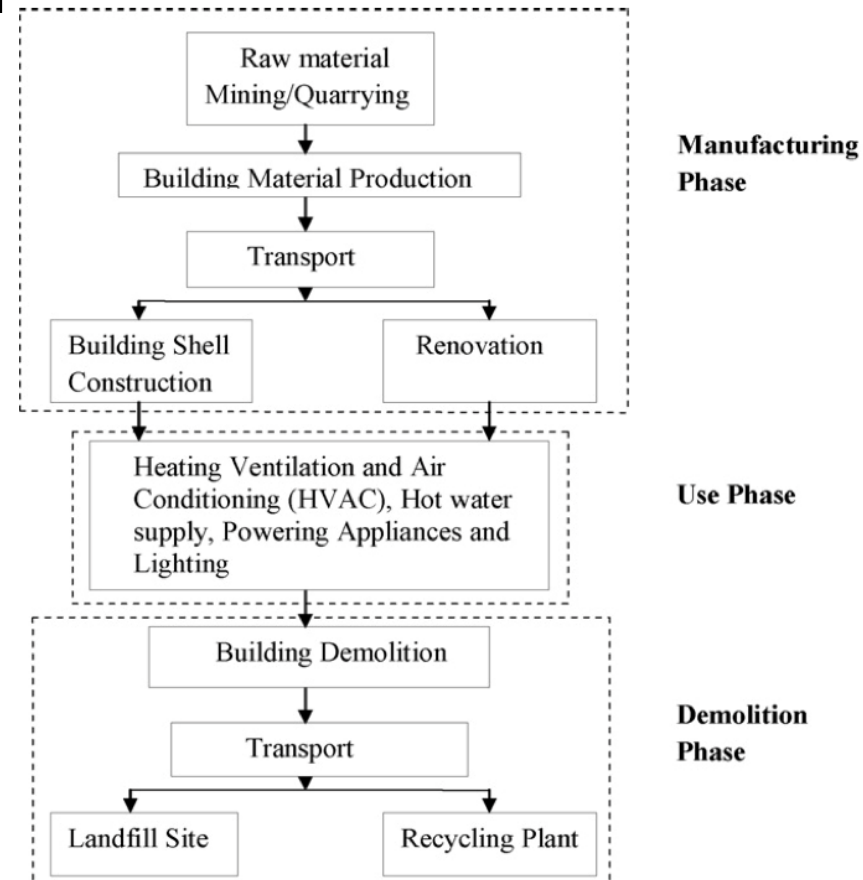


# **MATERIALS AND STRUCTURAL SYSTEMS**



# Aside: Embodied Energy

- Operation / use comprises 80-90% of life-cycle energy of common buildings
- Material choice is a small overall factor
- Energy-efficiency & design-efficiency are 90-95%
- Durable buildings are lower GHG





# Different Occupancies / Different Needs

- Residential
  - Compartments: fire, sound, odour
  - Many good internal partitions
    - Concrete / CMU vs framed hollow
- Office
  - Wide open flexible spaces, lots of services
  - Concrete or steel with concrete topping
- Retail
  - Very few partitions

# ***Past.*** the last 50+ yrs

- Wood
  - Low-rise, single-family
  - Some three+ storey multi's
- Masonry
  - Low- & mid-rise institutional/commercial
- Concrete Frame
  - Mid- & high-rise institutional/commercial/resid.
- Steel Frame
  - Low- to high-rise commercial (some instit.)

# Why?

- Why were those choice made?
- Usually because the different choices were deemed best for different needs
- High-rise is more expensive than low-rise
  - Higher loads, higher fire resistance, more durability expectations
- None of the material properties has changed
  - Why are choices changing?
  - Labour, energy, performance expectations

# *Future* material selection

- Building designers need to change to meet
  - More labor efficient (price)
    - prefab
  - Higher density means
    - Taller buildings, people next to each other
    - Fire and sound more important!
  - More energy efficient
    - More insulation, more airtightness, less thermal bridges
  - Building in any weather, fast
    - Prefabrication, less moisture sensitive

# In the old days ...

Labour & time expensive





# Wood single-family housing

- Low-cost
- Easy to escape in fire
- Sufficient load capacity (if connected)
- Separation for fire/noise by air gap or CMU



# Hot-rolled Steel Frame

- Low weather sensitivity
- Fast erection
- Requires significant additional fire protection esp. for taller buildings
- Requires enclosure system (like all frames)
- Requires partition system (like all frames)



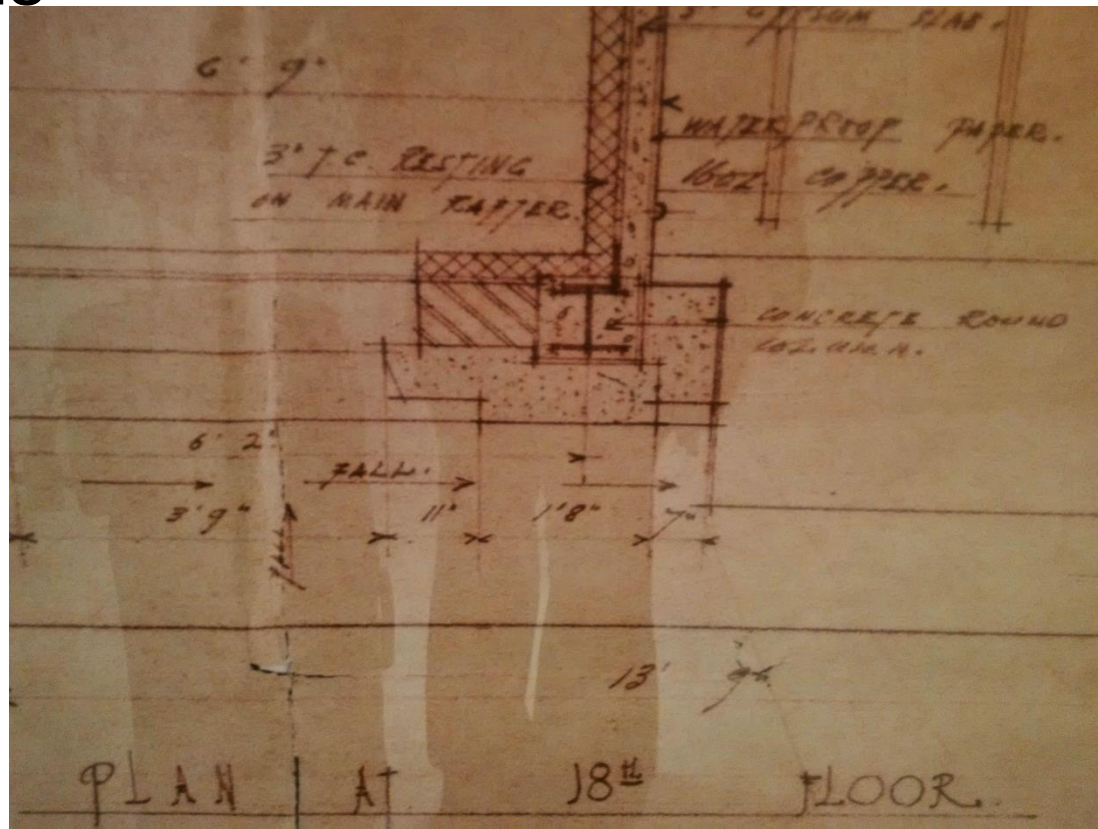
Low-rise spec. office building  
Additional finish, fire protection  
and sound isolation needed





# Site-cast Concrete Frame

- Integral Fire-proofing
- Shear walls / floor can be excellent fire/sound separating partitions
- Cold-weather sensitive
- Need repetition in formwork to be economical



**Institutional building**  
**Strong, durable, fire/sound**  
**resistant**  
**Flexible floor plan**  
**Cold weather heating...**





# Concrete Masonry Mid-rise

**Investor-owned building**

**Strong, durable, fire/sound resistant**

**Fixed compartments**

**Masonry= labour expensive, weather**



# Insulated Concrete Forms



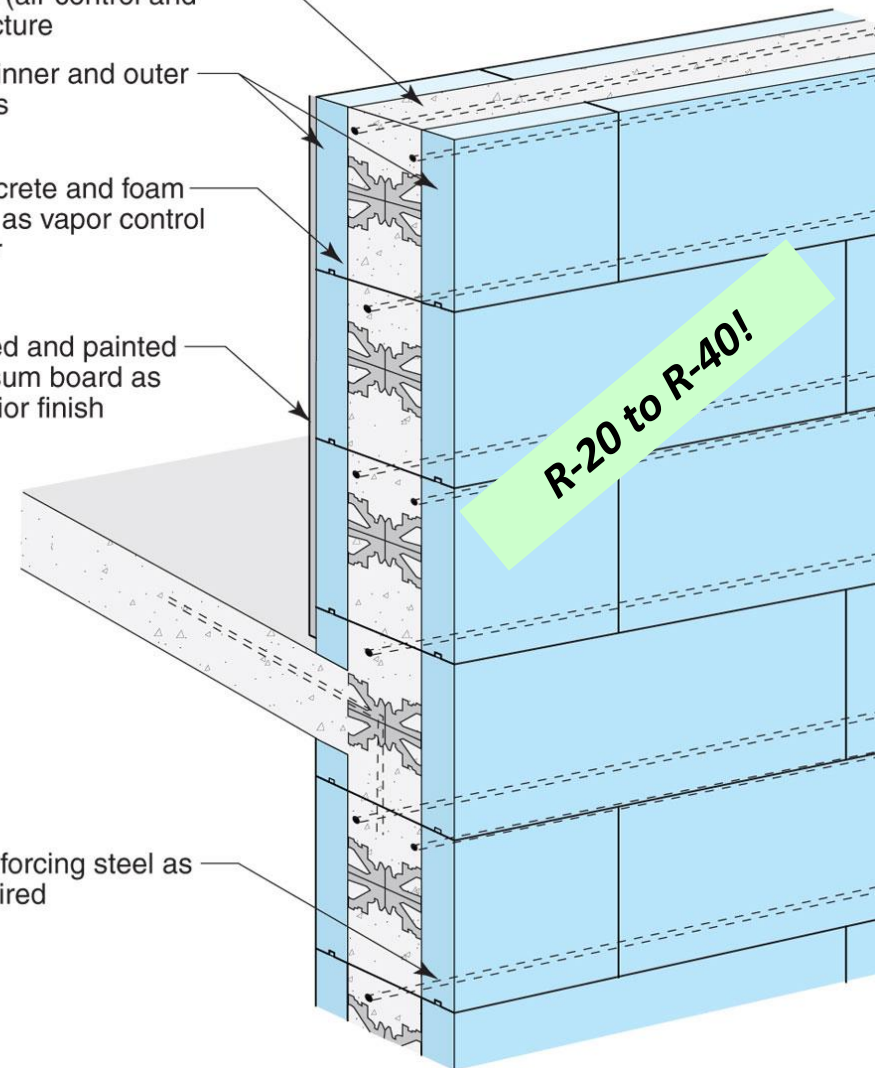
Cast-in-place concrete core (air control and structure)

ICF inner and outer faces

Concrete and foam acts as vapor control layer

Taped and painted gypsum board as interior finish

Reinforcing steel as required



**Emerging technology**  
**Includes enclosure thermal/air**  
**Less weather/formwork sensitive**  
**Foam needs fire protection/finish**



# ICF

- High rise practical – manage window widths





# Total Precast (MURB)

**Investor Owned**  
**Fast erection, excellent fire**  
**sound separation**  
**Little weather sensitivity**



**Waterloo, ABA Architects**

# Sandwich panel

R-20 or so



**Fast erection, excellent fire  
sound separation  
Little weather sensitivity  
Pefab w/windows in factory**



# Tall Wood Buildings

- Much closer Framing
  - Not practical much beyond 6 stories
- Cross-Laminated Timber
  - Can be used for tall building
- Post-and-Beam
  - Can easily be 10 storeys with big enough wood
- Wood-frame infill
  - Any height structurally...



# Four+





# Six-storey Mid-Rise Wood Buildings (framed)





# 6 storeys is very different . . .

- Price rockets as the amount of wood doubles
- Connections!



# CLT- new kind on the block

- New: Solid wood strips, cross laminated
- Much stronger, heavier, more fire resistant
- Much more costly





# Solid wood:CLT





ELSEVIER

Contents lists available at [ScienceDirect](http://www.sciencedirect.com)

# Building and Environment

journal homepage: [www.elsevier.com/locate/buildenv](http://www.elsevier.com/locate/buildenv)



## Hygrothermal performance of cross-laminated timber wall assemblies with built-in moisture: field measurements and simulations



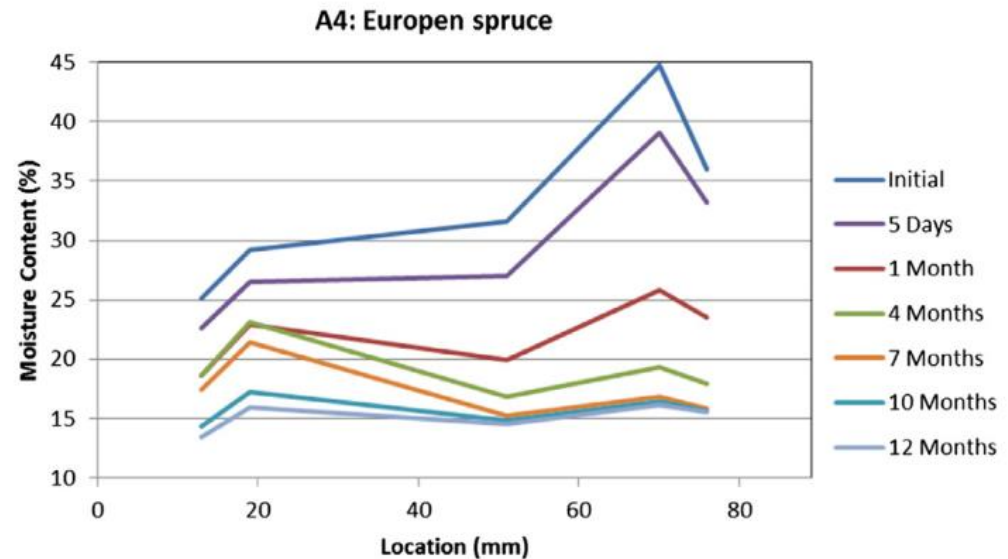
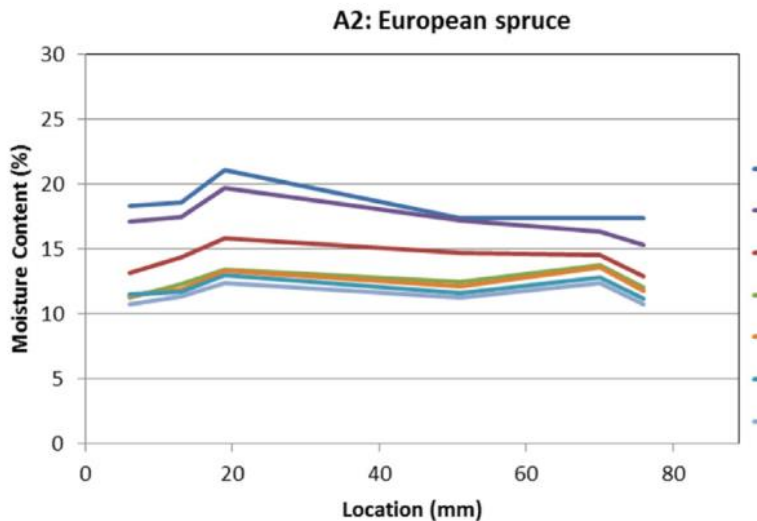
Ruth McClung<sup>a</sup>, Hua Ge<sup>b,\*</sup>, John Straube<sup>c</sup>, Jieying Wang<sup>d</sup>

<sup>a</sup> Morrison Hershfield, Vancouver, Canada

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<sup>c</sup> University of Waterloo, 200 University Avenue West, Waterloo N2L 3G1, Canada

<sup>d</sup> FPIInnovations, 2665 East Mall, Vancouver V6T 1Z4, Canada



High permeance interior and exterior

Low permeance interior & medium exterior



# High-rise Around the World



7 storeys - e3, Germany, Kaden & Klingbeil Architects



8 storeys - LCT One, Austria, Hermann Kaufmann



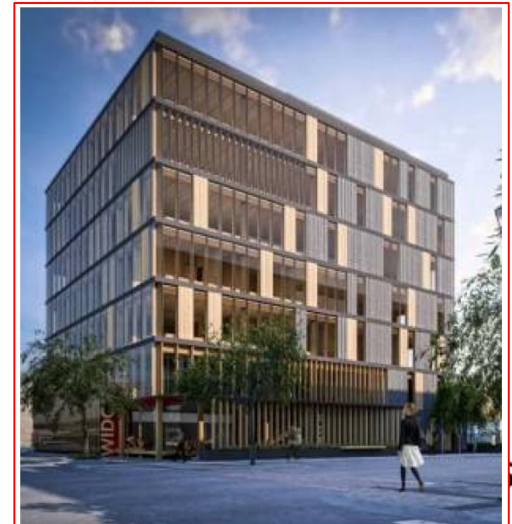
8 storeys - Finland, OOEPA



9 storeys - Melbourne Australia, Land Lease



9 storeys - Murray Grove, UK, Waugh Thistleton Architects



Michael Green Architecture (MGA) - Contractor: PCL Construction

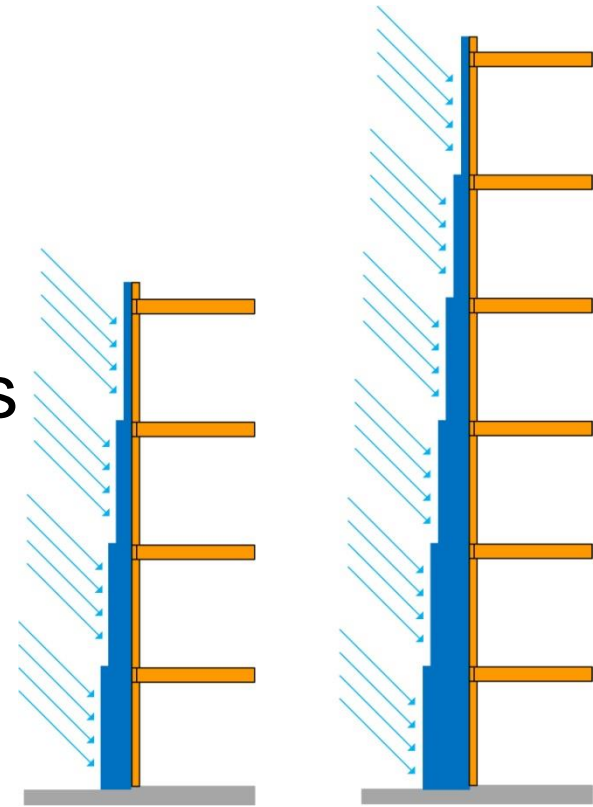
# We can ...

- ... but should we?
- - Significant complexity to manage
    - Many layers, trades, details
- New challenges to overcome
  - Construction moisture
  - Shrinkage/movement
  - Fire



# Increase in Wind and Rain Loads

- Specified structural and water penetration performance criteria for windows
  - Some low-rise windows may not work as well in mid-rise buildings
- Cumulative runoff
  - Water shedding features become more important
    - continuity, drip edges
  - Water penetration control strategy



# Challenges with Mechanically Attached Air-Water Barriers & Wind During Construction





# Construction Moisture

- taller buildings exposed to more rain and snow
- More concerns re water storage/damage





# Moisture Trapped in wood

- Don't use organic (paper) faced insulation in contact with damp wood



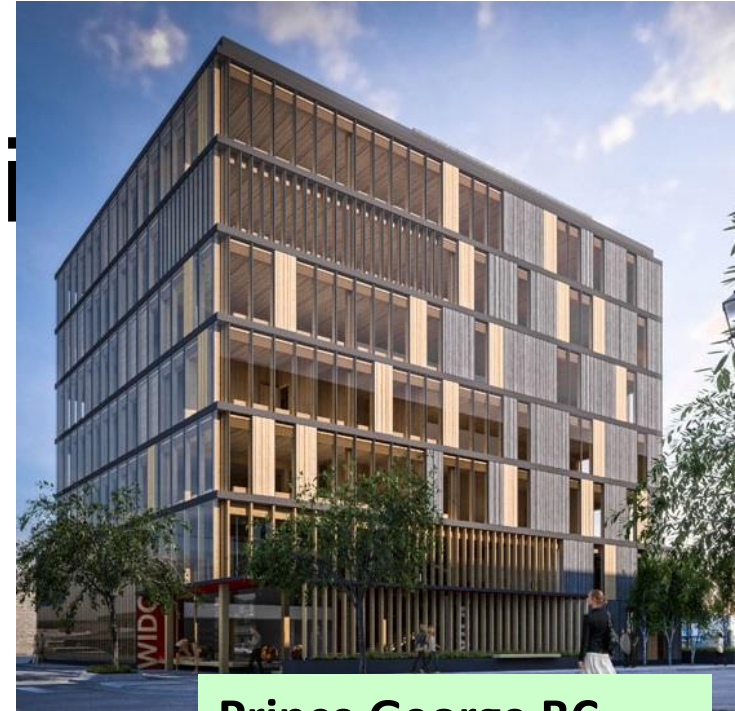
Drying of a wetted roof by natural means through **more than one layer of plywood** can be very slow



Finland



ecti



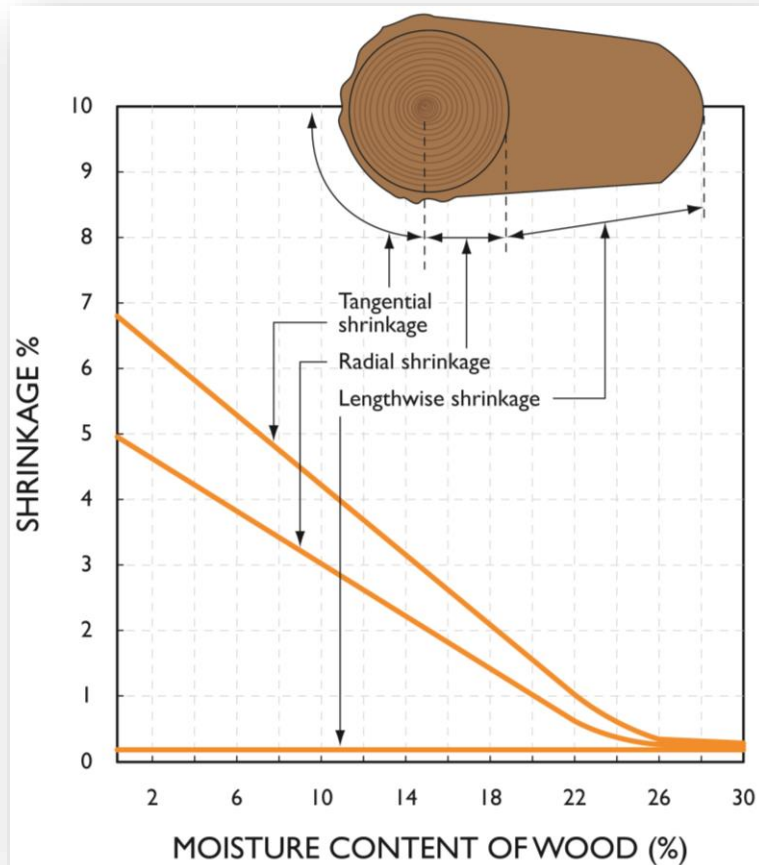
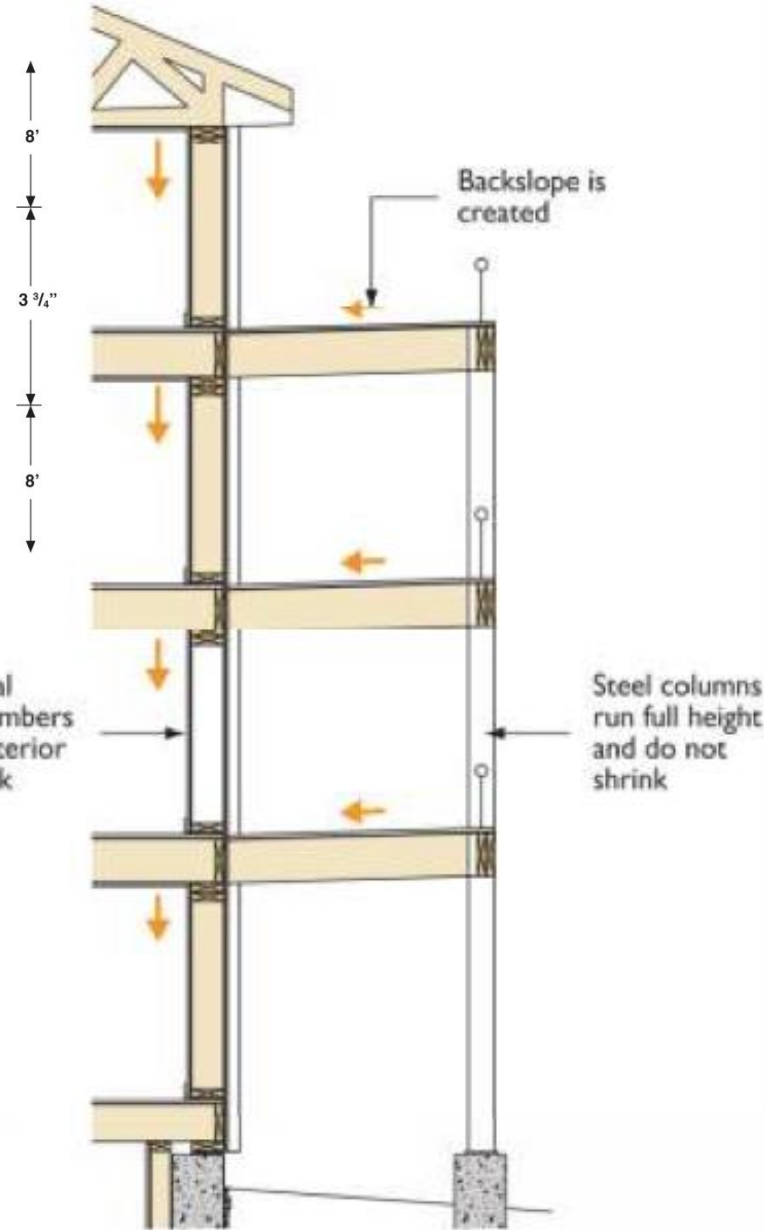
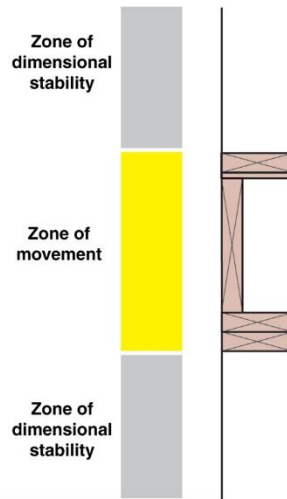
Prince George BC





# Shrinkage

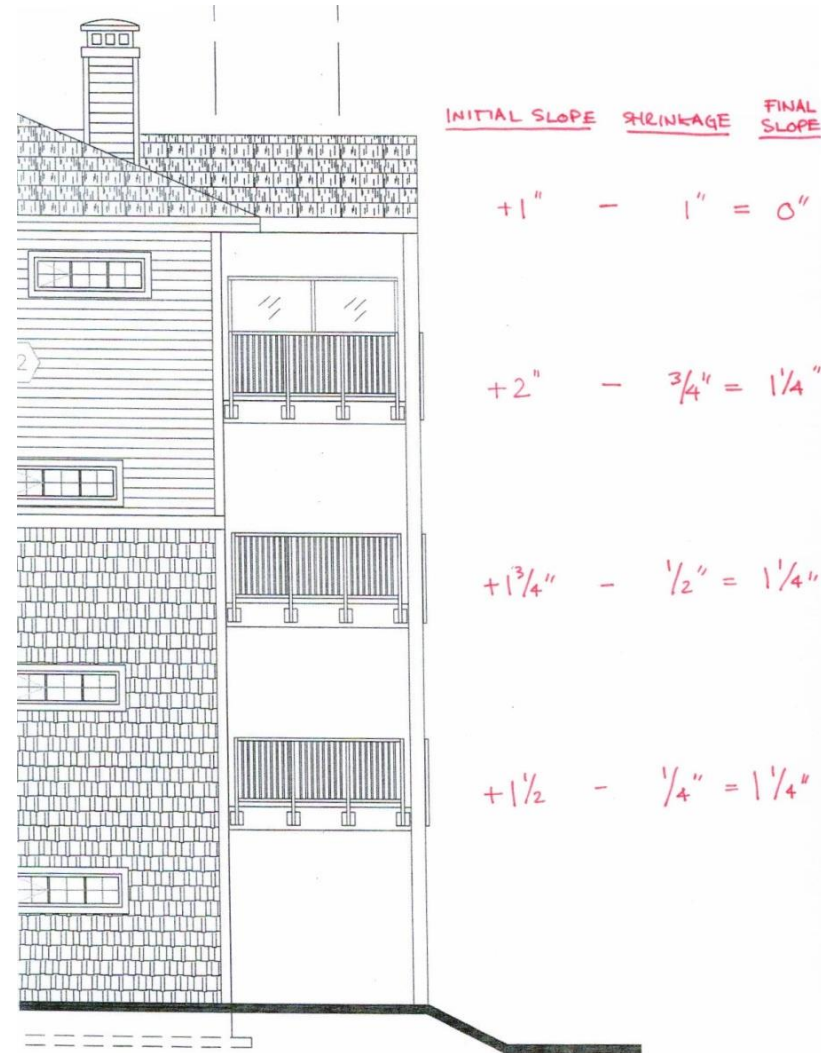
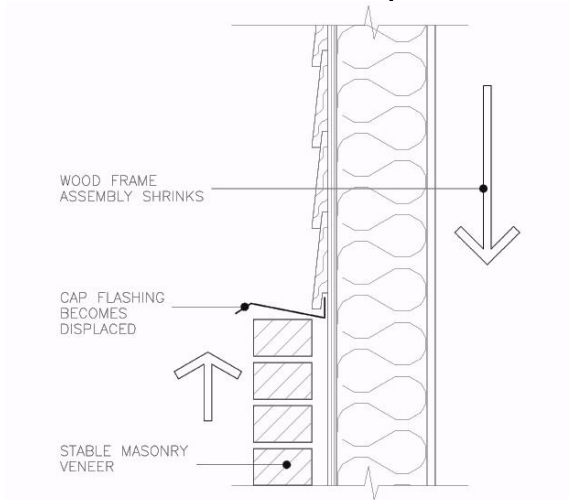
- Cross-grain wood shrinks



# Differential Shrinkage

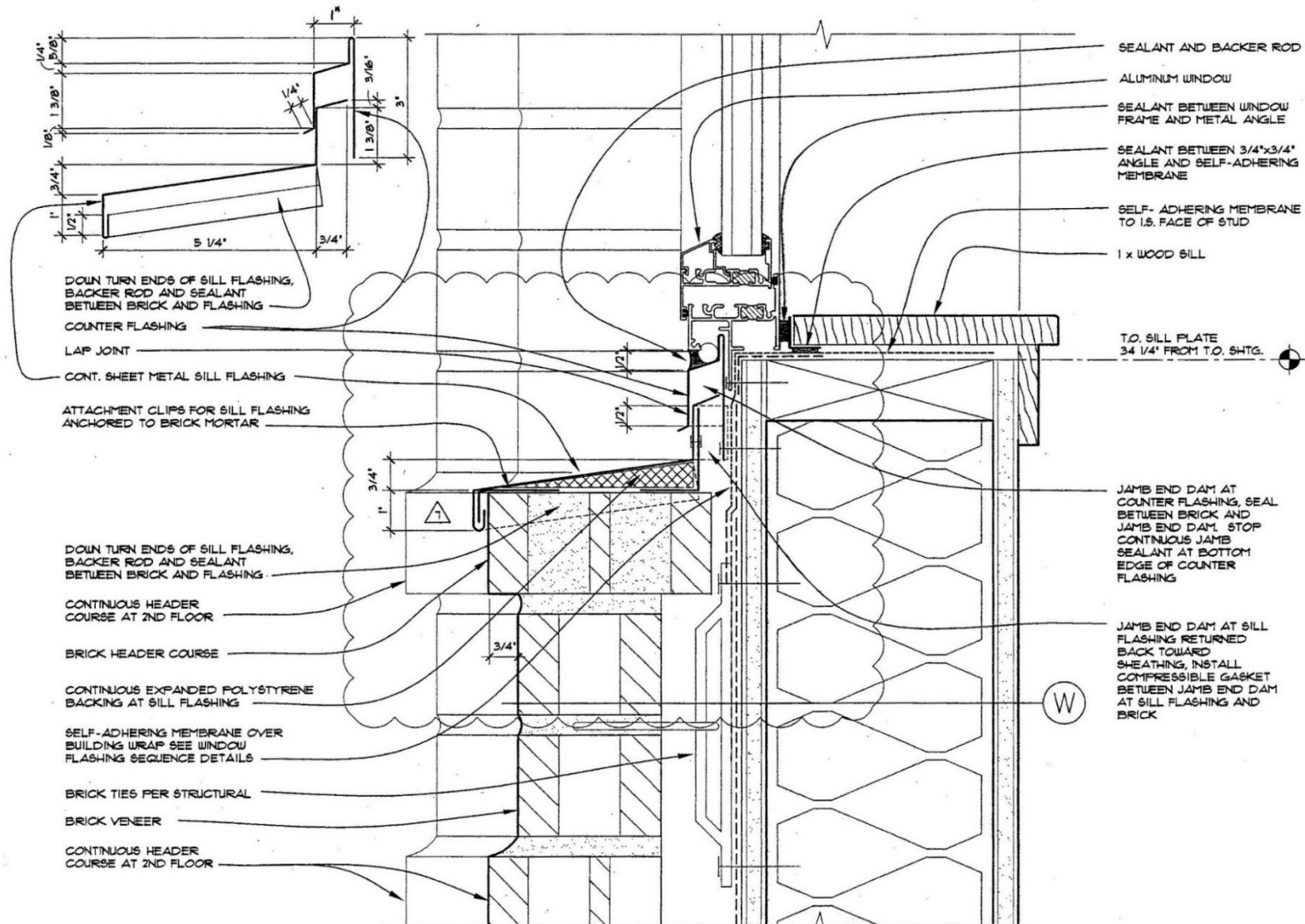
## Out of the Comfort Zone

- Wood frame and masonry or concrete walls (fire walls, stairwells, elevator core)
- Masonry cladding
- Floor and roof penetrations (plumbing, sprinkler pipes, tops of masonry walls)
- Different support structure (balconies with exterior columns)





# Windowsill sliding flashing to accommodate shrinkage



# Fire during construction

- Can you get insurance?



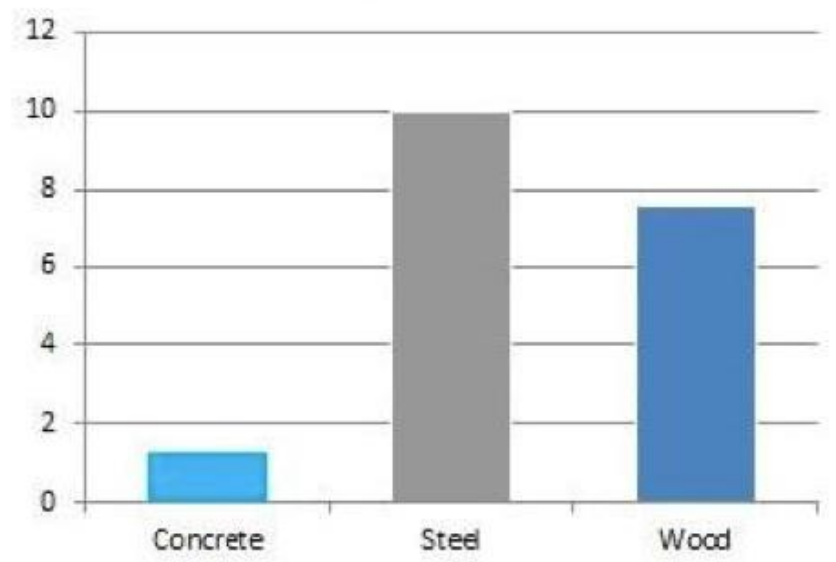




**Study of Insurance  
Costs for  
Mid-Rise Wood  
Frame and  
Concrete  
Residential Buildings**

GLOBE ADVISORS  
World Trade Centre  
Suite 404 999 Canada Place  
Vancouver, B.C., Canada  
V6C3E2

**Figure 12: Percent of Each Building Type Demolished Because of Fire Damage**



Source: O'Connor and Dangerfield (2004)

# **SOME ENCLOSURE ASPECTS**

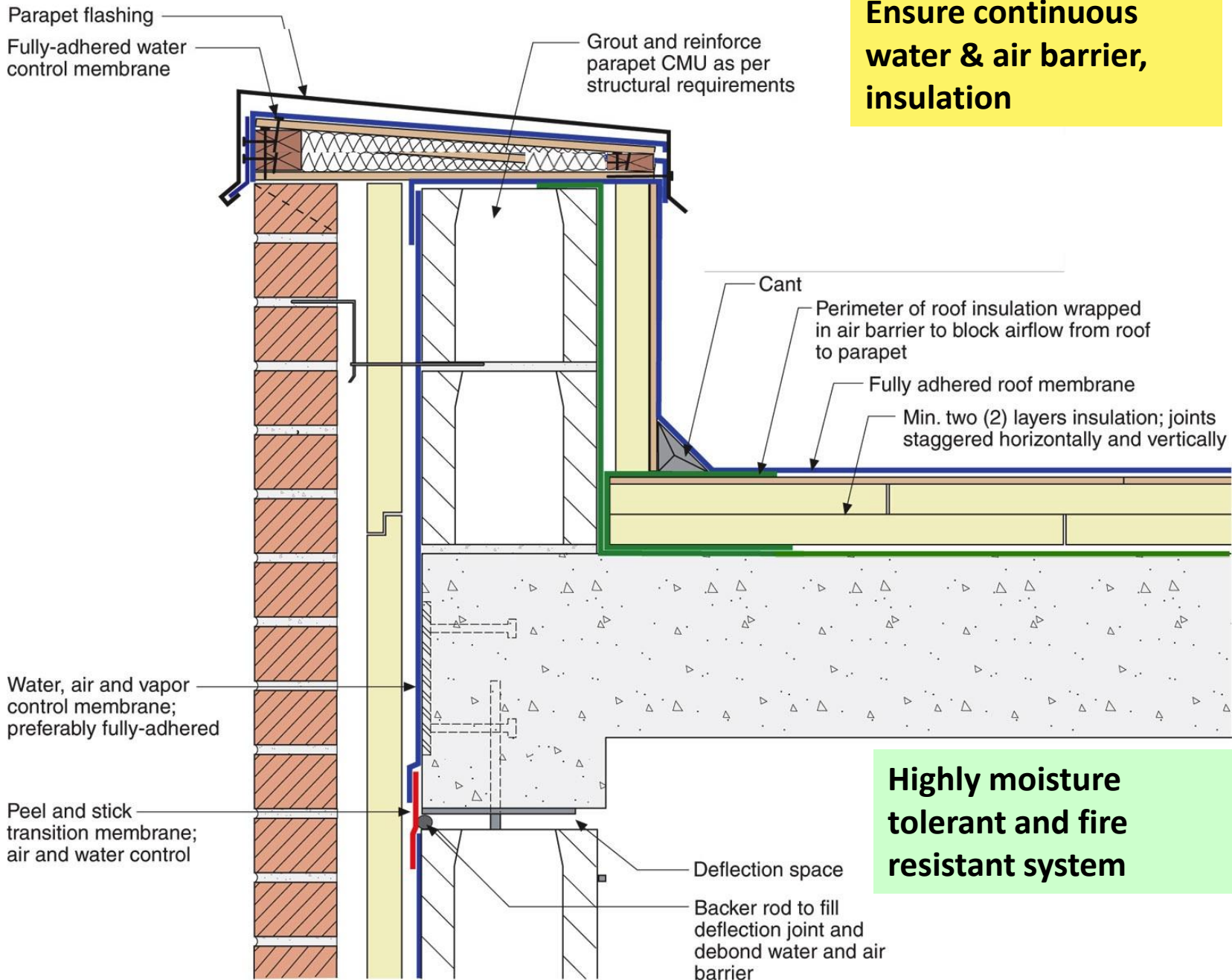


# Many ways to enclose ...

## Building Elements - Envelope



**Ensure continuous water & air barrier, insulation**



**Highly moisture tolerant and fire resistant system**



Fully-adhered air and water barrier, lapped at joints

Continuous thermal insulation (XPS, EPS, PIC, ccSPF, semi-rigid MFI); nominal 1" drainage gap

Stainless steel projecting drip flashing

Furring

Shelf angle supported on stand-offs attached to cast-in plates

Vent openings

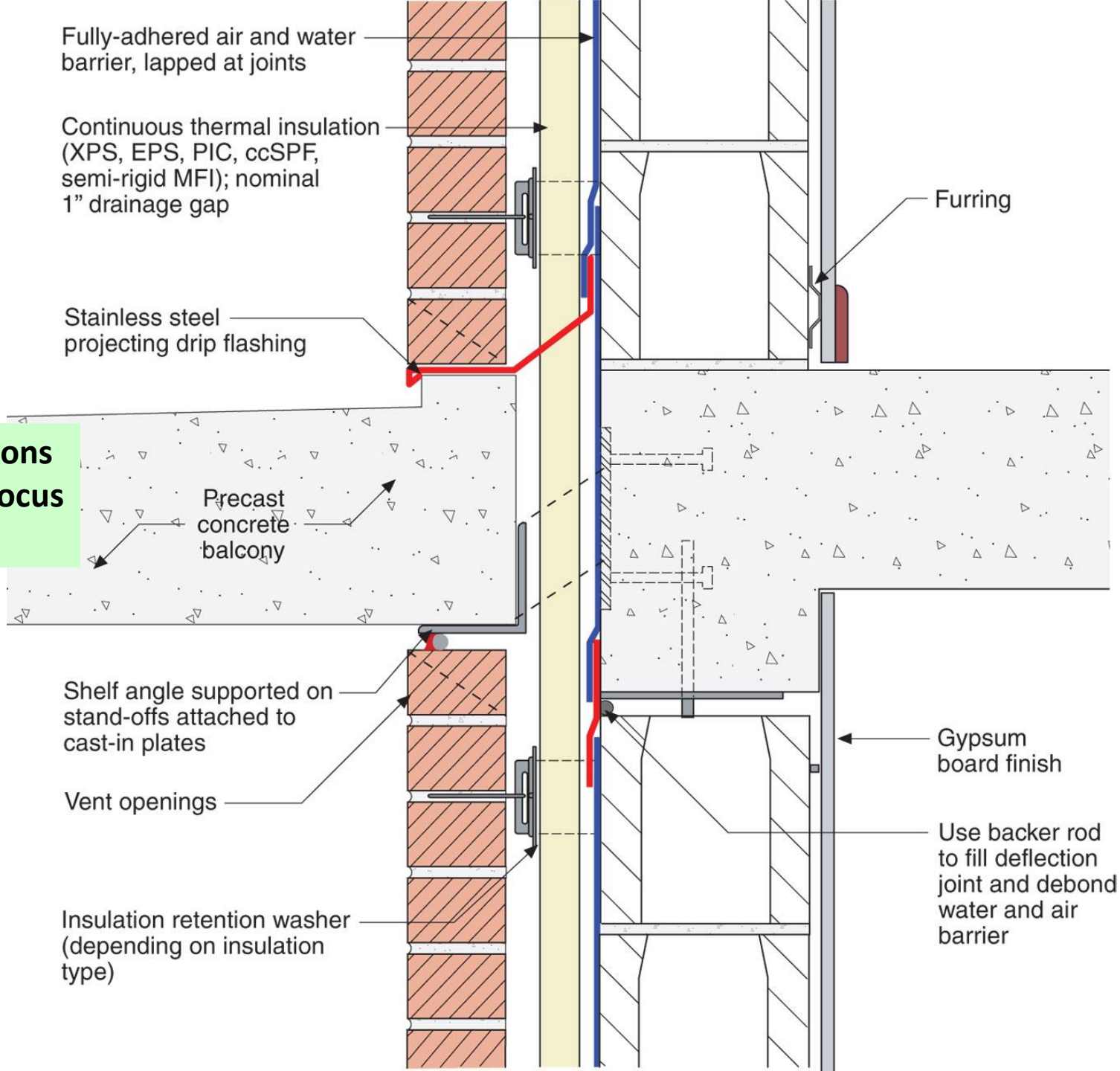
Insulation retention washer (depending on insulation type)

Gypsum board finish

Use backer rod to fill deflection joint and debond water and air barrier

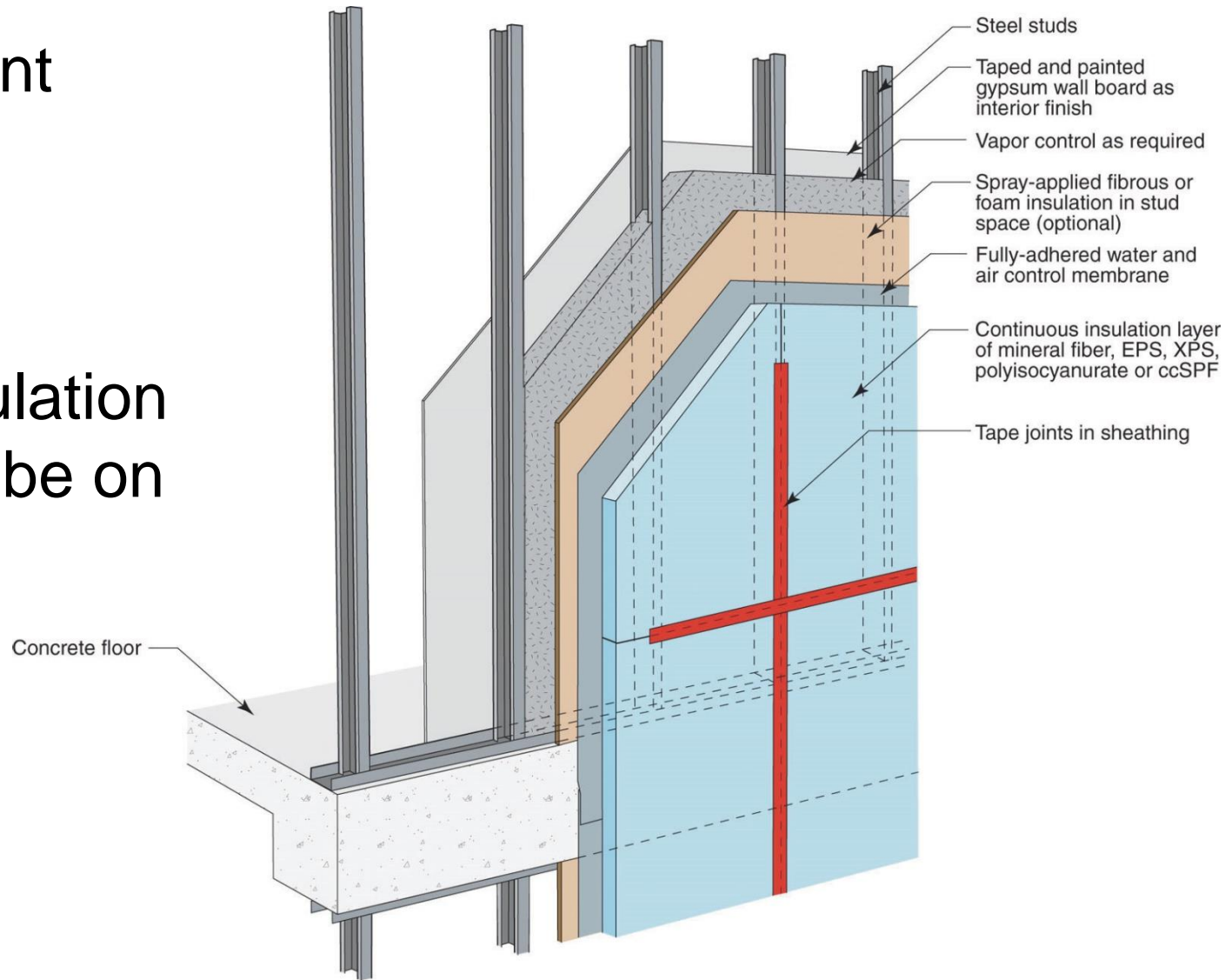
Precast concrete balcony

**Detailing penetrations continues to be a focus Forging system**



# Steel stud infill

- Significant on-site & on-wall work
- Most insulation needs to be on exterior





# Curtainwall



**Prefabricated/Unitized but, modern curtainwalls, window walls are around R-3 to R-4 including spandrels and have lots of hidden sealant**

# Architectural Precast





Federal Reserve  
Minneapolis MN  
HOK Architects



Commercial/Retail  
Calgary, AB



FBI HQ  
Buffalo, NY



John Straube

**R-10 to R-30**

Outer sealant on backer rod

Outward slope is preferred but horizontal is acceptable

Inner sealant on backer rod continuous for water and air control continuity

Outer seal drained at vertical joints

**Note:** Precast concrete is the water and air control layer between joints

Panel connection cast into panel c/w leveling shims; fill with spray foam to control convection of air

Smoke seal (air seal) and firestop

Fill space between slab edge and back of panel with mineral fiber firestop

Line of outer sealant at panel joints as rainscreen and finish

Line of inner sealant at joints: air seal and drainage plane

Precast panel (installed first)

Steel alignment plate completely sealed from interior air by spray foam

Gypsum board

Steel stud

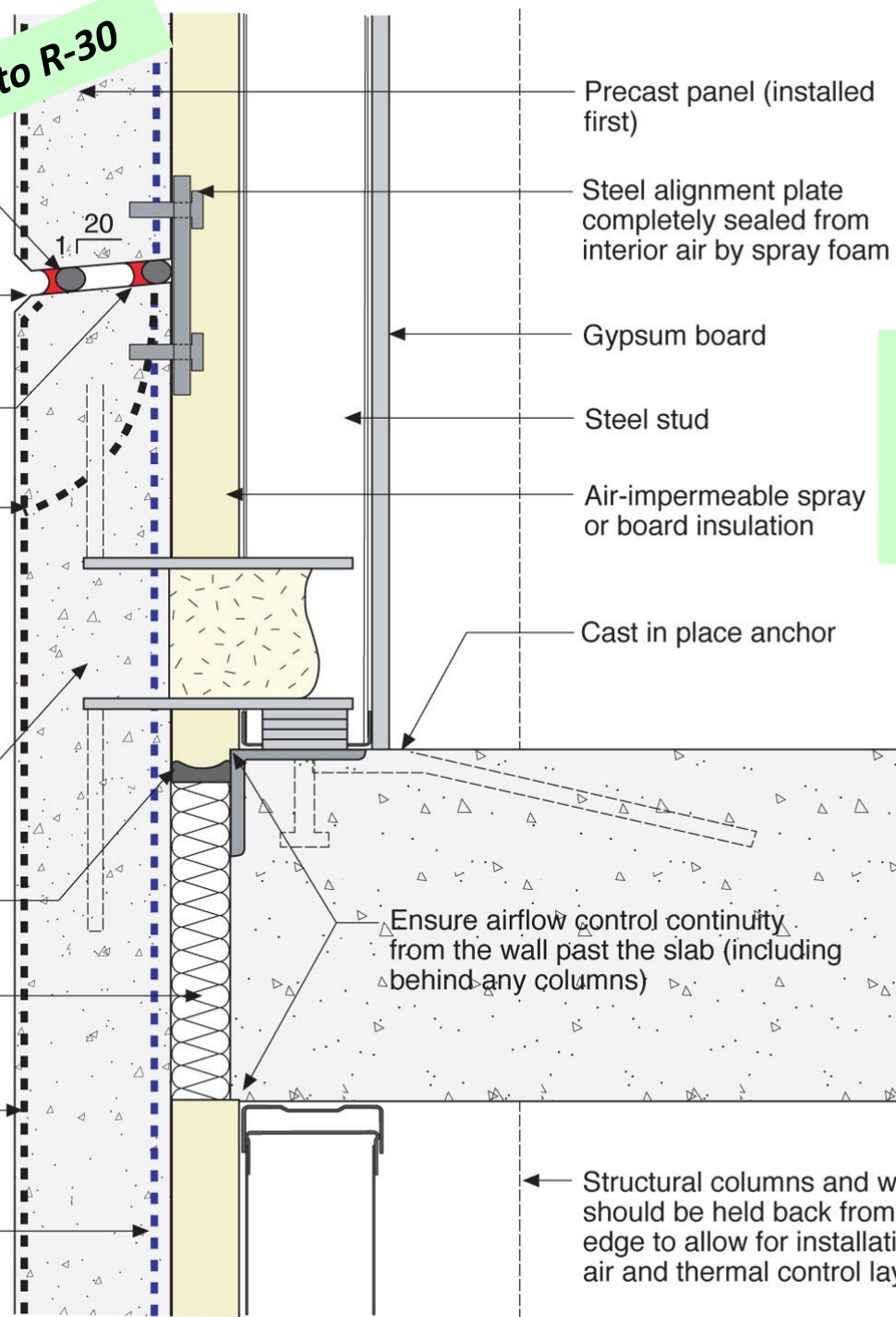
Air-impermeable spray or board insulation

Cast in place anchor

Ensure airflow control continuity from the wall past the slab (including behind any columns)

Structural columns and walls should be held back from slab edge to allow for installation of air and thermal control layers

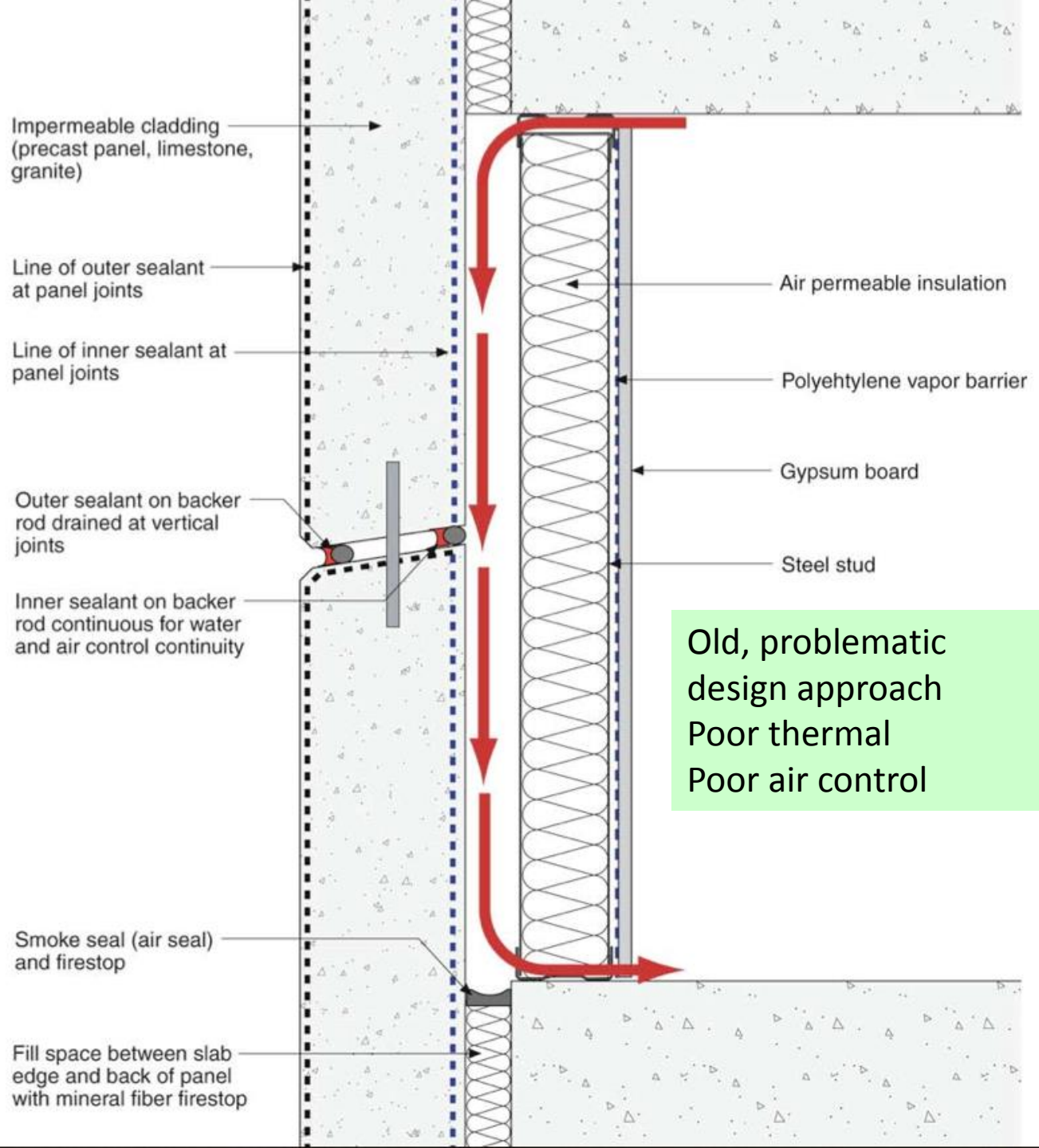
**Modern Approach**  
**High thermal**  
**Excellent air / water**  
**Durable**





**Don't do this!**

**Avoid Air Gap!!**  
Provide continuous "convection" barrier inside (e.g., sealed gypsum, taped board foam, taped foil-face)



# Wide range of aesthetics





**Waterloo Region Courthouse**  
NORR Architects





Outer sealant on backer rod

Outward slope is preferred but horizontal is acceptable

Inner sealant on backer rod continuous for water and air control continuity

Outer seal drained at vertical joints

**Note:** Precast concrete is the water and air control layer between joints

Line of outer sealant at panel joints

Line of inner sealant at panel joints

Smoke seal and firestop as required

Precast panel (installed first)

Steel alignment plate

**Complete prefab high-performance enclosure**

Gypsum board

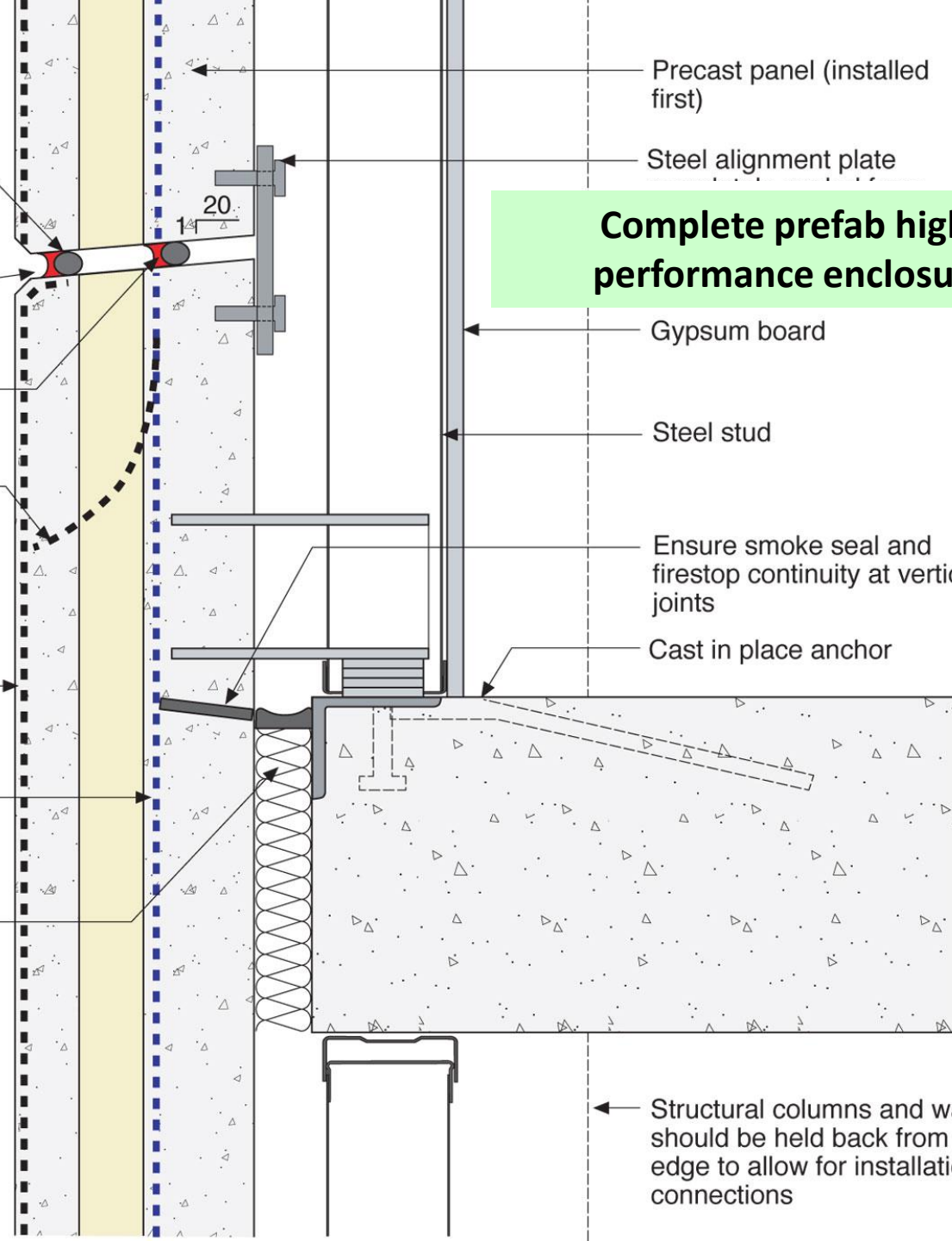
Steel stud

Ensure smoke seal and firestop continuity at vertical joints

Cast in place anchor

**R-10 to R25**

Structural columns and walls should be held back from slab edge to allow for installation of connections



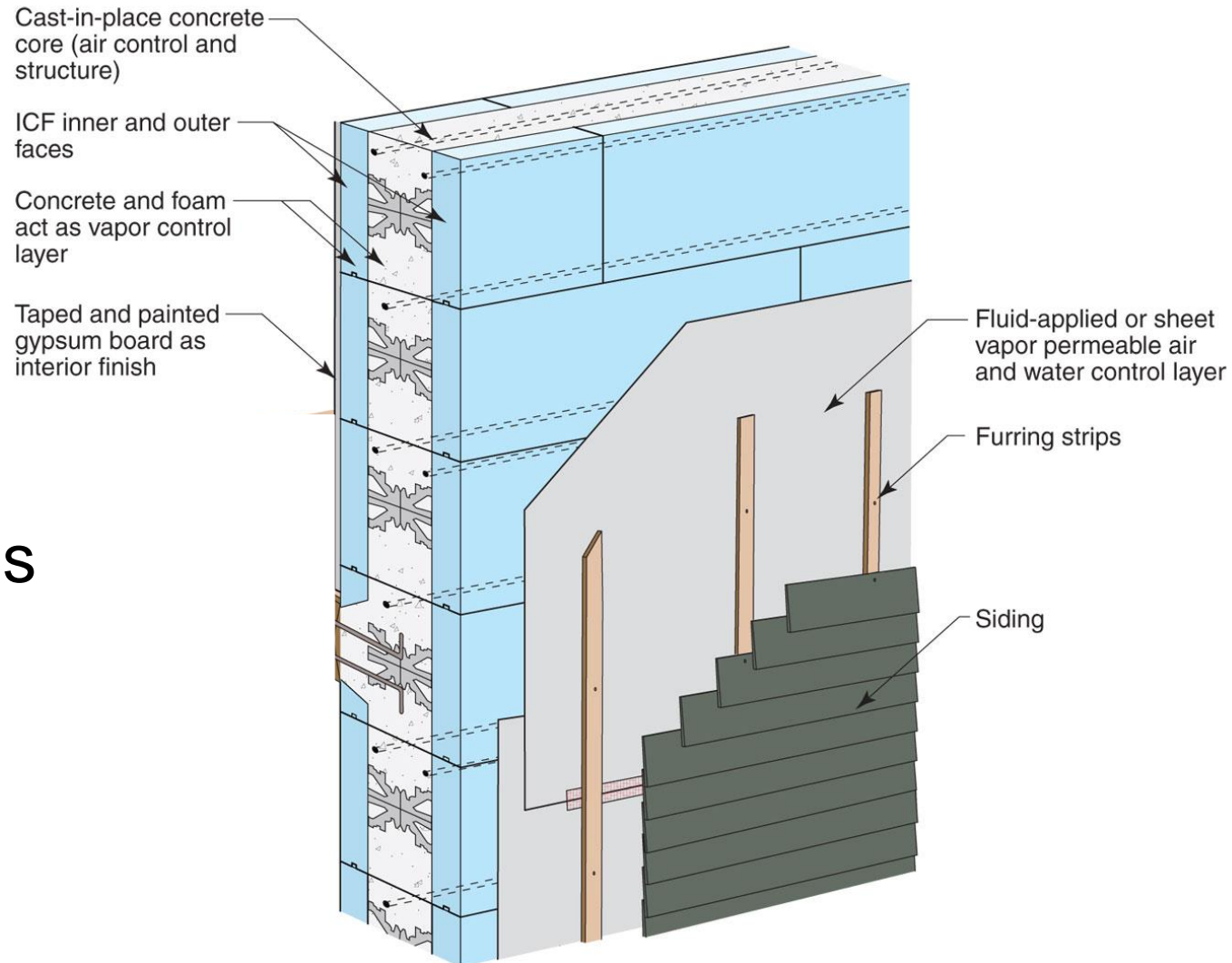


# Fort McMurray, AB Integrally Insulated Wall Panels Windows Cast-in at Precast Plant



# ICF & cladding

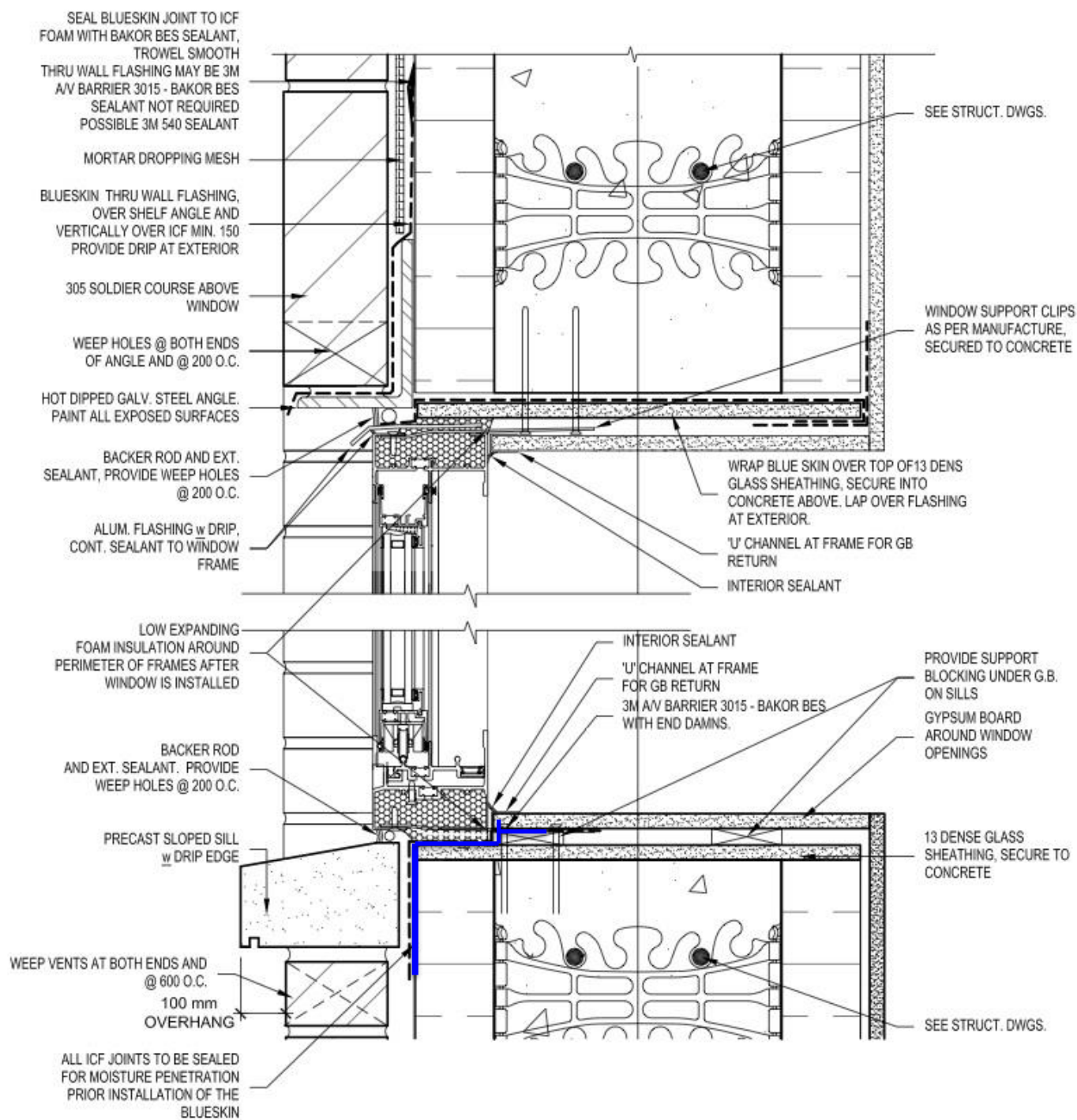
- Many options
- Drained is best but EIFS is practical
- Beware: all openings must be drained!





**Window / Balcony Details  
are Critical! Drain opening.**





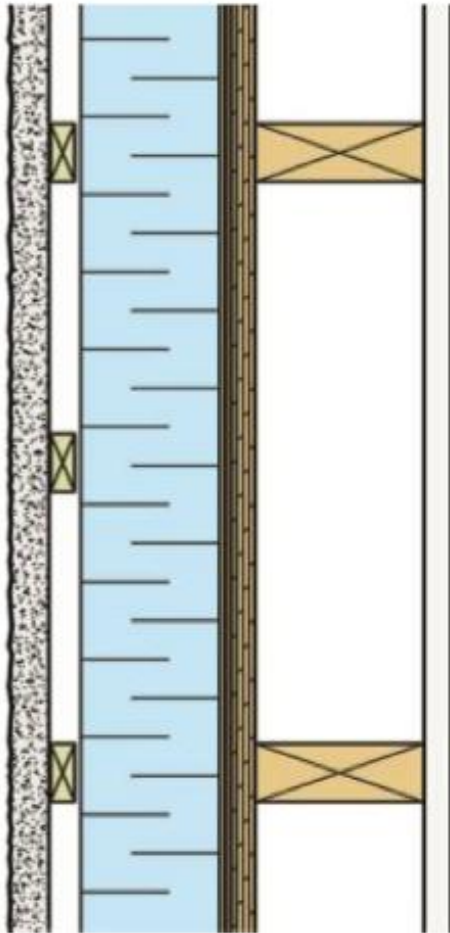


**Beware “stick and peels”**

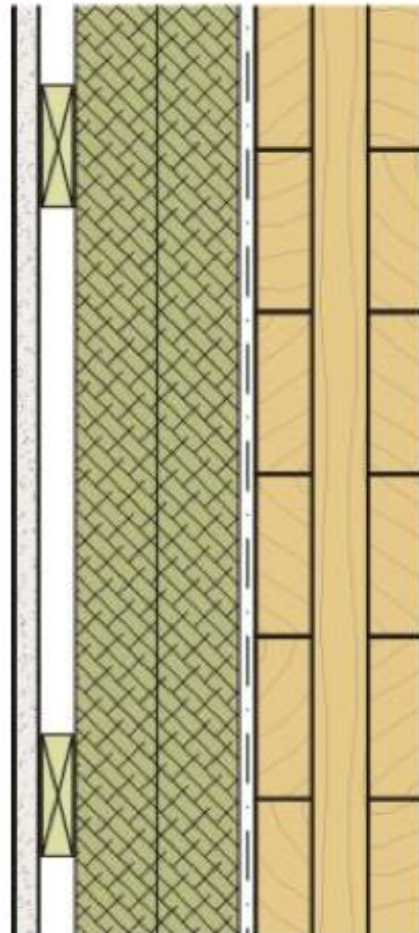
**This is a penetration too!**



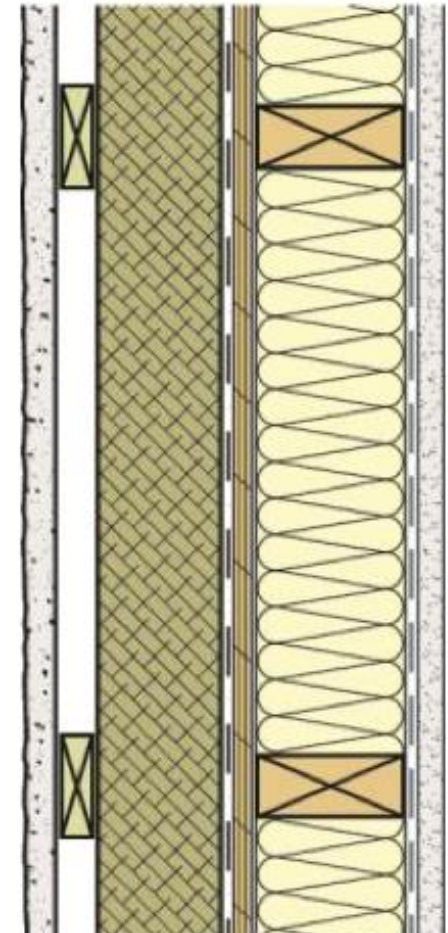
# Wood Enclosure Options



**2x4 (or 2x6) stud wall**



**CLT/mass timber**



**2x4 (or 2x6) stud wall**



**R-20 to R-30+  
Exterior air barrier**

Rockwool cavity insulation

Insulation at rim joist

Lapped to provide drainage plane continuity; taped for air barrier continuity

2x6 stud wall @ 24" o.c.

Taped and painted gypsum wall board as interior finish

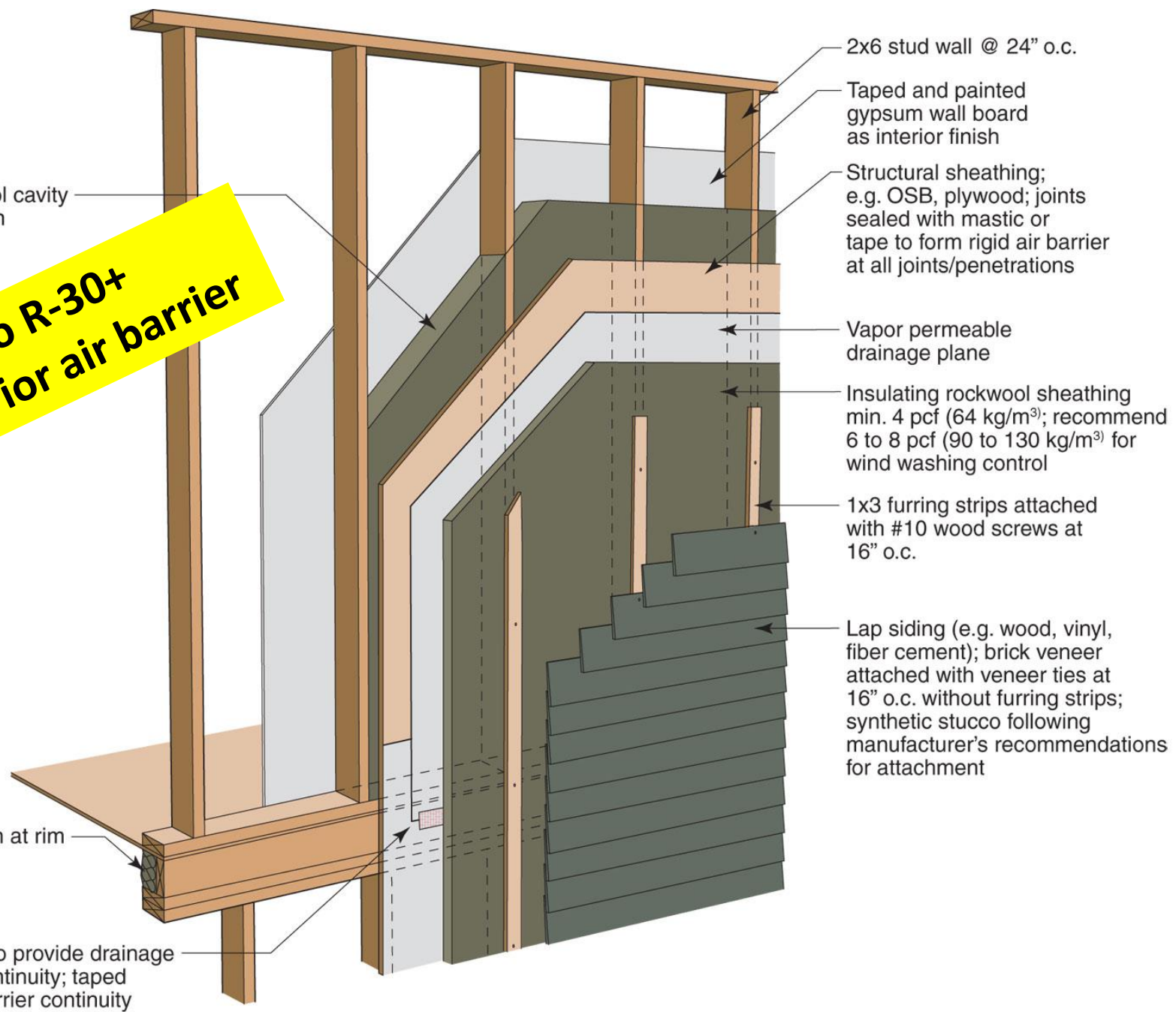
Structural sheathing; e.g. OSB, plywood; joints sealed with mastic or tape to form rigid air barrier at all joints/penetrations

Vapor permeable drainage plane

Insulating rockwool sheathing min. 4 pcf (64 kg/m<sup>3</sup>); recommend 6 to 8 pcf (90 to 130 kg/m<sup>3</sup>) for wind washing control

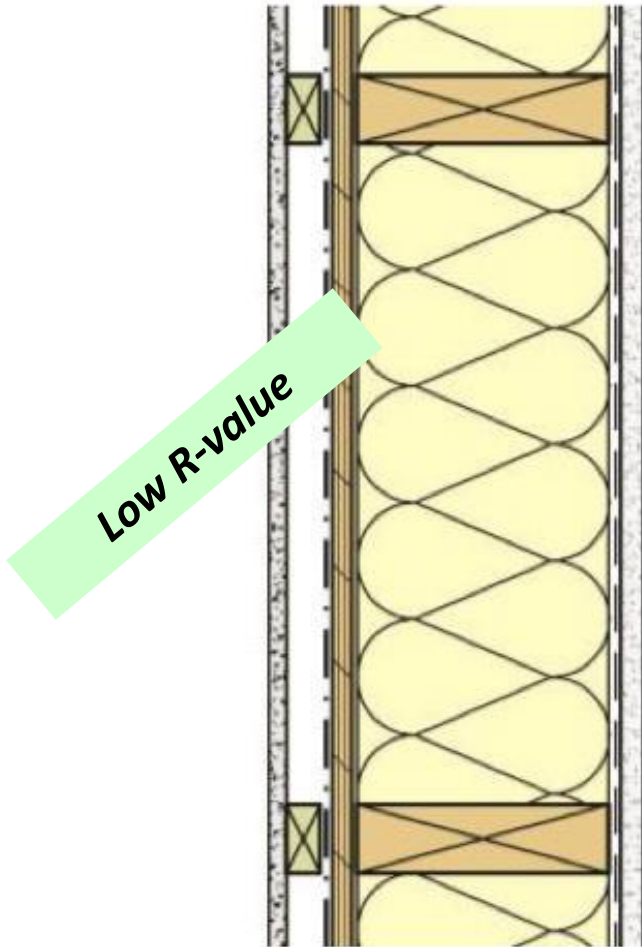
1x3 furring strips attached with #10 wood screws at 16" o.c.

Lap siding (e.g. wood, vinyl, fiber cement); brick veneer attached with veneer ties at 16" o.c. without furring strips; synthetic stucco following manufacturer's recommendations for attachment

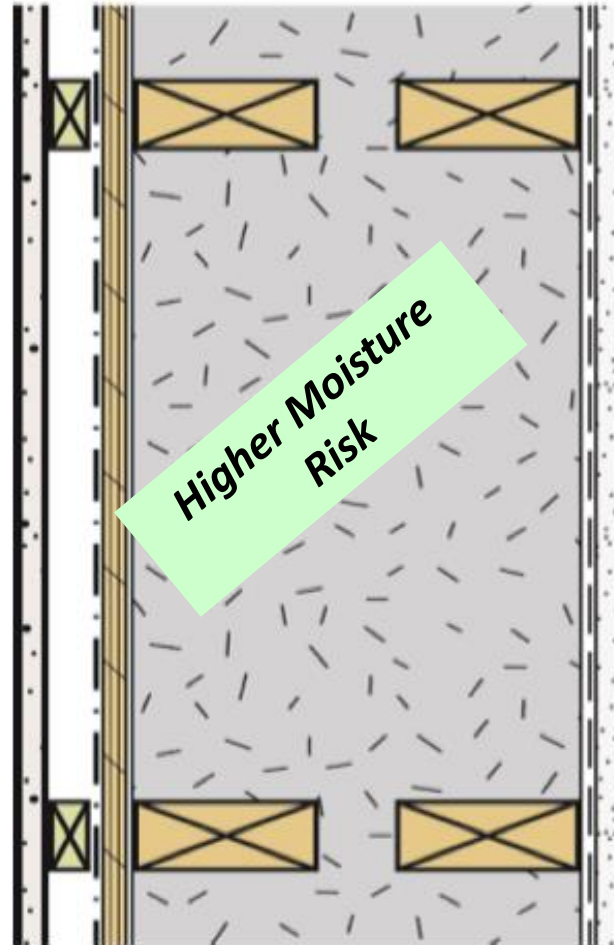


# Poor/Limited Choices

- 



**2x6 stud wall  
2x8 stud wall**



**Double-stud wall**



# Conclusions

- Different material have different properties
- Different projects have different needs
- We can usually use all materials for all projects, but ...  
the best materials will depend on the project!

Contact me at:

**john@buildingsciencelabs.com**

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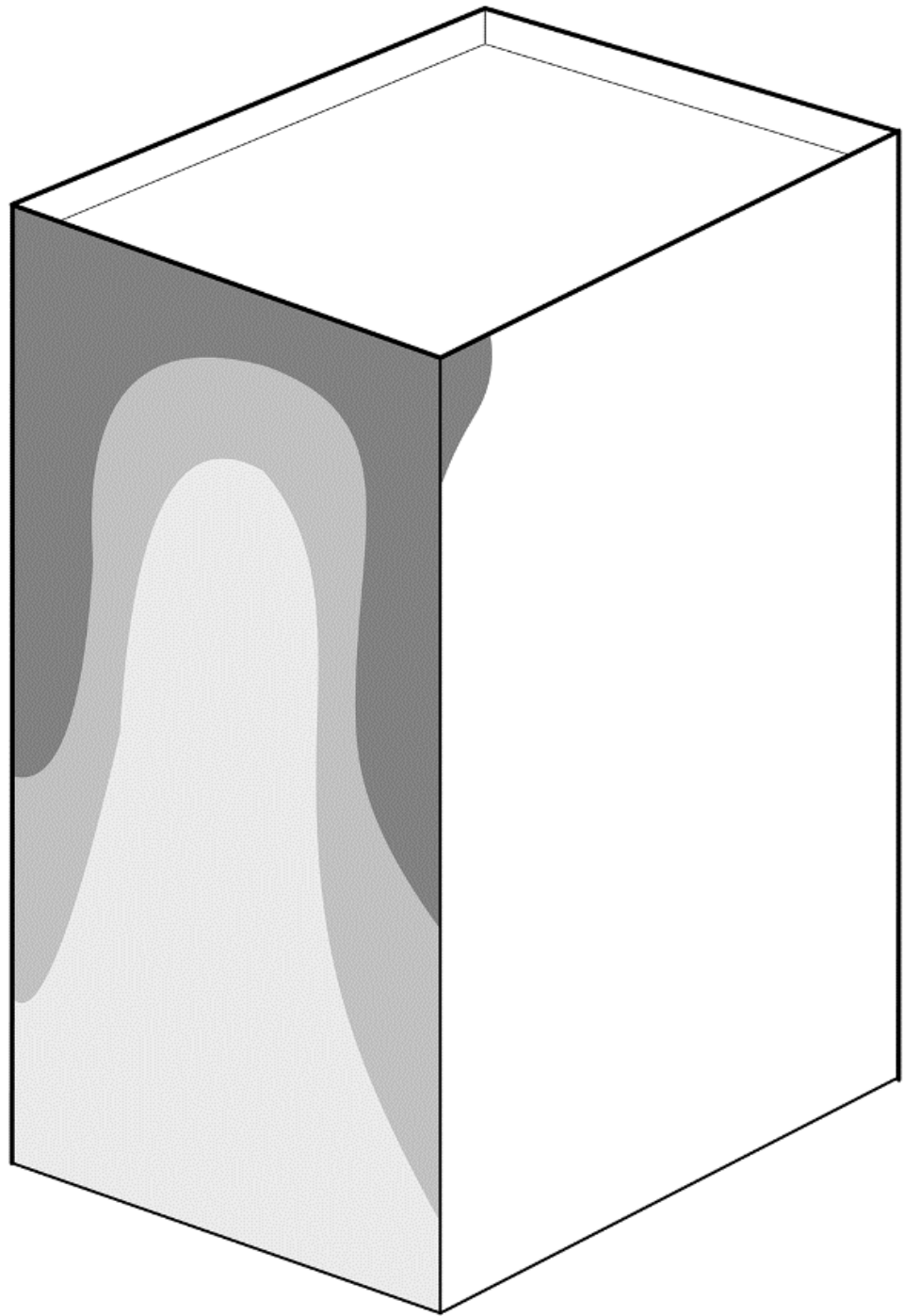
# Challenges with Mechanically Attached Water Control Layer & Wind



Fully-adhered air & water barriers preferred for higher exposure

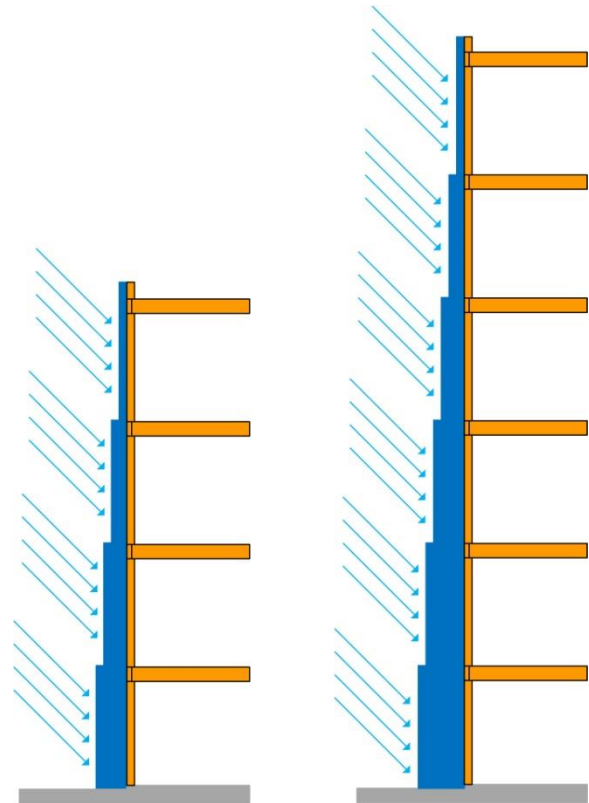






# Increase in Wind and Rain Loads

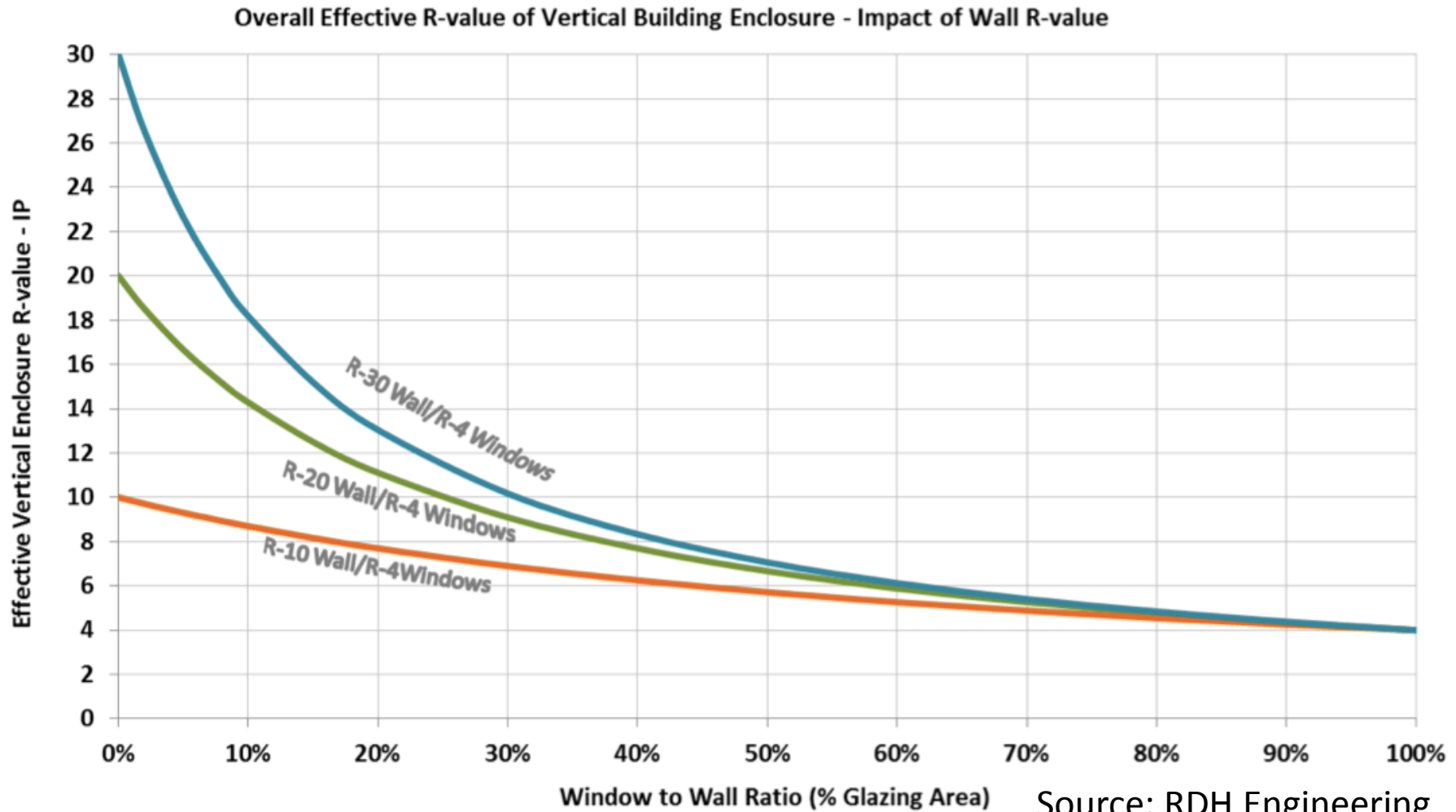
- Specified structural and water penetration performance criteria for windows
  - Some low-rise windows may not work as well in mid-rise buildings
- Cumulative runoff
  - Water shedding features become more critical – continuity, drip edges
  - Water penetration control strategy
  - Selection of materials
- Moisture during longer construction period







# Does Wall R-value Matter?







FRAMING BY PELLELLI CONSTRUCTION  
519 398 0021

S-45



# Air-water barrier quality and durability?

