

# Meeting & Exceeding Thermal Requirements of the Code

Presented by: **Dr. John Straube**, P.Eng  
Principal, RDH Building Science  
Assoc Professor, Faculty of Engineering, University of Waterloo



CONCRETE  
COUNCIL OF  
CANADA

CONSEIL  
CANADIEN DU  
BÉTON

→ [rdh.com](http://rdh.com) | [buildingsciencelabs.com](http://buildingsciencelabs.com) [rediscoverconcrete.ca](http://rediscoverconcrete.ca)

2017 THERMAL PERFORMANCE REQUIREMENTS SEMINAR SERIES

# MEETING AND EXCEEDING CURRENT AND FUTURE ENERGY EFFICIENCY REQUIREMENTS

PRESENTED BY RDH BUILDING SCIENCE LABORATORIES



PRESENTED BY



SPONSORED BY



CONSEIL  
CANADIEN DU  
BÉTON

CONCRETE  
COUNCIL OF  
CANADA

# Seminar Series

→ Not an interpreting code seminar

→ **Learning objectives:**

- Understanding the thermal performance implications of key **early-stage design decisions** related to basic enclosure design and window area.
- Being able to identify **multiple compliance paths** for meeting the thermal performance requirements in Canadian building codes, for precast concrete, concrete masonry and cast-in-place concrete enclosure systems.
- Being able to define **thermal bridging**, **recognize** it in architectural details, and define **solutions**.
- Understanding different definitions of R-value and how they are used in design and code compliance for **common precast concrete, concrete masonry and cast-in-place concrete systems**.

# Presentation Outline

- New Guide
- Responds to current needs & tougher codes
- **Focus** is to assist early-stage design
  - : *simplified*
  - : *approximate*
- **Goal**: to guide design, not to demonstrate compliance



# Table of Contents

1. Why High-performance
2. How codes work
3. Basic thermal calculations
4. Applications to precast / conc. masonry / cast-in-place

<b>1 Introduction</b>	
1.1 Background	2
1.2 Scope and Approach	2
<b>2 Energy Codes and Standards</b>	3
2.1 Code Compliance Paths	5
2.1.1 Climate	5
2.1.2 Occupancy	6
2.1.3 Assembly Construction	7
2.2 Prescriptive Approach	7
2.3 Trade-off Analysis	8
2.4 Whole Building Energy	10
2.5 Codes and Thermal Bridging	12
2.6 Closure	12
<b>3 Calculating Enclosure Thermal Performance</b>	15
3.1 Background	17
3.2 Definitions of R-value	18
3.3 Calculating R-values for Common Components	19
3.3.1 Interior Finishes and Light-gauge Framing	20
3.3.2 Continuous Insulation	22
3.3.3 Air Films and Surface Coefficients	23
3.4 Calculating Thermal Bridging Impacts	23
3.5 Windows and Overall R-value	25
<b>4 Calculating the Thermal Performance of Precast Concrete Systems</b>	29
4.1 Types of Precast Enclosures	29
4.2 Architectural Precast Concrete	30
4.2.1 Clear-wall R-value	32
4.2.2 Whole-wall R-value: Accounting for Floor Slabs	32
4.2.3 Accounting for Anchors	36
4.3 Double Wythe Insulated (Sandwich) Panels	37
4.3.1 Clear-wall R-value	39
4.3.2 Whole-wall R-value: Accounting for Anchors & Floor Slabs	39
4.4 Total Precast	42
4.4.1 Clear-wall R-value	42
4.4.2 Whole-wall R-value: Accounting for Floor Slabs	43
<b>5 Summary</b>	48
<b>6 References &amp; Guidance Documents</b>	49
<b>Appendix A: Assumptions for Thermal Calculations</b>	51
<b>Appendix B: Architectural Precast Concrete Thermal Model</b>	52
<b>Appendix C: Supplementary Tables</b>	54
<b>Appendix D: Summary of Current Canadian Energy Codes</b>	56
<b>Appendix E: Alternate Total Precast System Results</b>	59

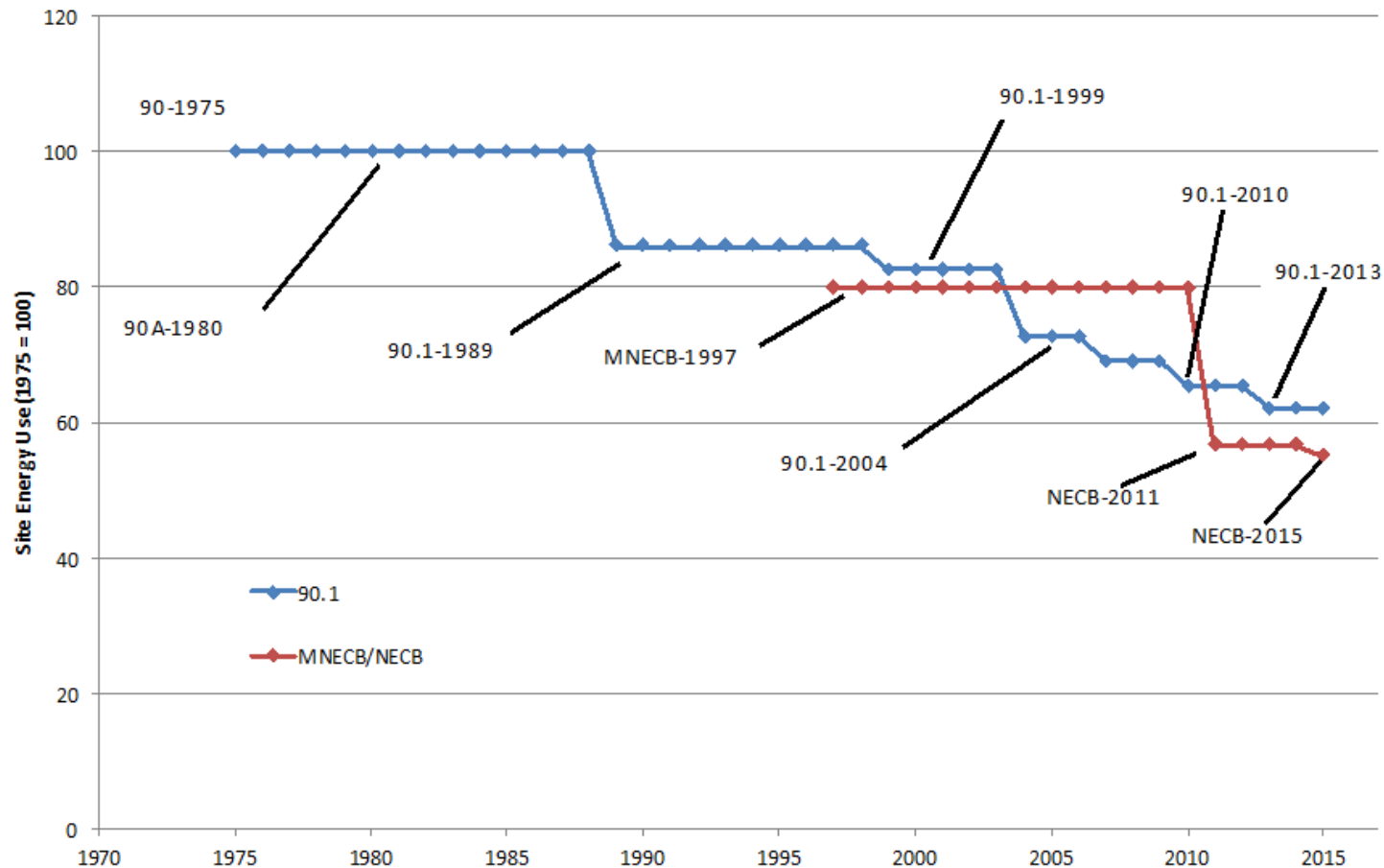
# 1. Why High Performance

# Why High-Performance

- Codes are changing
- Striving to achieve real energy savings, carbon reductions, and peak shaving
- More resiliency in the face of disaster
- Owners looking for more comfort, lower operating cost, better asset protection
- Longer-term outlook for some... how to plan for churn, renewal, repair

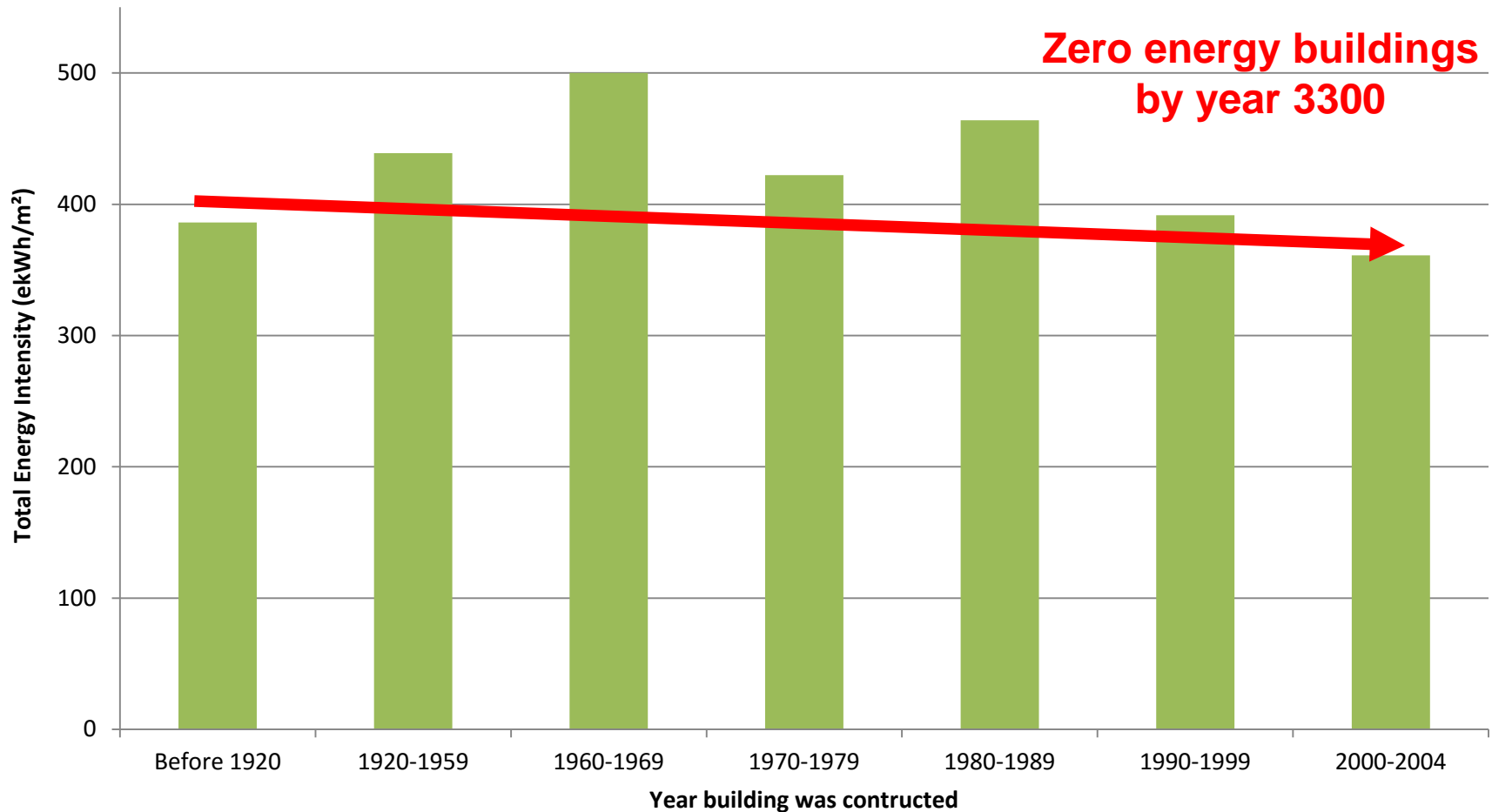
# Codes . . . They are a changing

→ Maximum code-allowed energy use has dropped significantly





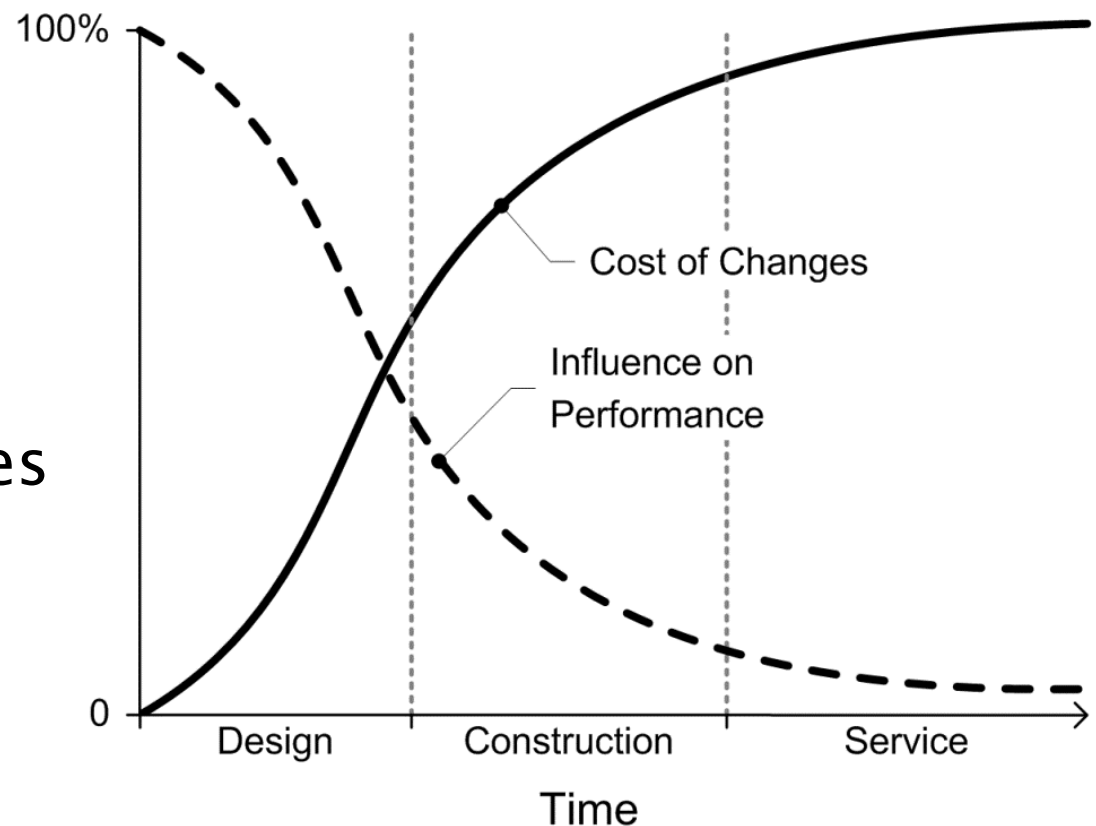
# Energy Use of All Buildings – By Age of Construction



Ref: Commercial and Institutional Building Energy Use, NRCAN 2005

# Early-Stage Decisions

- Important decisions are often at start of design
- Assuming .. Site is known, program fixed, and area estimated.
- Form (Box? Egg?)
- Space Dimensions
- Structural Systems
- Window Area
- Enclosure attributes
- HVAC... later
- Details .. later

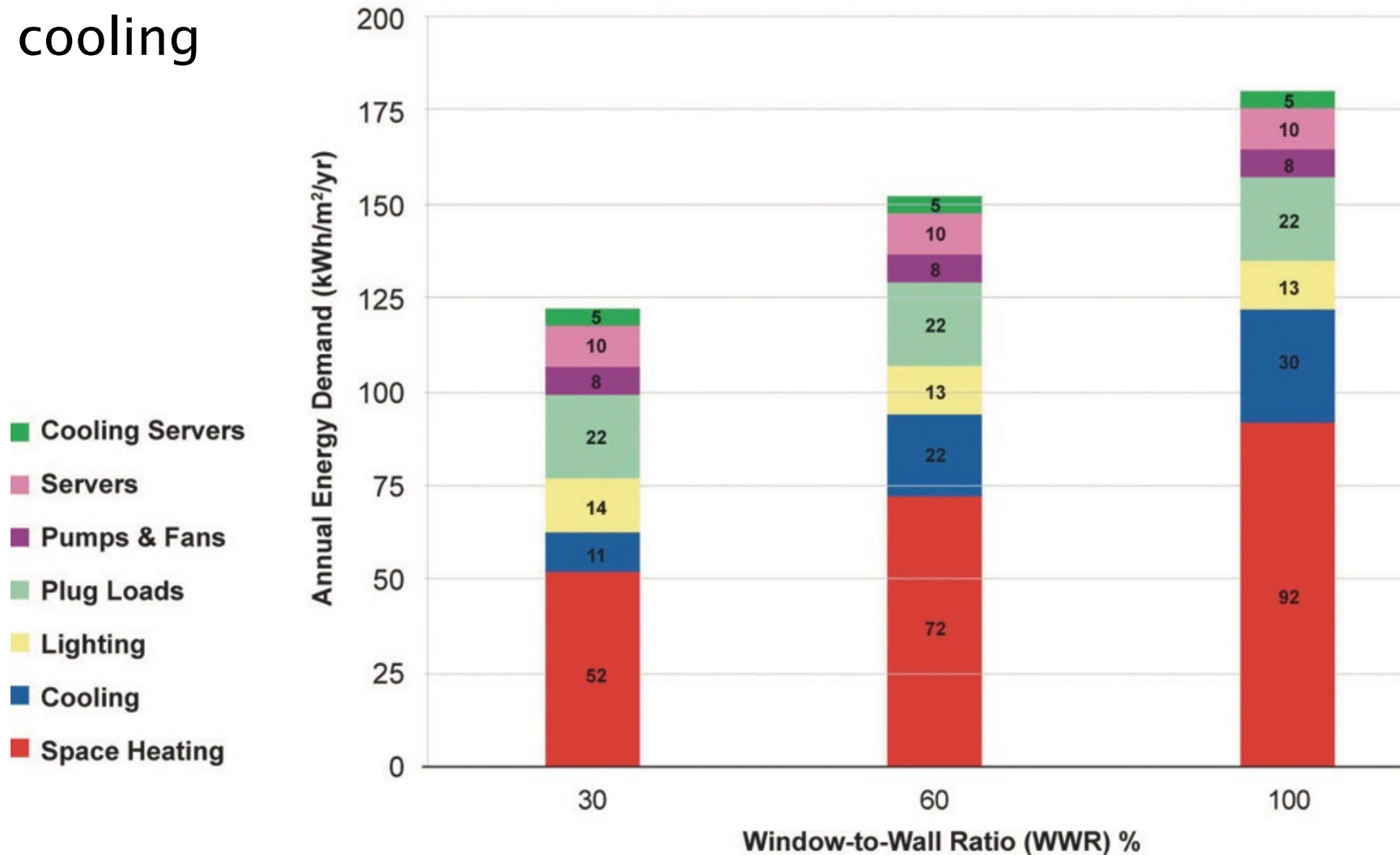


# Role of Factors

- **Window area** is the **largest** practical **factor**
  - Less window area reduces energy use, improves thermal comfort, and costs less
- **Shape and orientation** are **less important**, but can be useful to reduce cost and save energy
- **HVAC and details** can be chosen **later** in process

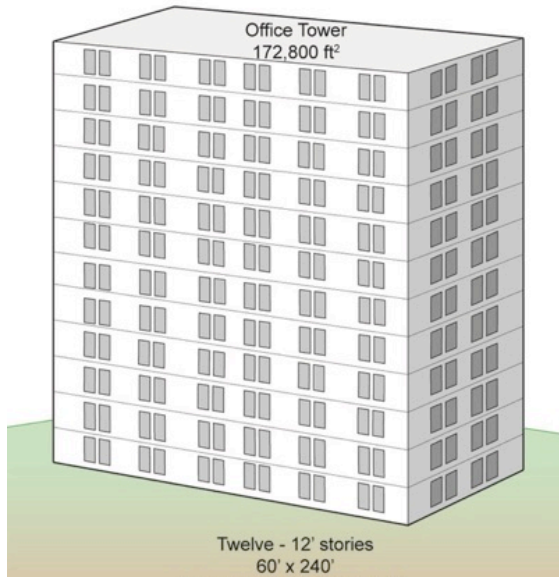
# Example Low-energy Office Building

→ Adding window area = more energy for heating & cooling

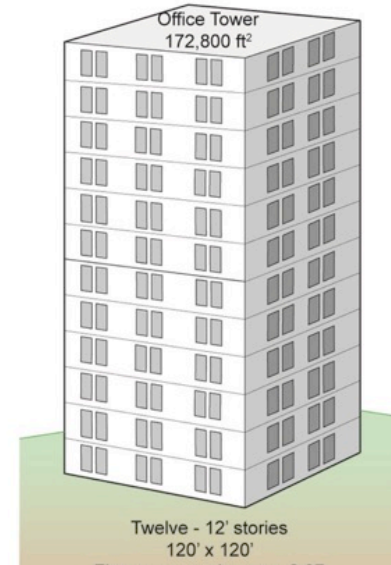


# Shape & Size

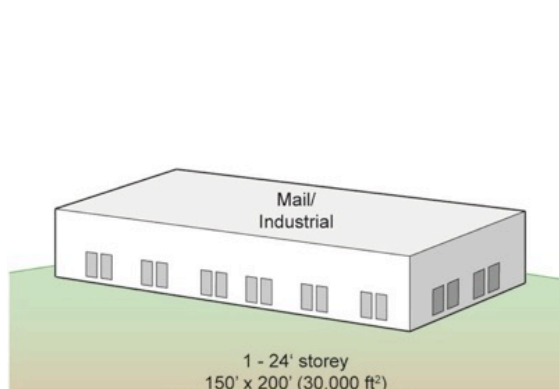
Office: 12 ft. floor-to-floor  
Floor plate: 14,000 ft<sup>2</sup>



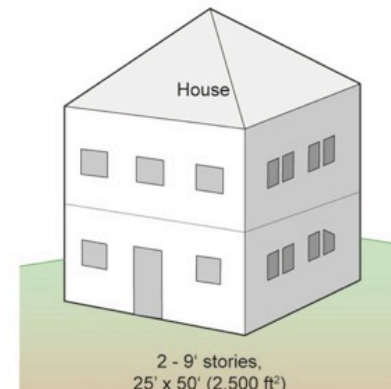
**0.58 Enclosure per 1 Floor Area**



**0.48 Enclosure per 1 Floor Area**



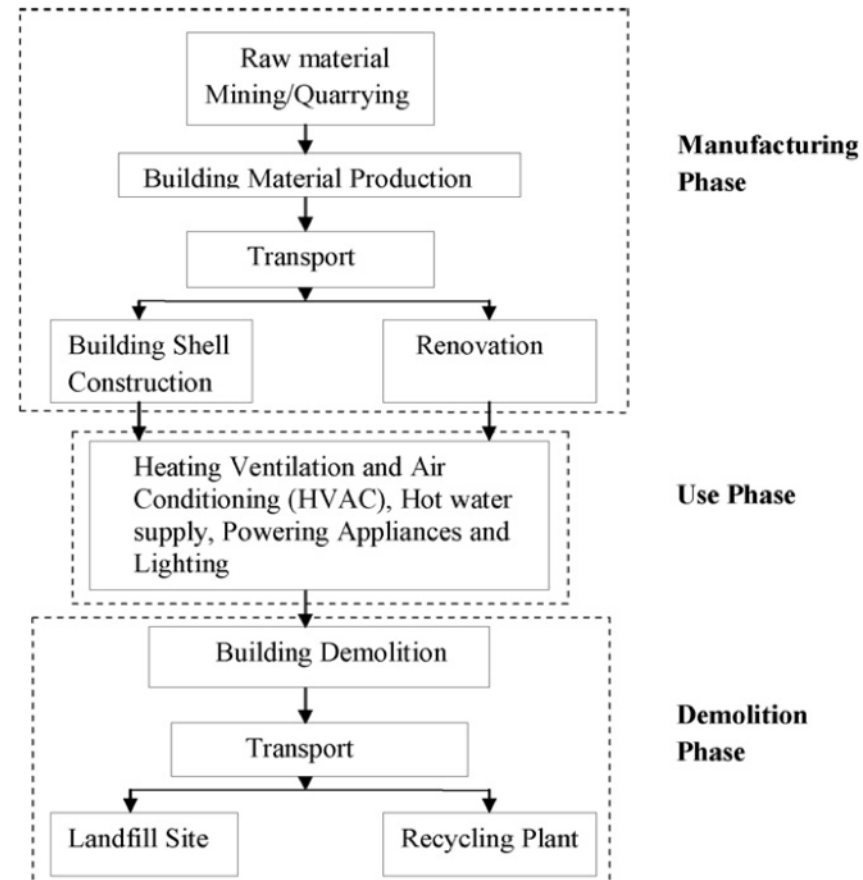
**1.56 Enclosure per 1 Floor Area**



**1.58 Enclosure per 1 Floor Area**

# Aside: Embodied Energy

- Operation / use comprises 80-90% of life-cycle energy of common buildings
- Material choice is a small overall factor
- **Energy-efficiency** & **design-efficiency** are 90-95%
- Durable buildings are lower GHG



# Aside: Embodied Energy

🏠 > News

## 'Visionary' £7m eco-school to be demolished because of leaky roof



**Durability matters**



Dartington Primary School's eco buildings opened in 2010, were vacated in 2014, and now they are to be demolished  
CREDIT: APEX NEWS AND PICTURES

The school was meant to be one of the first zero carbon primary schools to be built in the country.

By **Telegraph Reporters**

3 AUGUST 2016 • 3:10PM

But Devon County Council now aims to replace the troubled school site with a new complex which

## 2. How Codes Work





# How Codes Work

- **“There is no code R-value your wall must meet”**
- Code official (“Authority Having Jurisdiction”) ask designers to “demonstrate compliance” to code
- Designers must know what the thermal performance of their walls are
  - to compare to tabulated values
  - to provide information to energy modelers
- Level of detail in calculations depend on the code and the AHJ

# Common Codes in Canada

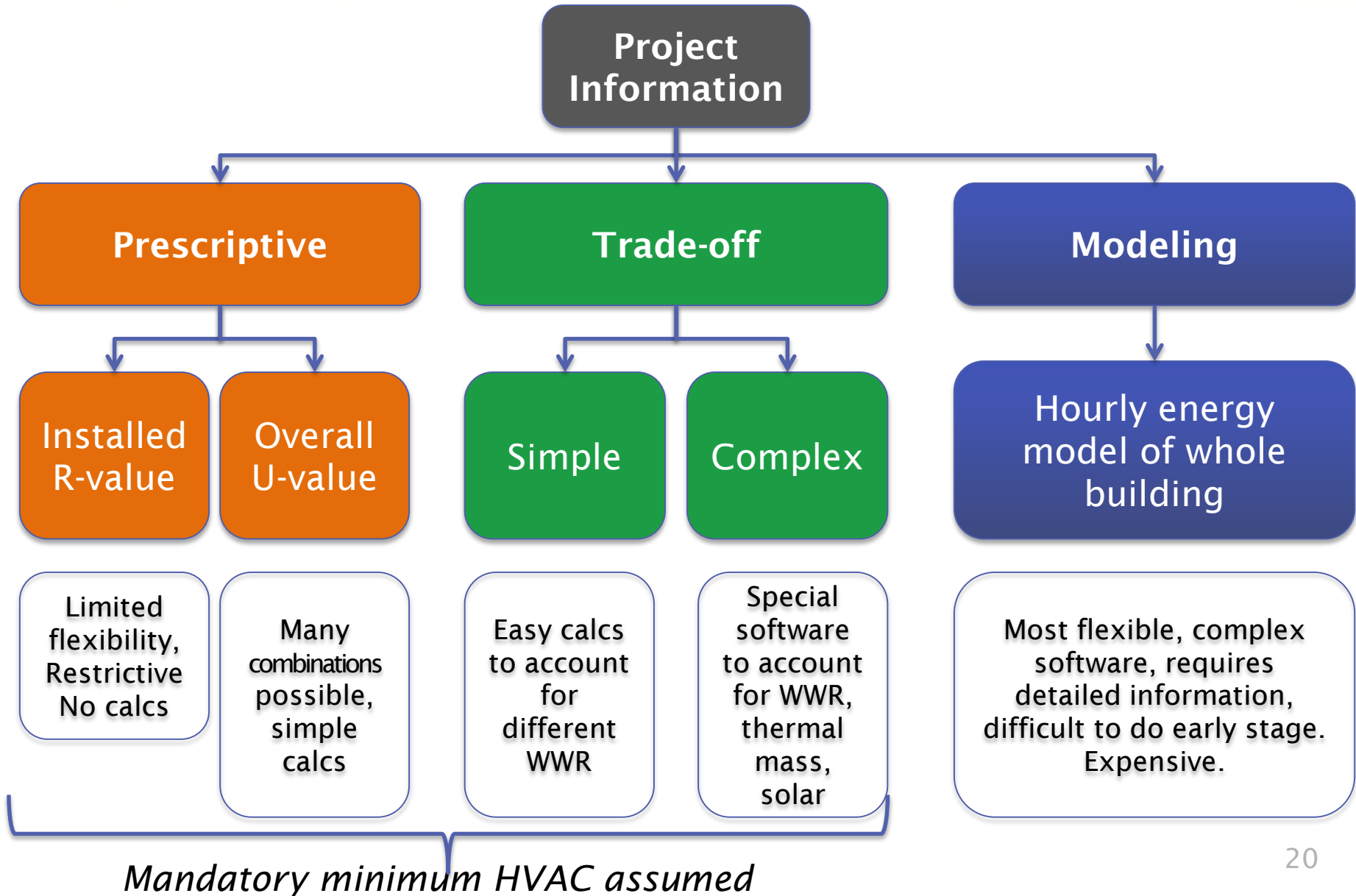
- ASHRAE 90.1-20xx
- NECB 20xx
- Provincial
  - Ontario SB-10
  - Quebec
    - “Regulation Respecting Energy Conservation in New Buildings Act.”*
- Enhanced
  - Net Zero Energy
  - Passive House, Energy Star
  - Living Building Challenge



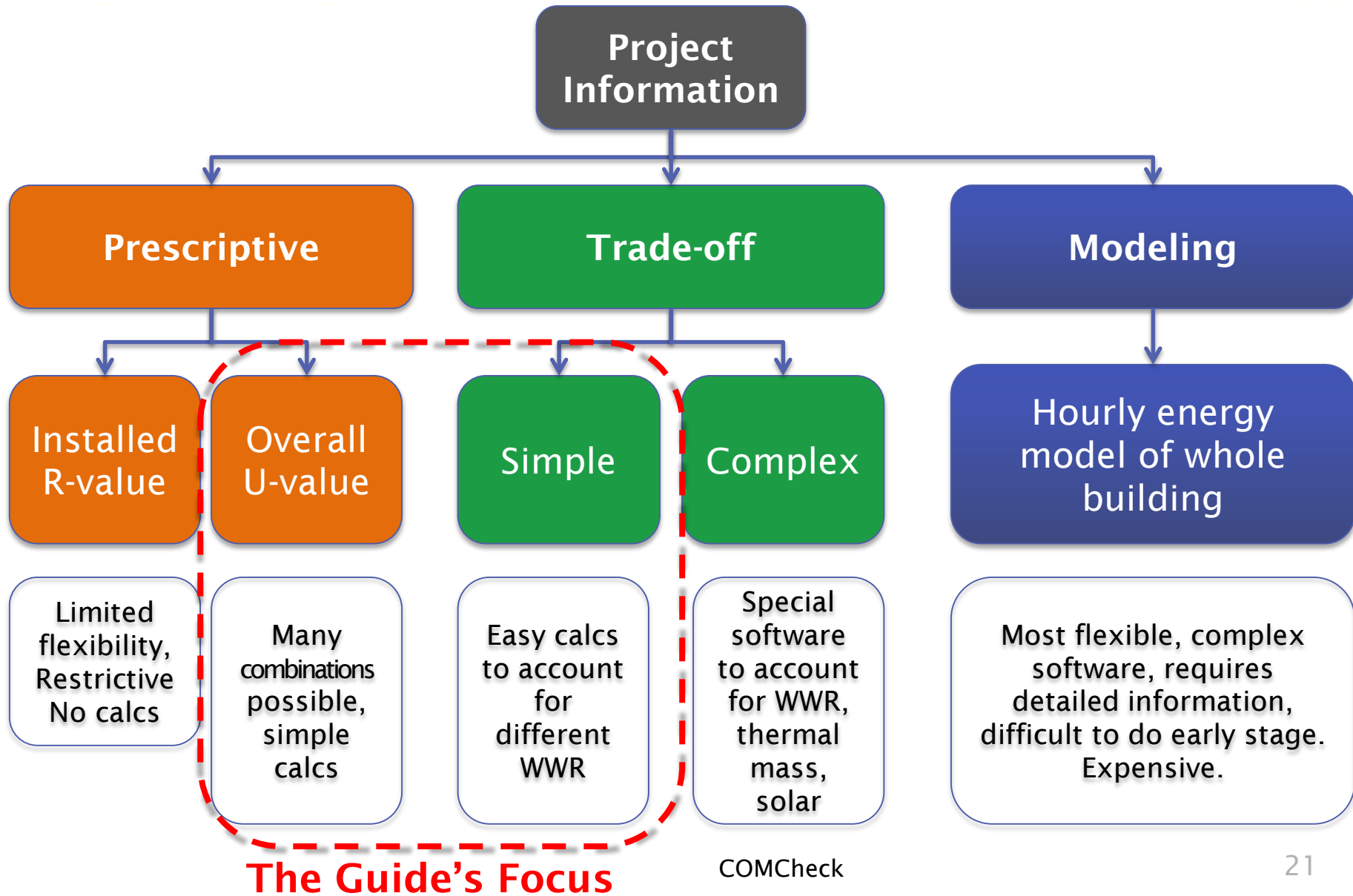
# Project specifics

- The following usually impact code requirements
- **Governing Code / Standard**
  - ASHRAE 90.1-2010 (BC), NECB 2011/2015, SB-10 (Ontario), Quebec
- **Climate Zone**
  - Zone 4 through 8
- **Occupancy**
  - Residential, non-res, semi-heated
- **Material Assembly** (for ASHRAE-based codes)
  - **mass**, steel-stud, wood framed, metal building

# Code Compliance Paths



# Code Compliance Paths



# Prescriptive: Installed R-value

- Still an option in 90.1 / Ontario SB -10
- Very Limiting e.g. RSI 2.3 + 1.8 ci... But what if we need a 6"/150 mm stud? Have to fit RSI 2.3 into stud

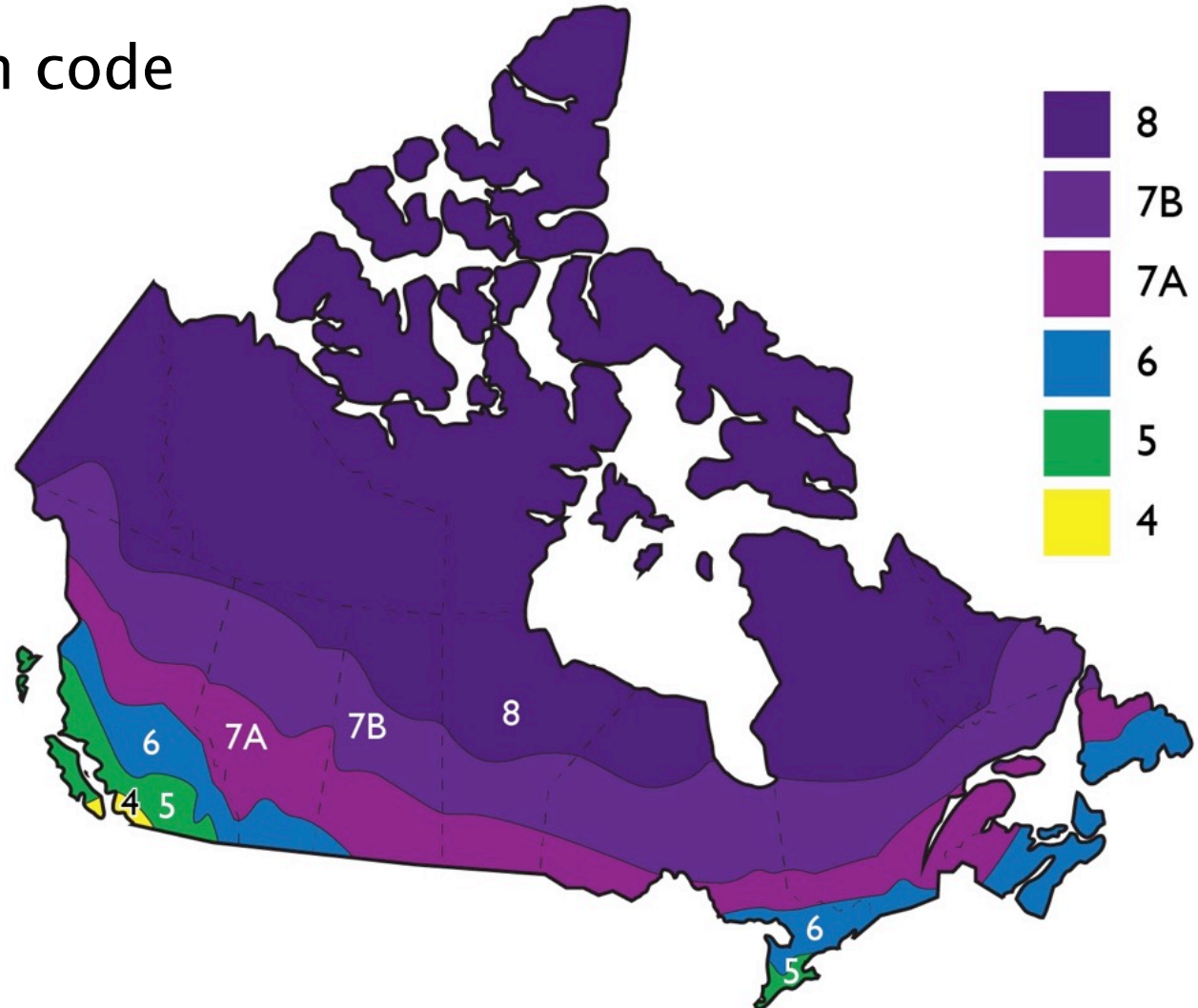
Opaque Elements	Nonresidential		Residential		Semiheated	
	Assembly	Insulation <sup>d</sup>	Assembly	Insulation <sup>d</sup>	Assembly	Insulation <sup>d</sup>
	Max. U	Min. RSI-Value	Max. U	Min. RSI-Value	Max. U	Min. RSI-Value
Roofs						
Insulation Entirely above Deck	U-0.16	6.2 ci	U-0.16	6.2 ci	U-0.36	2.6 ci
Metal Building	U-0.16	5.3 + 1.9 Ls	U-0.16	5.3 + 1.9 Ls	U-0.39	2.3 + 3.3
Attic and Other	U-0.10	10.6	U-0.10	10.6	U-0.15	6.7
Walls, Above Grade						
Mass	U-0.34	3.5 ci	U-0.34	3.5 ci	U-0.51	2.0 ci
Metal Building	U-0.30	2.3 + 2.3 ci	U-0.22	2.3 + 3.4 ci	U-0.45	2.3 + 1.1 ci
Steel Framed	U-0.31	2.3 + 1.8 ci	U-0.21	2.3 + 3.3 ci	U-0.48	2.3 + 0.7 ci
Wood Framed and Other	U-0.26	2.3 + 1.8 ci	U-0.26	2.3 + 1.8 ci	U-0.36	2.3 + 0.7 ci

→ *Continuous Insulation (c.i.) is “insulation that is continuous across all structural members without thermal bridges other than fasteners and service openings. It is installed on the interior or exterior or is integral to any opaque surface of the building envelope.”*

# Climate Zones

→ Generally the same in all codes (except Quebec)

→ Cities listed in code



# Occupancy

- Typically, Residential requires higher thermal performance
- Non-residential doesn't require as much
  - Assumption is that non-res buildings generate a lot more internal heat
  - Lights, process, etc.

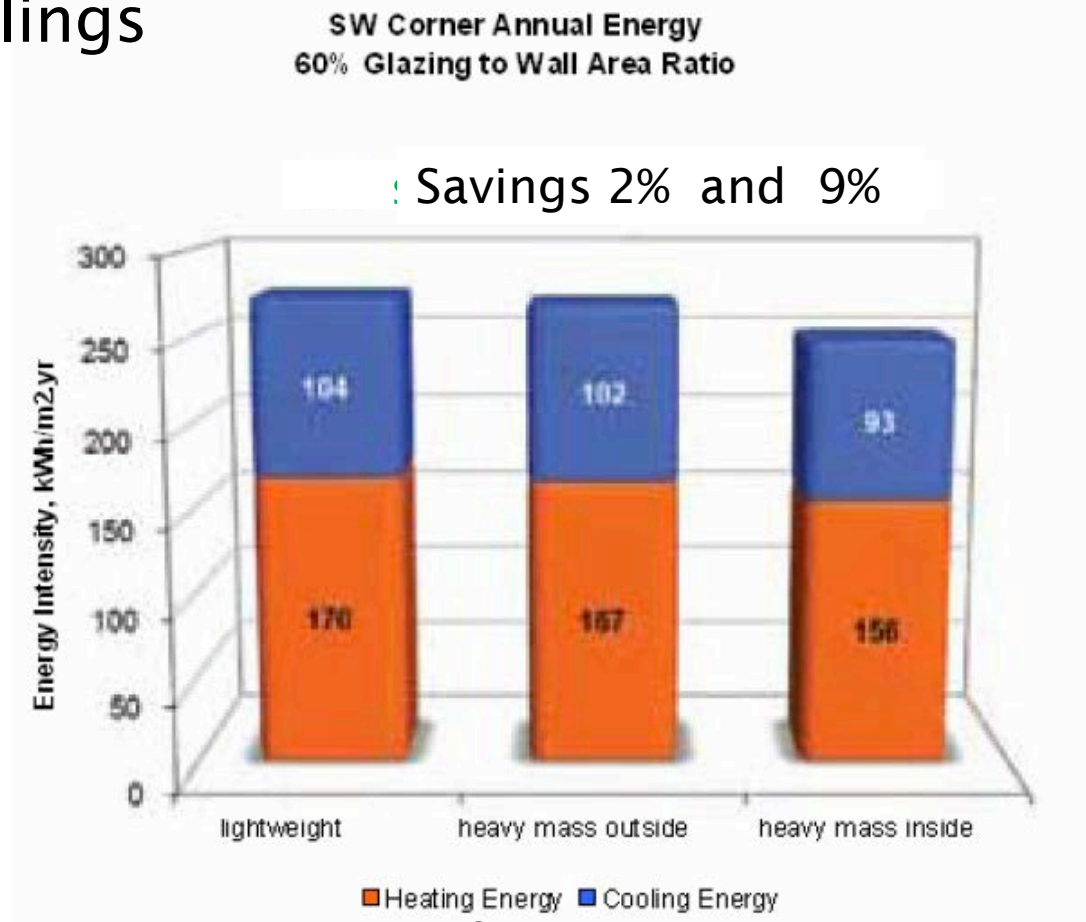


# Material / Assembly

- Thermal mass benefits are considered by some standards
  - Yes in ASHRAE 90.1
  - Not in NECB
- Thermal bridging of framing implied in most tabulated installed R-values
  - Must be accounted for in all codes (NECB, 90.1, SB-10)

# Aside: Thermal Mass & Energy

- Thermal mass can improve comfort, resiliency, and save energy
- Mass in exposed ceilings is most valuable
- Exterior walls also helpful- but keep it inside



RDH Study of Vancouver MURB

# Example Prescriptive Assembly R-Values

→

<i>Système international U-values (W/m<sup>2</sup>K)</i>						
Climate Zone	HDD (18C)	ASHRAE 90.1-2010		NECB-2011	Ontario SB-10	
		Non-Residential <i>mass</i>	Residential <i>mass</i>	All <i>any</i>	Non-Residential <i>mass</i>	Residential <i>mass</i>
4	<3000	0.104	0.09	0.315		
5	3000-4000	0.09	0.08	0.278	0.450	0.400
6	4000-5000	0.08	0.071	0.247	0.400	0.340
7/7A	5000-6000	0.071	0.071	0.21	0.340	0.340
7/7B	6000-7000	0.071	0.071	0.21	0.340	0.340
8	>7000	0.071	0.052	0.18	0.340	0.340
<i>Inch-Pound R-values</i>						
Climate Zone	HDD (18C)	ASHRAE 90.1-2010		NECB-2011	Ontario SB-10	
		Non-Residential <i>mass</i>	Residential <i>mass</i>	All <i>any</i>	Non-Residential <i>mass</i>	Residential <i>mass</i>
4	<3000	9.6	11.1	18.0		
5	3000-4000	11.1	12.5	20.4	12.6	14.2
6	4000-5000	12.5	14.1	23.0	14.2	16.7
7/7A	5000-6000	14.1	14.1	27.0	16.7	16.7
7/7B	6000-7000	14.1	14.1	27.0	16.7	16.7
8	>7000	14.1	19.2	31.5	16.7	16.7

Guide assumes mass walls where allowed

# Simple Trade-off Method

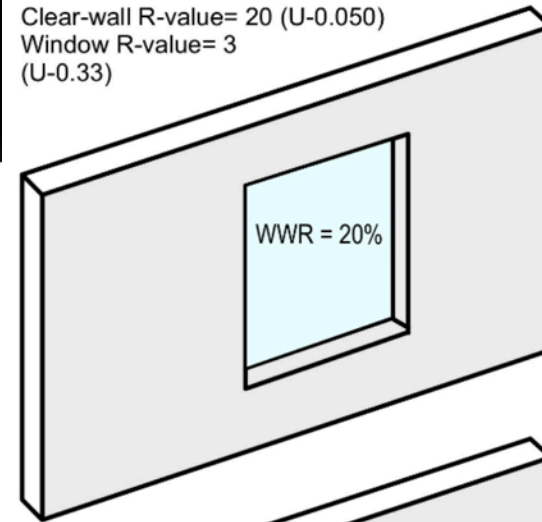
- Allows different types of walls, and different windows to have different R-value
- Calculate overall heat transfer of code-minimum
  - Usually max 40%WWR
  - NECB has sliding scale... more restrictive

# Simple Trade-off

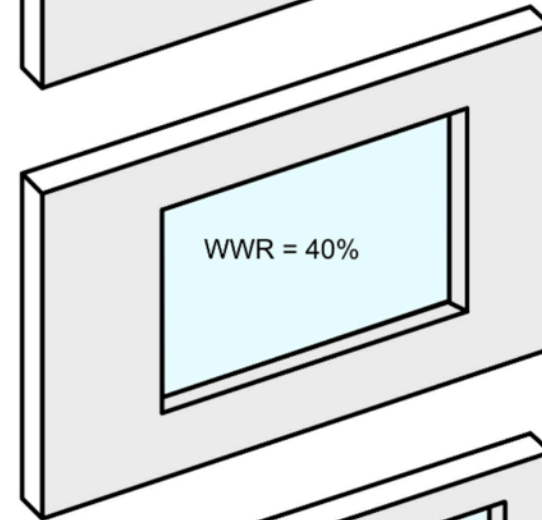
→ Simple trade-off allows for the effects of **window & wall areas** and **assembly choices** to be accounted for

Based on:  
Clear-wall R-value= 20 (U-0.050)  
Window R-value= 3 (U-0.33)

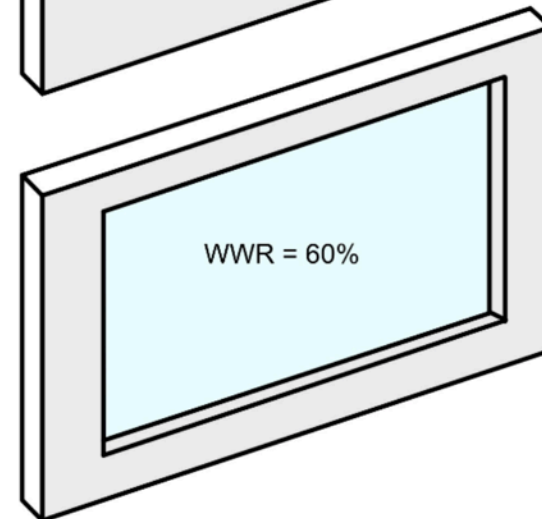
Based on:  
Clear-wall RSI= 3.52  
Window RSI= 0.53 (USI- 1.89)



R-9.4 (RSI 1.66)



R-6.1 (RSI 1.07)

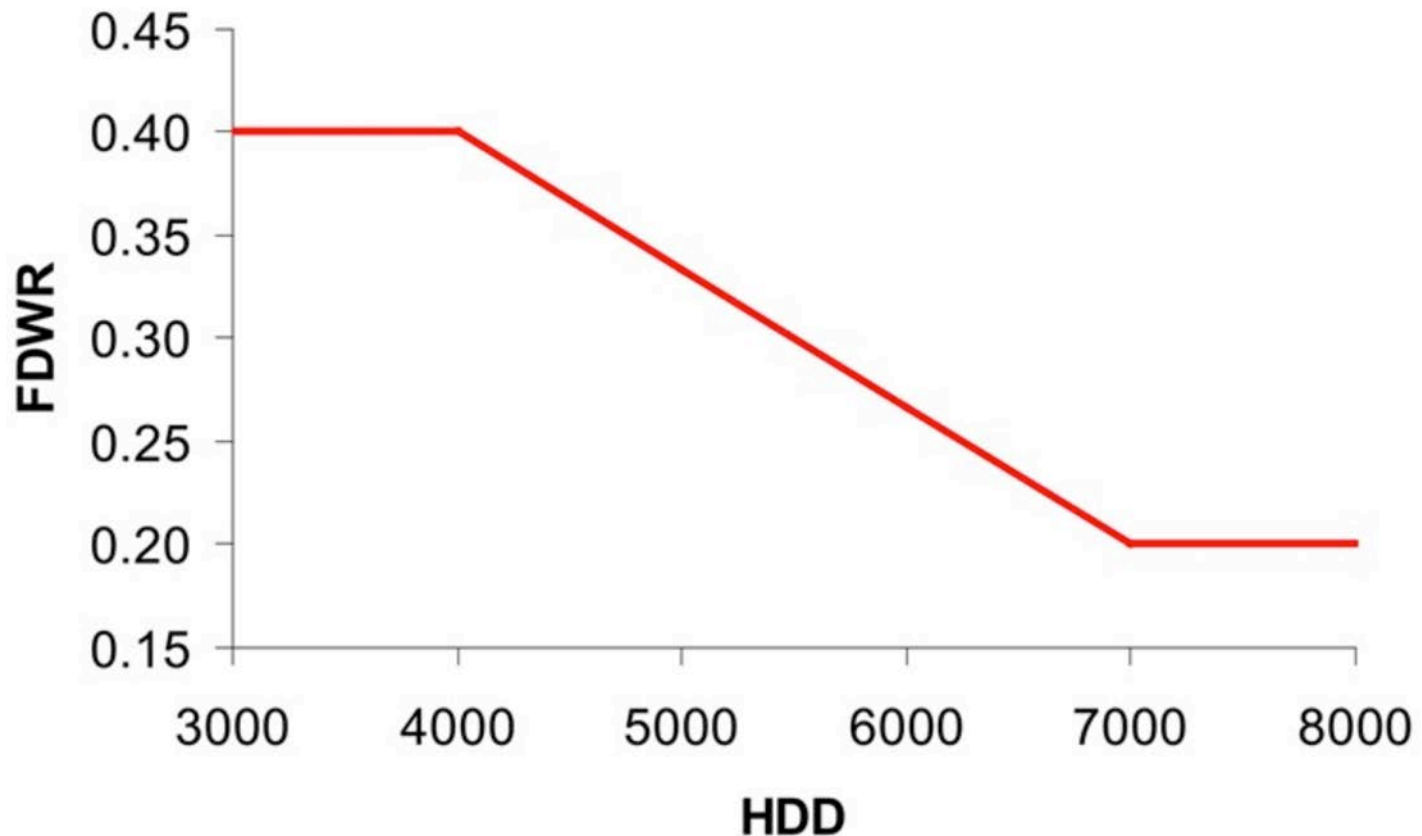


R-4.5 (RSI 0.79)

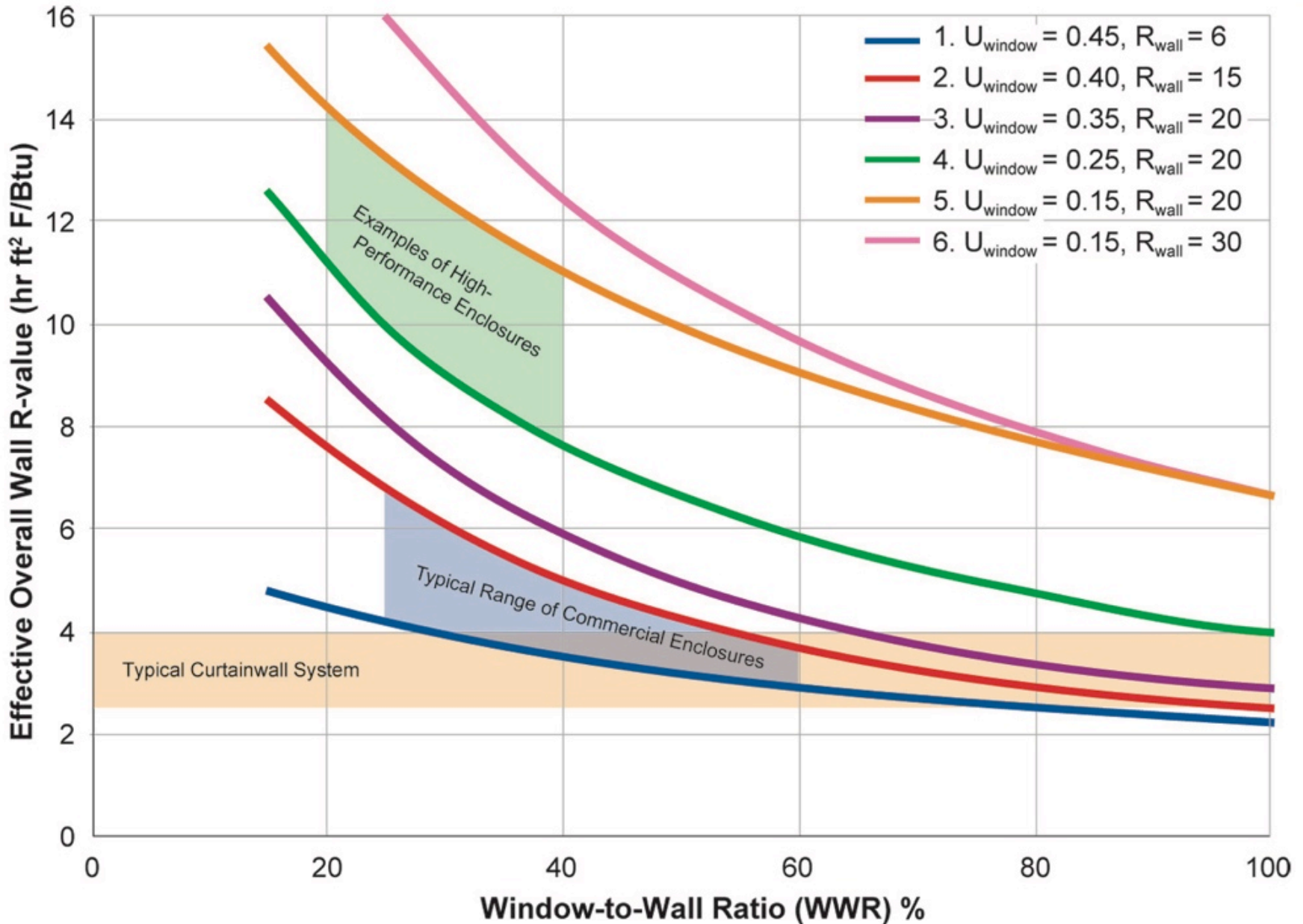
# Maximum prescriptive Window Area

→ ASHRAE 90.1 / SB-10: 40% WWR

→ NECB 2011/2015 Doors included, varies with HDD



# Windows have a major impact!

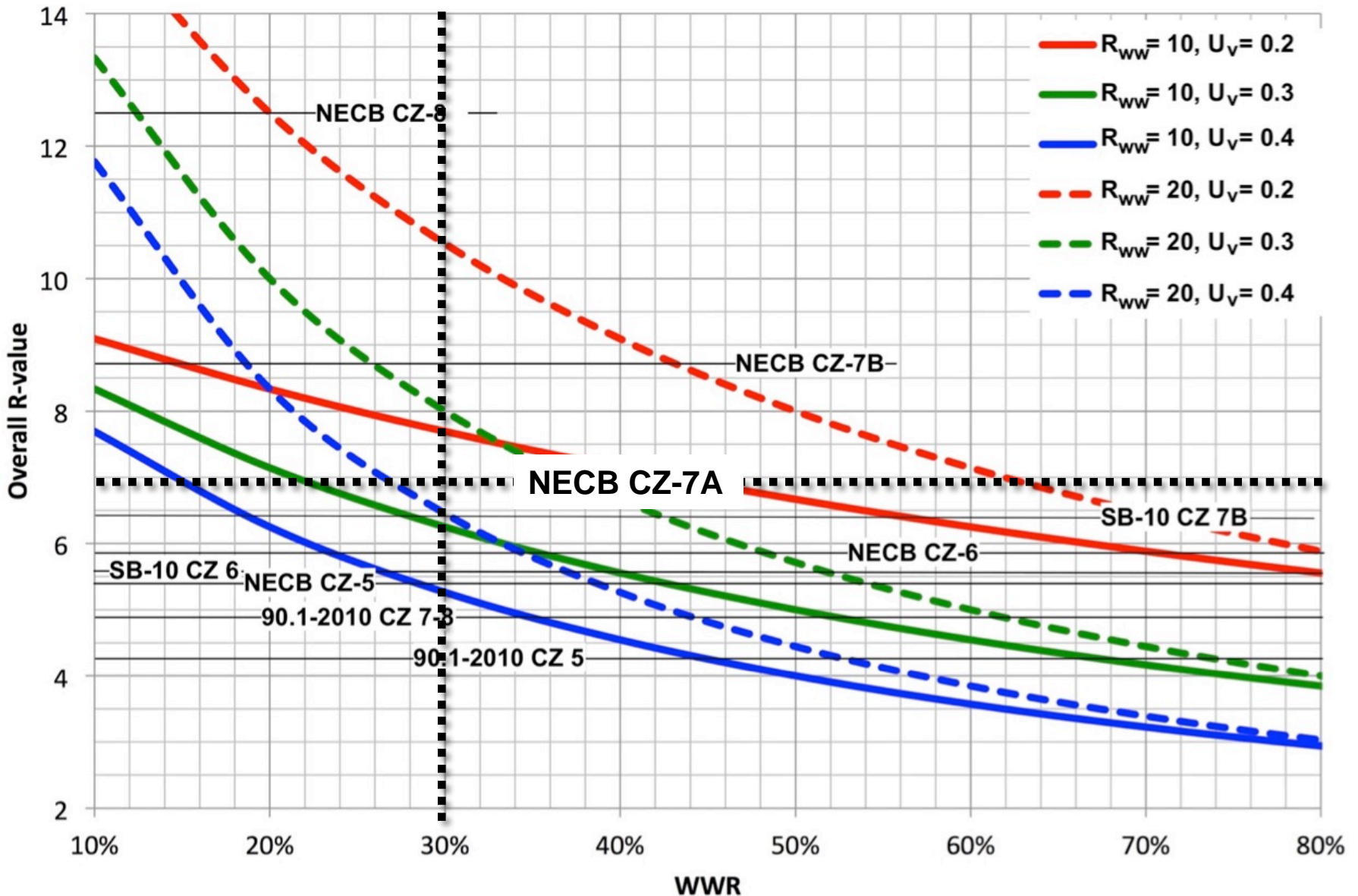


# Overall Wall R-value: for trade-off

<i>Système international U-values</i>								
Climate Zone	HDD (18°C)	ASHRAE 90.1-2010		NECB-2011		OBC SB-10		
		Non-Residential	Residential	Any occupancy		Non-Residential	Residential	
		<i>mass</i>	<i>mass</i>	WWR (%)	<i>all walls</i>	<i>mass</i>	<i>mass</i>	
4	<3000	1.49	1.44	40	1.15	--	--	
5	3000-4000	1.33	1.29	40	1.05	1.07	1.03	
6	4000-5000	1.29	1.26	37.5	0.98	1.03	1.00	
7/7A	5000-6000	1.15	1.15	30	0.81	0.89	0.89	
7/7B	6000-7000	1.15	1.15	22.5	0.66	0.89	0.89	
8	>7000	1.15	1.09	20	0.46	--	--	
<i>Inch-Pound R-values</i>								
Climate Zone	HDD (18°C)	ASHRAE 90.1-2010		NECB-2011		OBC SB-10		
		Non-Residential	Residential	Any occupancy		Non-Residential	Residential	
		<i>mass</i>	<i>mass</i>	WWR (%)	<i>all walls</i>	<i>mass</i>	<i>mass</i>	
4	<3000	3.81	3.94	40	4.94	--	--	
5	3000-4000	4.27	4.39	40	5.42	5.33	5.49	
6	4000-5000	4.39	4.49	37.5	5.80	5.49	5.68	
7/7A	5000-6000	4.94	4.94	30	7.04	6.41	6.41	
7/7B	6000-7000	4.94	4.94	22.5	8.63	6.41	6.41	
8	>7000	4.94	5.23	20	12.24	--	--	



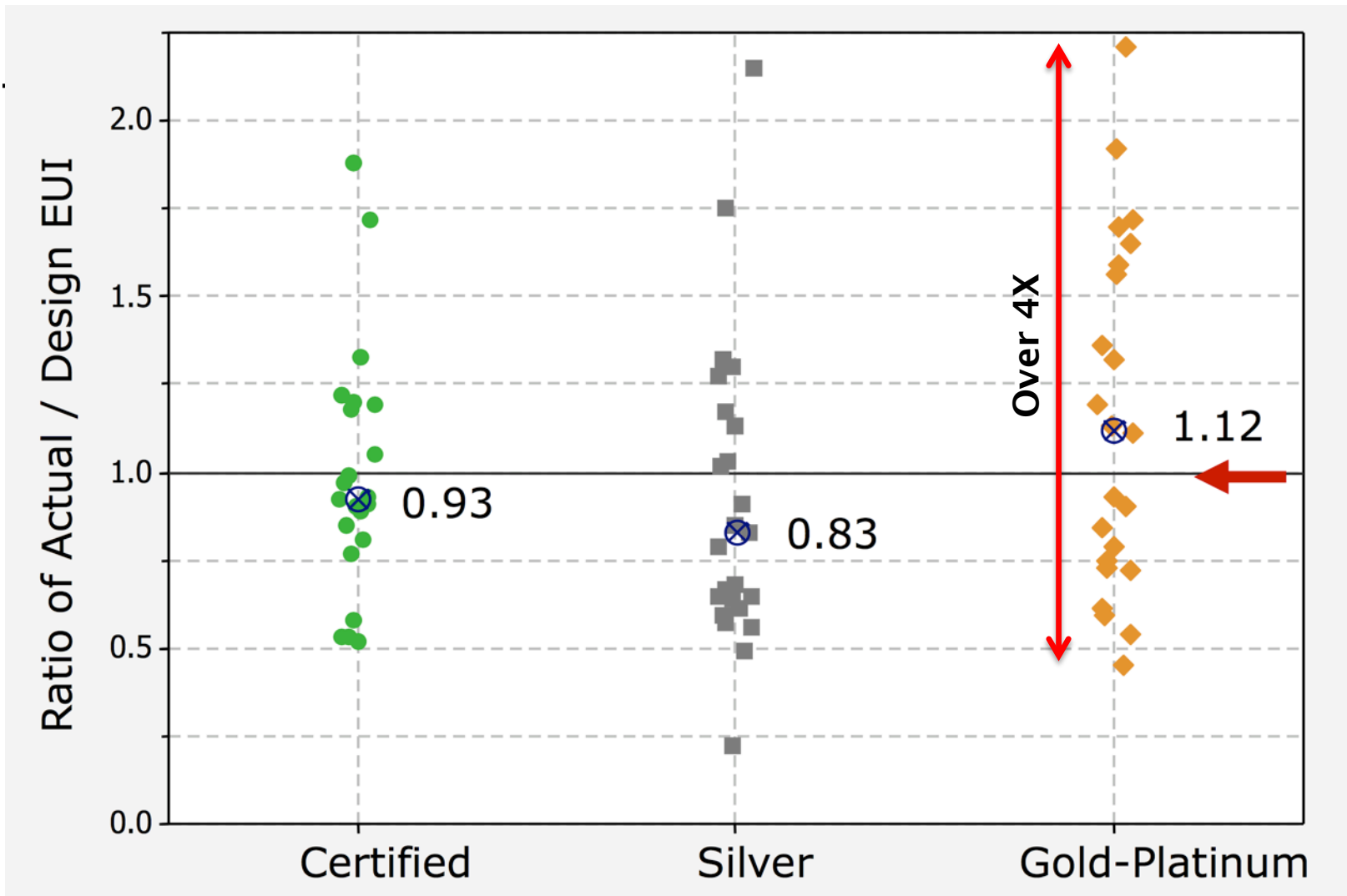
# Overall R-value vs some codes



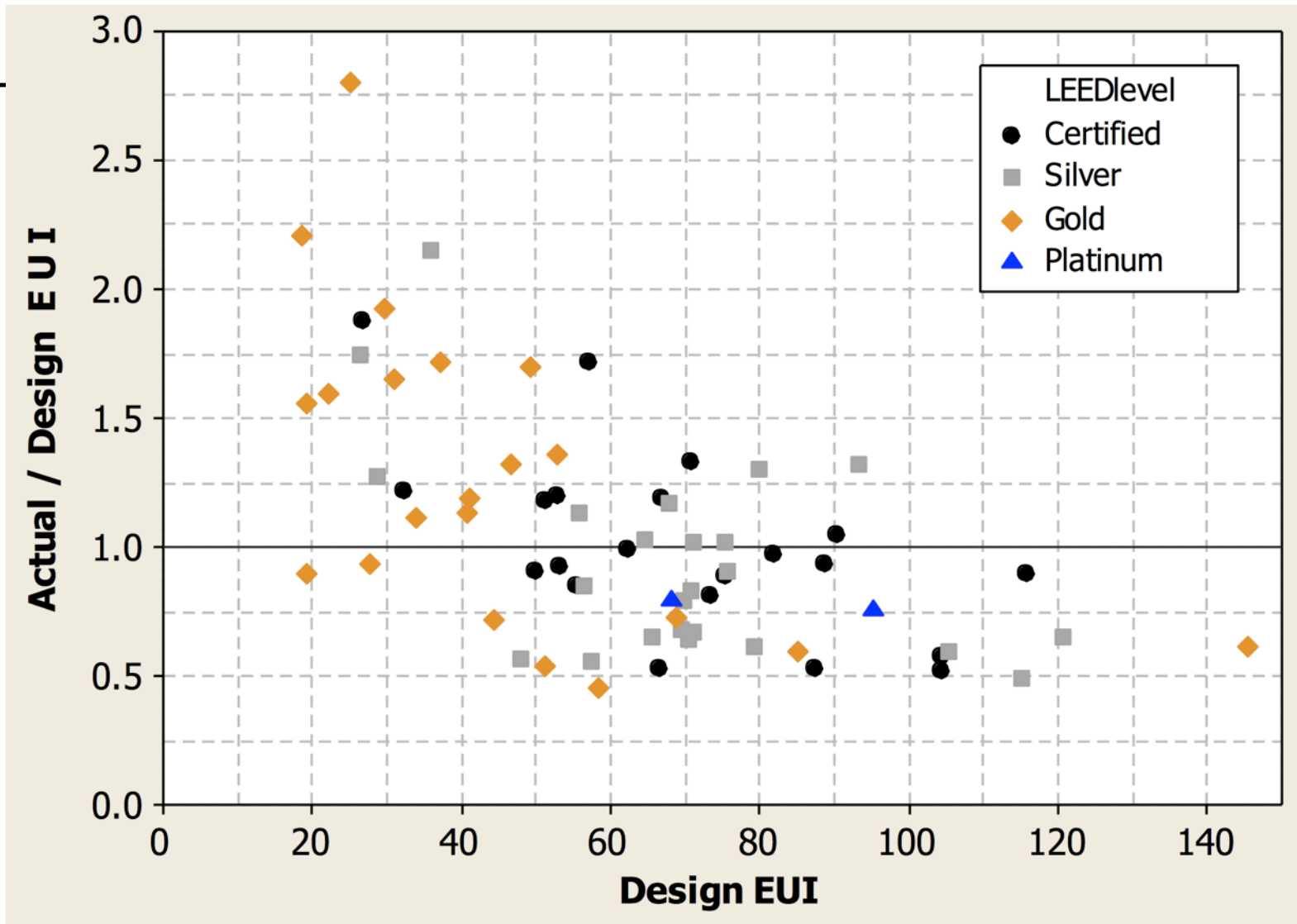
# Energy Modeling

- Allows for great flexibility
- Model code minimum building, including all HVAC, lighting, DHW, etc. (“Reference Building”)
- Demonstrate Design Building is same or lower energy use
- Often require too much information at early stage.
- Can’t wait for modeling to make important design decisions
- Black box models often cloud understanding

# Energy Models

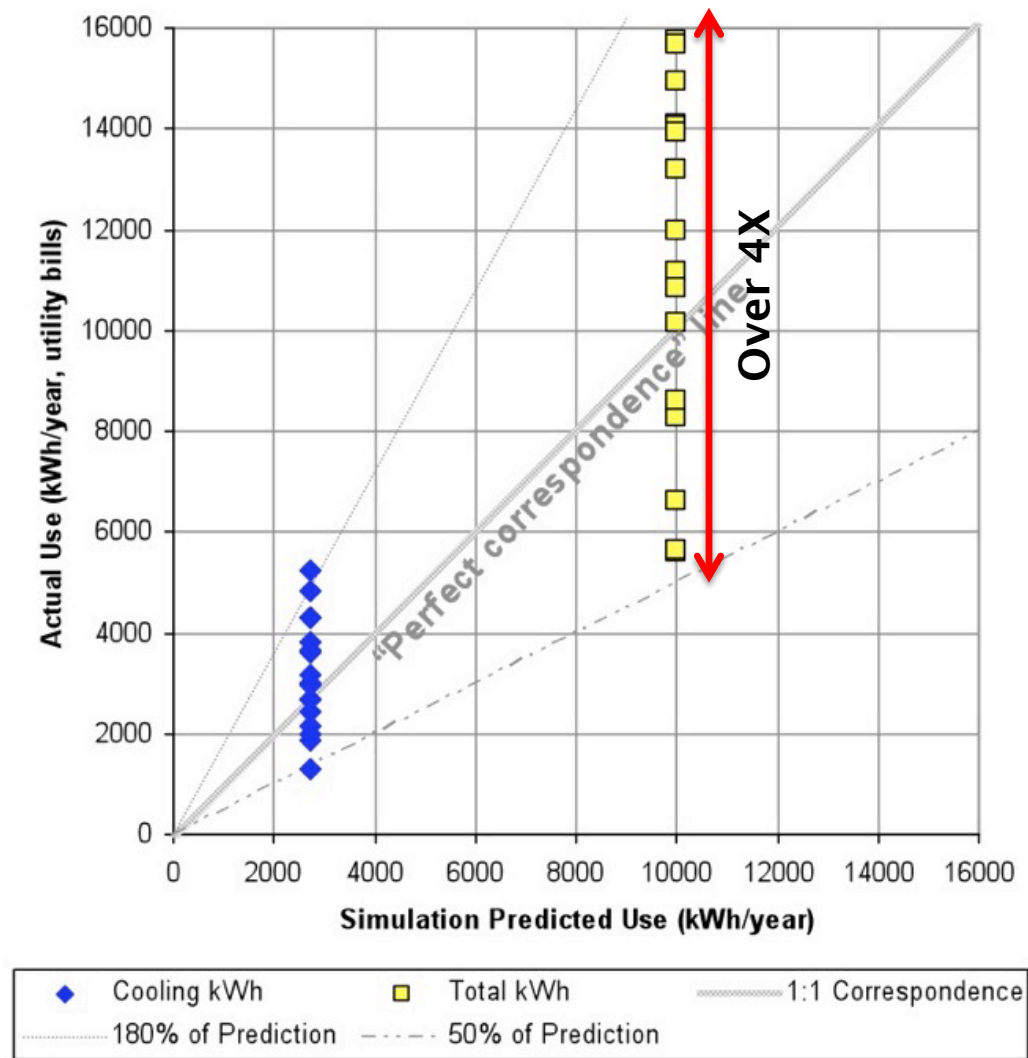


# Low-energy Buildings are harder



# Occupancy matters

- Energy use varies with occupancy
- Modeling can't capture all
  - Code prescribes many things
- Beware, NZE / PH



Simulation (horizontal) vs. actual (vertical) electric use for 17 identical houses in OK

# 3. Heat Flow Fundamentals

# Calculating R-value of a layer

→  $RSI = R\text{-value} / 5.678$

› E.g., R-12 = RSI 2.1

→  $U\text{-value} = 1 / R\text{-value}$

→ E.g., R-10 = U-0.10

→  $R_{SI} 2.0 = U_{SI} 0.50$

→  $RSI 3.0 = U=0.33$

→  $R_{\text{layer}} = R/\text{in} * \text{number of inches}$

→  $R_{\text{layer}} = \text{thermal conductivity}/\text{thickness}$

# R-value of materials (from Guide)



Material	Conductivity (R/inch)	R-value at 2"	R-value at 2.5"	R-value at 3"	R-value at 3.5"	R-value at 4"
Open-cell foam ( <u>ocSPF</u> )	3.8	7.6	9.5	11.4	13.3	15.2
Spray Cellulose	3.8	7.6	9.5	11.4	13.3	15.2
Mineral Wool semi-rigid	4.0	8.0	10.0	12.0	14.0	16.0
Expanded polystyrene Type 2		<u>same</u> as semi-rigid mineral wool				
Extruded polystyrene	5.0	10.0	12.5	15.0	17.5	20.0
Polyisocyanurate	5.5	11.0	13.8	16.5	19.3	22.0
<u>ccSPF</u>	6.0	12.0	15.0	18.0	21.0	24.0
Reinforced Concrete	0.06	0.12	0.15	0.18	0.21	0.24
Clay Brick Veneer	0.13				0.45	

Material	Conductivity (W/mK)	<u>RSI for 50 mm</u>	<u>RSI for 63 mm</u>	<u>RSI for 75 mm</u>	<u>RSI for 90 mm</u>	<u>RSI for 100 mm</u>
Open-cell foam ( <u>ocSPF</u> )	0.038	1.3	1.7	2.0	2.3	2.7
Spray Cellulose	0.038	1.3	1.7	2.0	2.3	2.7
Mineral Wool semi-rigid	0.036	1.4	1.8	2.1	2.5	2.8
Expanded polystyrene Type 2		<u>same</u> as semi-rigid mineral wool				
Extruded polystyrene	0.029	1.8	2.2	2.6	3.1	3.5
Polyisocyanurate	0.026	1.9	2.4	2.9	3.4	3.9
<u>ccSPF</u>	0.024	2.1	2.6	3.2	3.7	4.2
Reinforced Concrete	2.4	0.02	0.03	0.03	0.04	0.04
Clay Brick Veneer	1.2				0.08	



# Calculating R-value of a layer

→  $R_{\text{layer}} = R/\text{in} * \text{number of inches}$

→  $R_{\text{layer}} = \text{thermal conductivity}/\text{thickness}$

→ *Example*

→  $R = 2'' \times 5/\text{inch} = R-10$

→  $\text{RSI} = .051\text{m} / 0.029$   
= RSI 1.76

Insulation Layer

*Example:*

2" of R5/inch

51 mm of  $k=0.029 \text{ W/mK}$

# Airfilms and Airgaps

- Fictitious layers represent resistance to convective and radiative heat flow at surfaces
- Not very significant
  - Airfilms (R-0.84/ RSI0.15)
  - Airgaps (R-1.0 / RSI 0.18)
    - › Low-emissivity coatings increase R-value

---

---

<b>Condition</b>	<b>RSI-value</b>	<b>R-value</b>
Interior Surfaces	0.120	0.68
Exterior Surfaces	0.029	0.16
20 mm (3/4") Air space	0.18	1.0

# Which R-value?

Increasing Complexity

- **Rated R-value**, rating printed on the package / tech sheet
- **Installed R-value**, rated R-value of the insulation products in their installed condition (e.g. compressed batt insulation or not)
- **Assembly R-value** or **Center-of-Cavity** thermal resistance of all layers (e.g. add up layers) (e.g., NECB Section 3.2)
- **Clear-wall R-value** ( $R_{cw}$ ) thermal resistance of the layers (Assembly R-value) but *also* includes the two-dimensional effect of standard repetitive framing (e.g. steel studs and tracks)
- **Whole-wall R-value**, ( $R_{ww}$ ) which includes the Clear-wall R-value ( $R_{cw}$ ) *plus* conductive penetrations (e.g. floors), additional framing at openings (e.g. windows and doors), other interfaces (e.g. foundation-to-above-grade wall, wall-to-roof, balconies, etc.)
- **Overall R-value** ( $R_{overall}$ ) entire enclosure type (such as wall, or roof) including Whole-Wall R-value ( $R_{ww}$ ) plus windows, doors, and curtainwalls.

# Effective R-value

- Effective R-value is not universally defined
- *Beware*: Definition is context-sensitive
  - For example, “effective” may describe clear-wall R-value, or partial whole-wall, or include thermal mass effect, etc.

# Installed R-value

→ Rated R-value vs Installed R-value

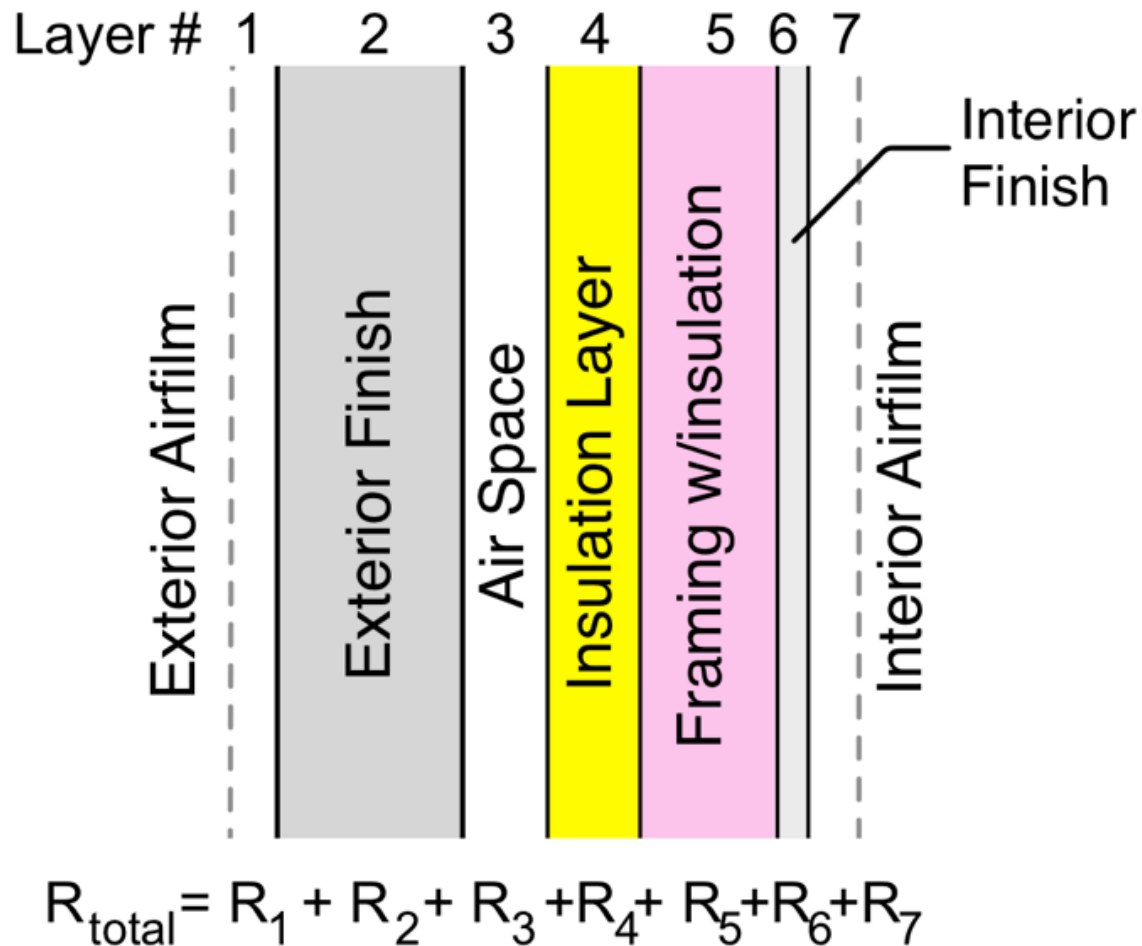


Nominal Lumber Size	Cavity Depth <sup>1</sup>	Insulation R-													
		R-49	R-38	R-38C	R-30	R-30C	R-25	R-22	R-21	R-20	R-19	R-15	R-13	R-11	R-8
1 joist	14"	49													
1 joist	11-7/8"	44	38												
2 x 12	11-1/4"	42	37												
1 joist	9-1/2"	38	33												
2 x 10	9-1/4"	37	32	35	30										
2 x 8	7-1/4"		27	29	25	27	24								
2 x 6 <sup>3</sup>	6"				22	24	21	21							
2 x 6	5-1/2"				21	22	20	19	21	20	18				
2 x 4 <sup>3</sup>	4"						16	15	16	16	14				
2 x 4 <sup>3</sup>	3-5/8"						15	14	15	15	13				
2 x 4	3-1/2"						14	14	15	14	13	15	13	11	
2 x 3	2-1/2"										10	11	10	8.9	8.0
2 x 2 <sup>3</sup>	1-5/8"												7.1	6.5	6.1
2 x 2	1-1/2"												6.6	6.1	5.7
2 x 1	3/4"														3.3
<b>Product R-Value</b>		R-49	R-38	R-38C	R-30	R-30C	R-25	R-22	R-21	R-20	R-19	R-15	R-13	R-11	R-8
<b>Label Thickness</b>		14"	12"	10-1/4"	9-1/2"	8-1/4"	8"	6-3/4"	5-1/2"	5-1/2"	6-1/4"	3-1/2"	3-1/2"	3-1/2"	2-1/2"

Reference: Owens-Corning

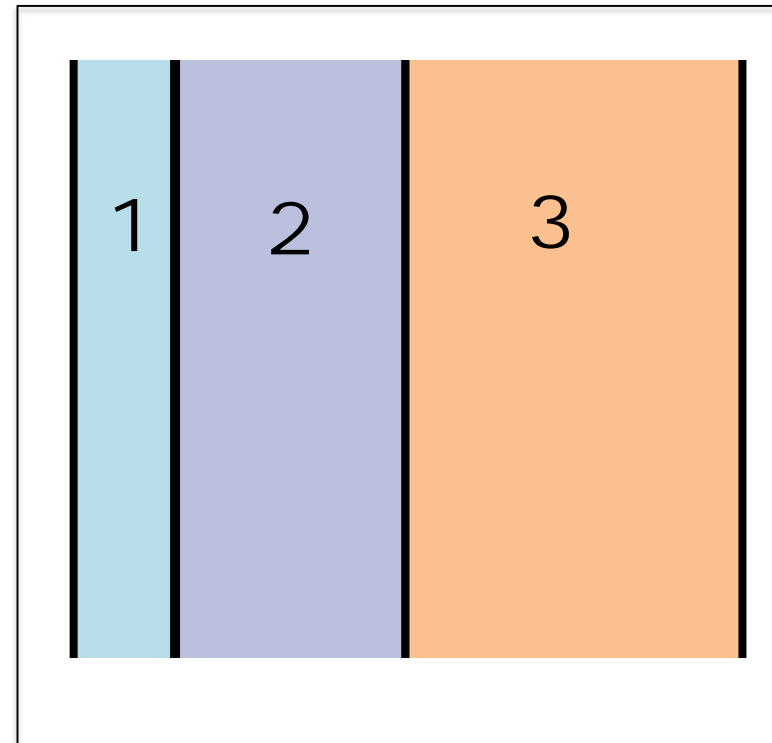
# Assembly R-value (Center-of-Cavity)

→ Just add each of the layer *R-values*

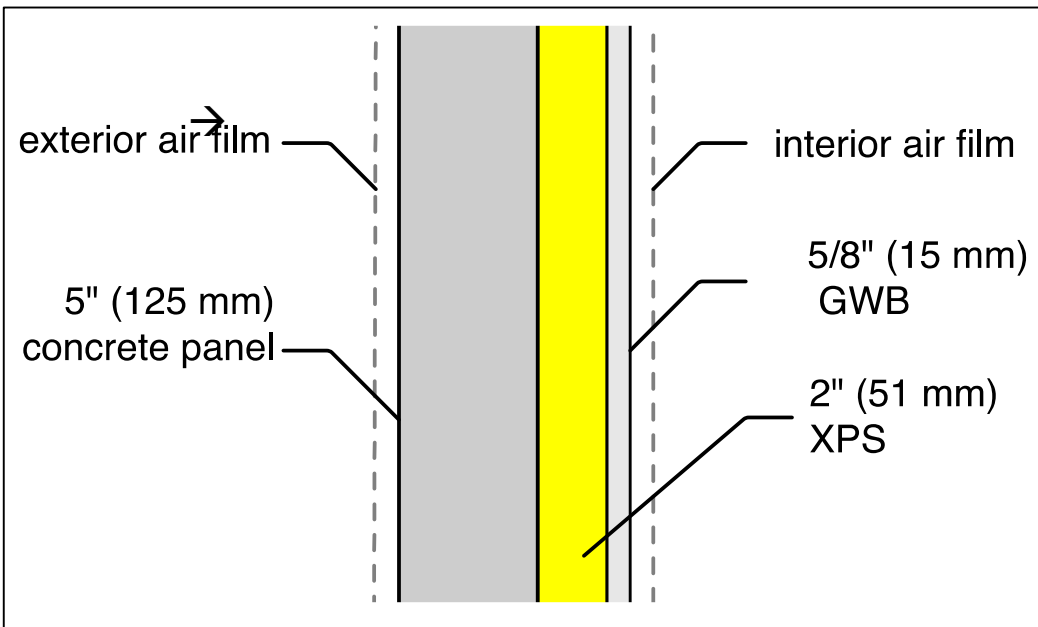


# Assembly R-value / U-value (in SI units)

- Code U-values include R-value of insulation, drywall, *airfilms*, *air gaps*, concrete, masonry
- The insulation is the vast majority of the total
- Example: what is the RSI and U for system?
  - Layer 1: RSI 0.3
  - Layer 2: RSI 2.1
  - Layer 3: RSI 0.5
- Total RSI:
  - $0.3 + 2.1 + 0.5 = \text{RSI } 2.9$
  - $R\text{-value} = 16.5 (=2.9 * 5.678)$
  - $U = 1/R_{SI} = 0.345 \text{ W/m}^2 \text{ C}$



# Example Assembly R-value



Layer	R-value
Exterior air film	0.16
5" (125 mm) concrete	0.30
2" (51 mm) XPS insulation	10.0
5/8" (15 mm) GWB	0.10
Interior air film	0.68
<b>Total</b>	<b>11.2</b>



# Supporting tables from Guide

Material	Conductivity (R/inch)	R-value at 2"	R-value at 2.5"	R-value at 3"	R-value at 3.5"	R-value at 4"
Open-cell foam ( <u>ocSPF</u> )	3.8	7.6	9.5	11.4	13.3	15.2
Spray Cellulose	3.8	7.6	9.5	11.4	13.3	15.2
Mineral Wool semi-rigid	4.0	8.0	10.0	12.0	14.0	16.0
Expanded polystyrene Type 2		<u>same as semi-rigid mineral wool</u>				
Extruded polystyrene	5.0	10.0	12.5	15.0	17.5	20.0
Polyisocyanurate	5.5	11.0	13.8	16.5	19.3	22.0
<u>ccSPF</u>	6.0	12.0	15.0	18.0	21.0	24.0
Reinforced Concrete	0.06	0.12	0.15	0.18	0.21	0.24

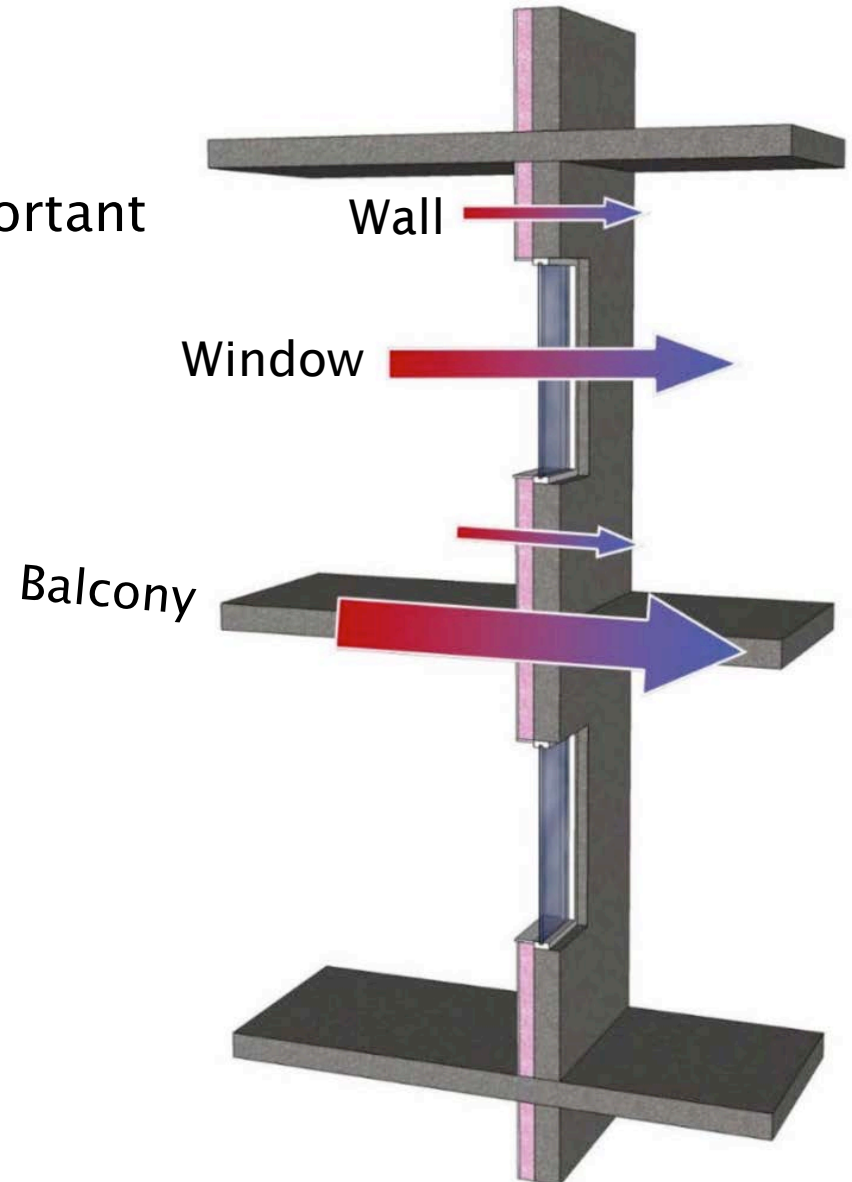
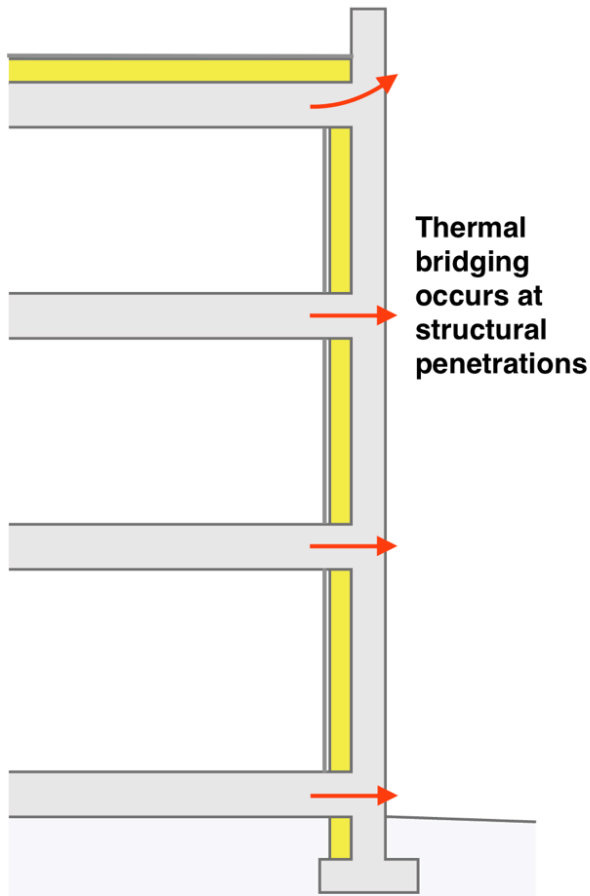
Condition	RSI-value	R-value
Interior Surfaces	0.120	0.68
Exterior Surfaces	0.029	0.16
20 mm (3/4") Air space	0.18	1.0

# But ...

- Few assemblies are simply layers of materials
- We have moved to
  - 3-D frame work (steel/conc/wood frames, truss)
  - hollow element (CMU, hollow core slab, window)
- R-value is no longer so simple ....

# Thermal Bridging

- A local area of the enclosure that has higher heat loss
- Steel studs, floor slabs most important



# Accounting for framing



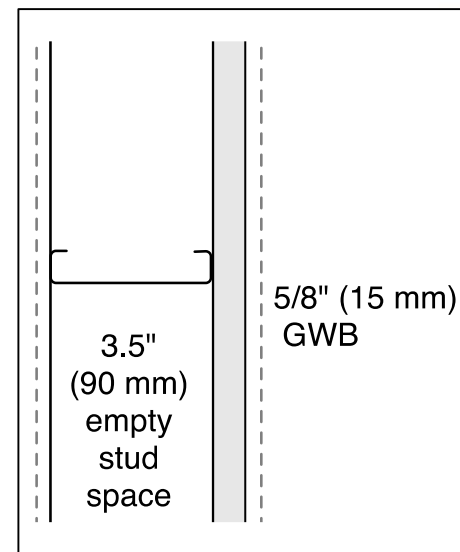
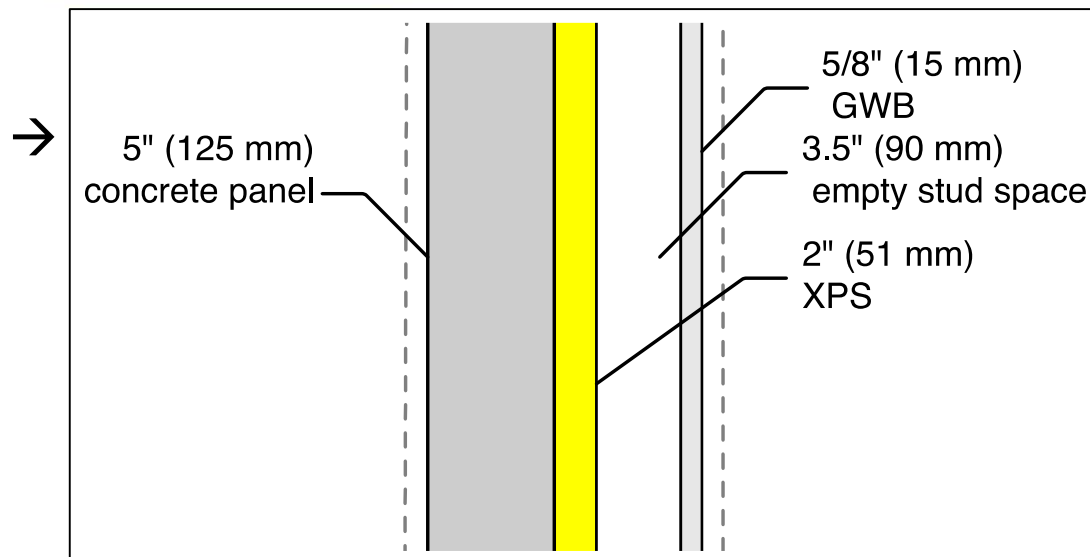
→ We can convert 3-D frames to **layers**

→ Note the poor performance of steel stud insulation

Cavity Depth		Rated Cavity R-value	Layer $R_{cw}$ -value @ 16 inch centres	Layer $RSI_{cw}$ @ 405 mm centres	
In	mm				
2.5	64	Empty	2.15	0.37	\$
3.5	89	Empty	2.19	0.39	\$
		R-13	7.4	1.31	\$\$
		R-15	7.8	1.38	\$\$\$
6.0	152	Empty	2.24	0.39	\$
		R-19	8.5	1.50	\$\$
		R-21	8.8	1.55	\$\$\$
		R-24 (4" ccSPF)	9	1.59	\$\$\$\$\$

Note: "ccSPF" is closed-cell Sprayed Polyurethane Foam insulation

# Clear-wall R-value ( $R_{cw}$ )



Layer	R-value
Exterior air film	Incl in stud
5" (125 mm) concrete	0.30
2" (51 mm) XPS insulation	10.0
3.5"(90mm) empty stud	2.19
5/8" (15 mm) GWB	Incl in stud
Interior air film	Incl in stud
<b>Total</b>	<b>12.5</b>

**Includes steel stud wall, GWB and airfilms as a "layer", of about R2.2**

# Supporting tables from Guide

Material	Conductivity (R/inch)	R-value at 2"	R-value at 2.5"	R-value at 3"	R-value at 3.5"	R-value at 4"
Open-cell foam ( <u>ocSPF</u> )	3.8	7.6	9.5	11.4	13.3	15.2
Spray Cellulose	3.8	7.6	9.5	11.4	13.3	15.2
Mineral Wool semi-rigid	4.0	8.0	10.0	12.0	14.0	16.0
Expanded polystyrene Type 2		<u>same as semi-rigid mineral wool</u>				
Extruded polystyrene	5.0	10.0	12.5	15.0	17.5	20.0
Polyisocyanurate	5.5	11.0	13.8	16.5	19.3	22.0
<u>ccSPF</u>	6.0	12.0	15.0	18.0	21.0	24.0
Reinforced Concrete	0.06	0.12	0.15	0.18	0.21	0.24

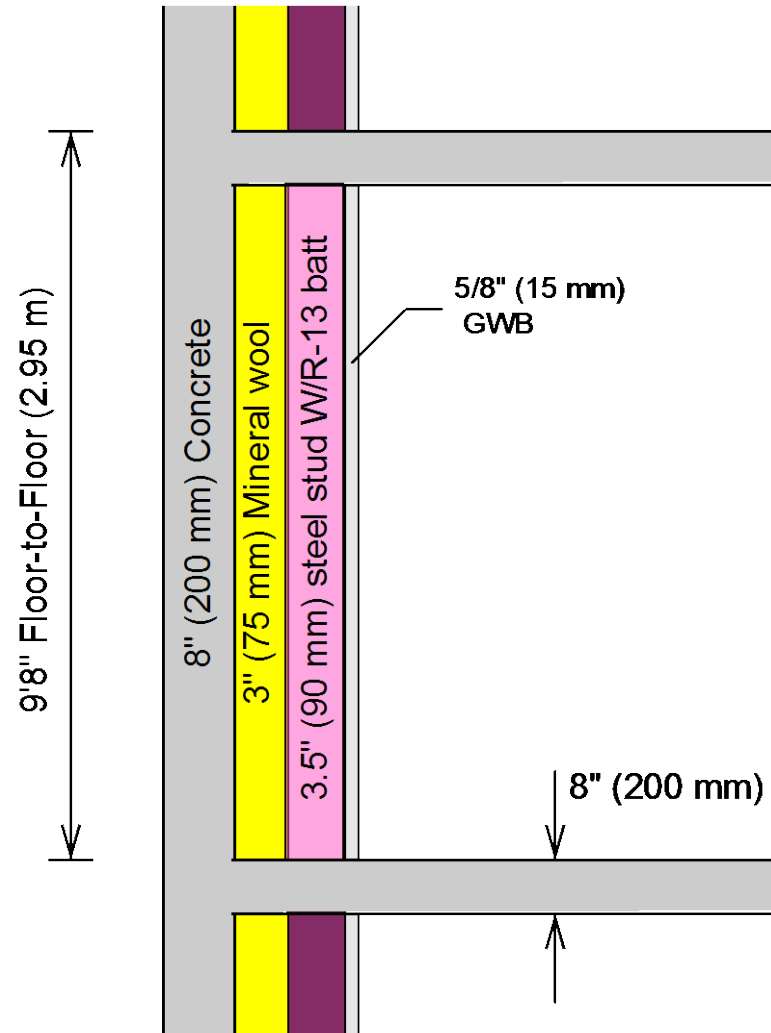
Cavity Depth		Rated Cavity R-value	Layer R <sub>cw</sub> -value @ 16 inch centres	Layer RSI <sub>cw</sub> @ 405 mm centres
In	mm			
2.5	64	Empty	2.15	0.37
3.5	89	Empty	2.19	0.39
		R-13	7.4	1.31
		R-15	7.8	1.38
6.0	152	Empty	2.24	0.39
		R-19	8.5	1.50
		R-21	8.8	1.55
		R-24 (4" ccSPF)	9	1.59

Note: "ccSPF" is closed-cell Sprayed Polyurethane Foam insulation

# Whole-wall R-value ( $R_{ww}$ )

- Will be shown later how to estimate thermal bridge at floor
- Floor slabs/balcony can *double* heat flow

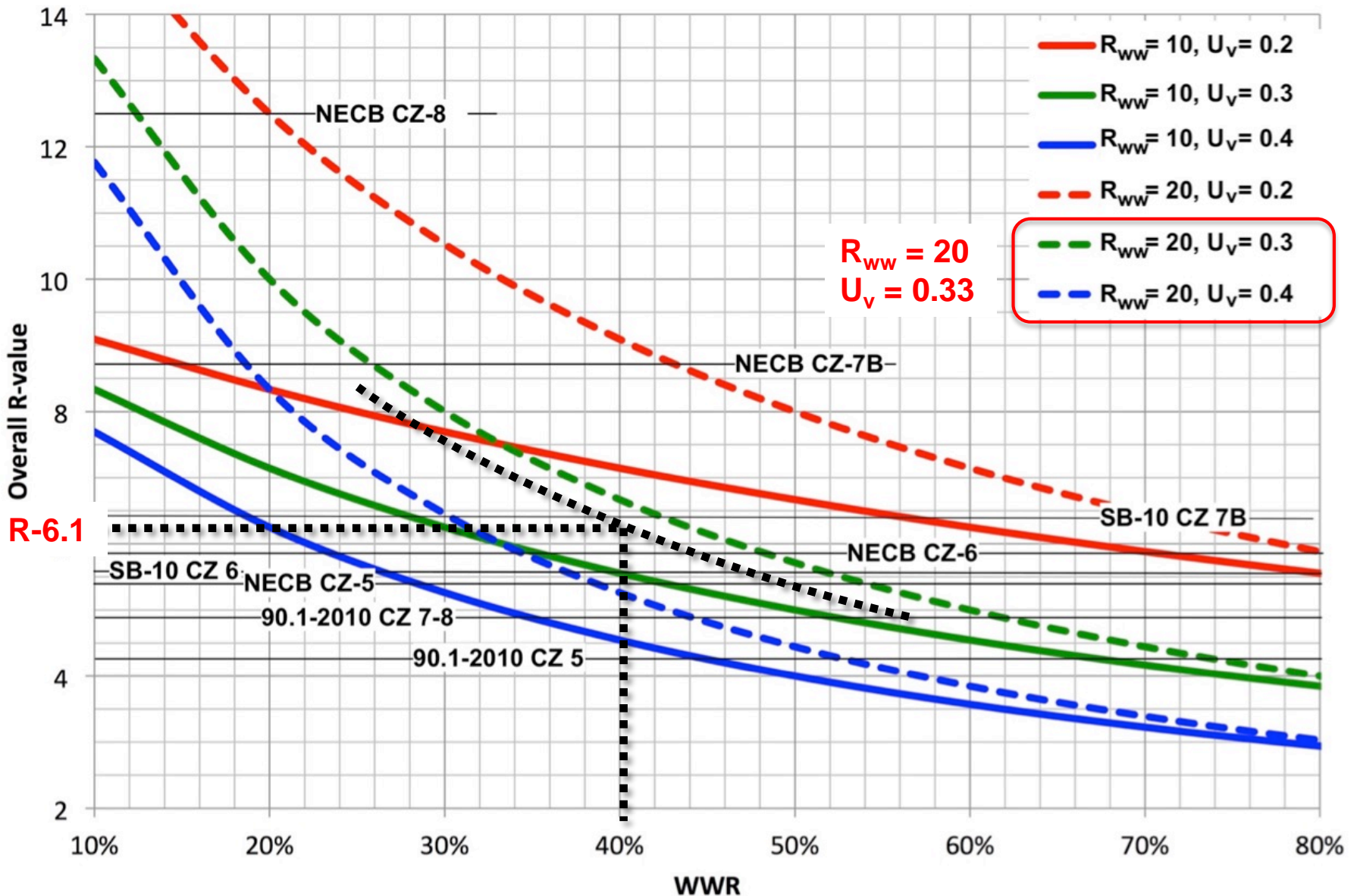
Includes framing and floor slab



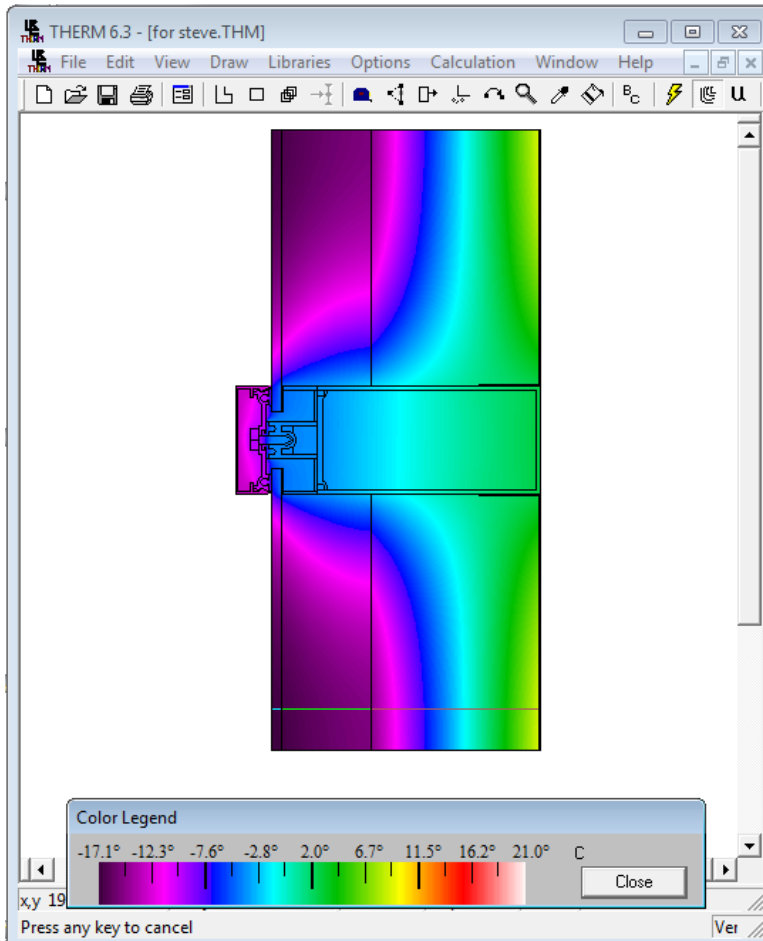




# Overall R-value vs some codes

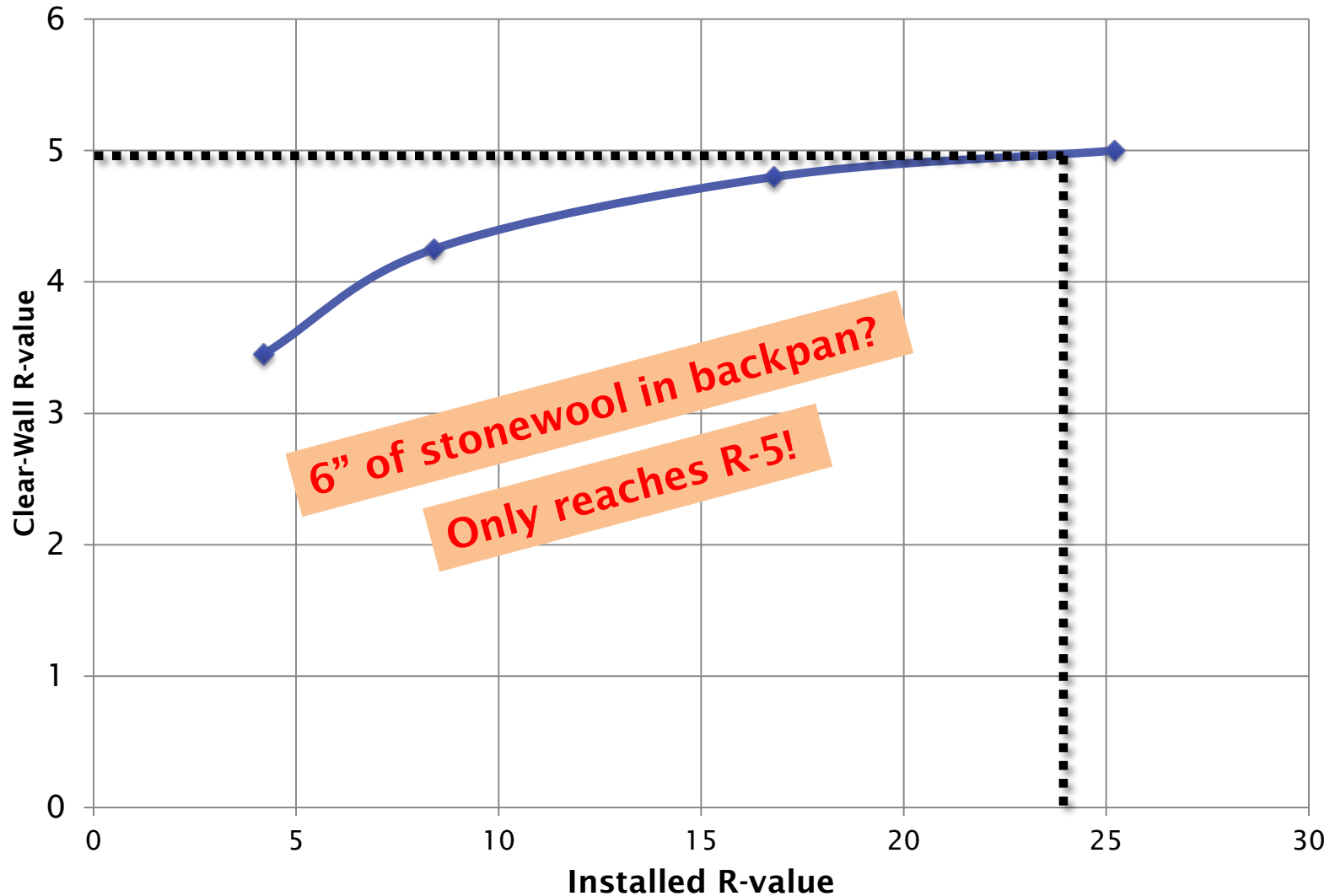


# Spandrel ??



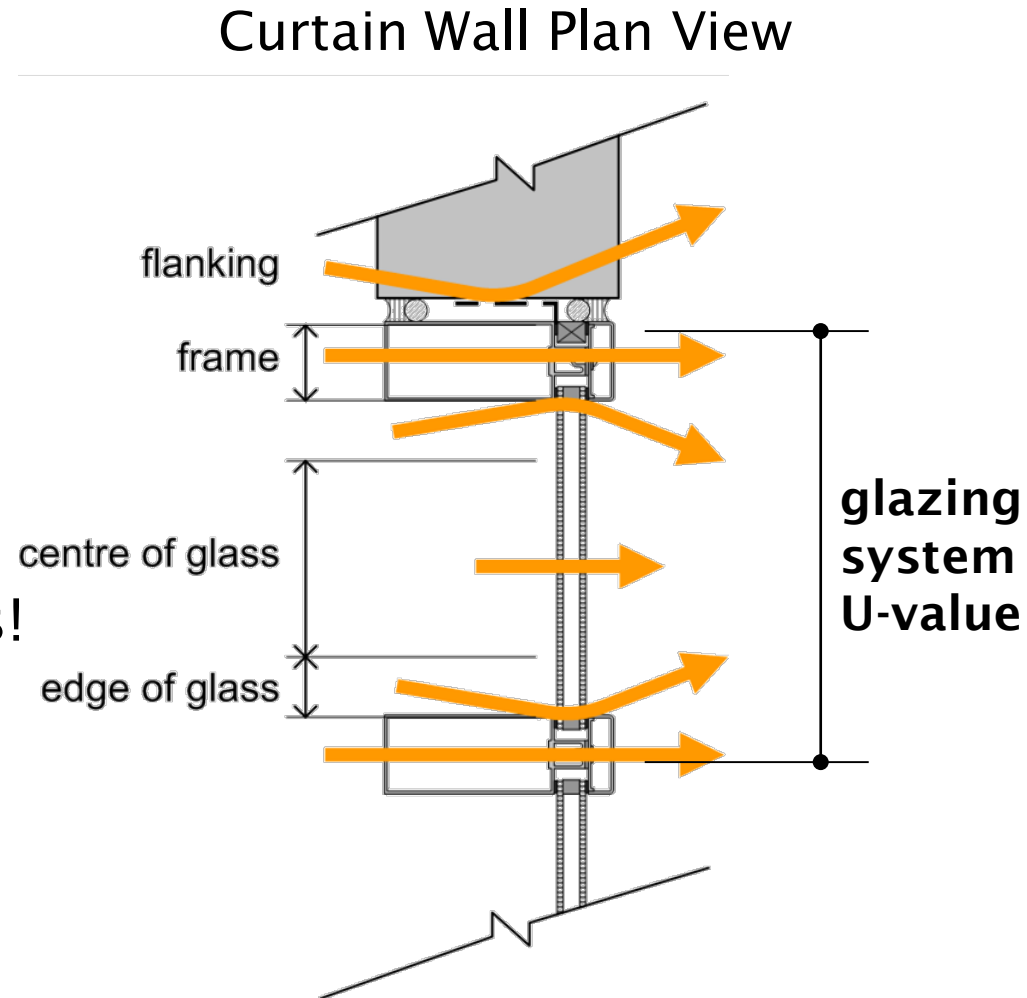
- ▶ Nominal R-14 (3 in stonewool)
- ▶ Actual R-4.0 Assembly: U-0.250 BTU/hr-ft<sup>2</sup>-°F

# Curtainwall spandrel: thermal bridges



# Window heat loss

- There paths to consider for the vision assembly:
  - Frame
  - Edge of Glass
  - Centre of Glass
- Heat loss is more than through the glazing units!
- Consider Flanking (installation)



# Thermal Bridging and Codes

- Most require **steel studs** to be **accounted for** (often using tables and “ci”)
- NECB “the thermal bridging effect of closely spaced **repetitive structural members**, such as studs and joists, ... **shall be accounted for**”
  - the thermal bridging effect of major structural members, such as columns and spandrel beams,... that partly penetrate that *building envelope* assembly need not be taken into account, provided they **do not increase the overall thermal transmittance** at the projected area of the member to **more than twice**
- Ontario SB-10: intermediate structural connections of **continuous steel shelf angles** (or similar structural element) used to support the building façade **not counted provided there is a thermal break** between the remaining contact surface of the supporting element and the building structure

# Thermal Bridging and Standards

- LEED “... energy modeling submittal pathways referenced by the LEED Canada rating systems require that thermal bridging in envelope assemblies (e.g. fenestration, opaque walls, roofs, etc.) be **reasonably accounted for** ...”
- Passive House, Net Zero, etc.  
One **needs to account** for any thermal bridges that **materially impact energy consumption**.

# Calculating Thermal Bridge Impacts

→ Several methods available

## 1. **Parallel Path Method**

→ Easiest, simple. Works well for concrete slabs

## 2. **ISO Coefficient Method**

→ Relatively easy. Requires coefficients for each scenario

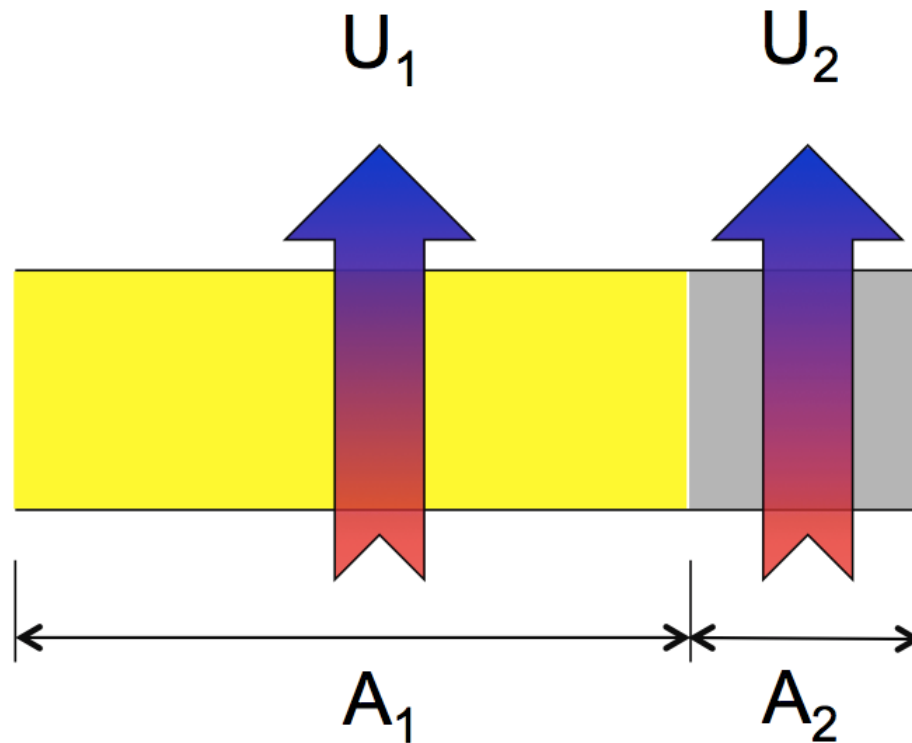
→ Best simple method for 3-D steel connections

## 3. **Computer modeling**

→ Requires a trained specialist, but most flexible

# 1. Parallel Path Method

→ A simpler method, common in the past



$$R_{\text{avg}} = \frac{1}{R_1} \cdot \%A_1 + \frac{1}{R_2} \cdot \%A_2$$

$$U_{\text{avg}} = \frac{U_1 \times A_1 + U_2 \times A_2}{A_{\text{total}}}$$



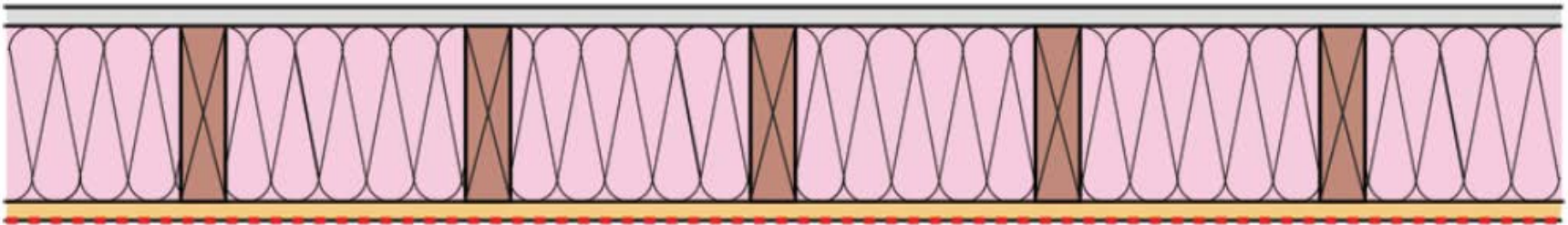
# Parallel Path: Example

→ Used for wood framing in NBC 9.36

# Parallel Path Method

In wall systems with relatively large components (wood framing) that are moderately conductive (wood is at least  $R1 / \text{inch}$ ), the parallel **path method** has been found to be **quite accurate** (within a few % of measured data).

In this method, heat is assumed to flow from inside to outside in **parallel lines**: one through the wood framing, and another through the insulated portions.

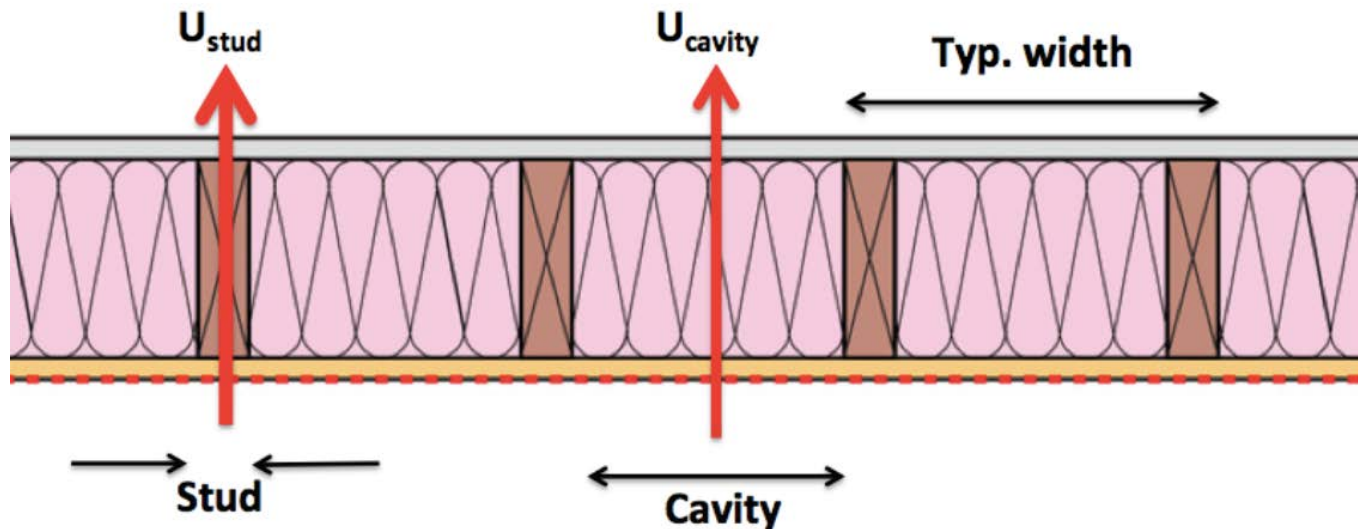


Plan section through wood framed wall

# Parallel Path Method

First, conductance or overall **thermal transmittance through each of the paths** that constitute the total envelope section (eg., wood studs and batt insulation, or concrete column) is calculated.

Then the total heat flow is calculated, based on a **weighted average of the areas each path** comprises



Two Distinct Parallel Heat Flow Paths

$$U_{AVG} = U_{Stud} \cdot \frac{A_1}{A_1 + A_2} + U_{batt} \cdot \frac{A_2}{A_1 + A_2}$$

# Parallel Path Method - Example

R-value is 22.7 through the insulation and R-8.4 through the stud

For a wall with studs 16" on centre, real world data suggests that studs comprise between 20% and 25% of wall section.

$$U_{AVG} = U_{Stud} \cdot \frac{A_1}{A_1 + A_2} + U_{batt} \cdot \frac{A_2}{A_1 + A_2}$$

$$1 / R_{AVG} = 20\% / R_{Stud} + 80\% / R_{batt}$$

$$R_{AVG} = 16.9$$

## 2. ISO Coefficient Method

- Thermal bridges divided into two types:
  - **linear details** that predominately exhibit two-dimensional heat flow, and
  - **point details** that predominately exhibit three-dimensional heat flow
- Different symbols used to capture each effect
  - **$\psi$**  for transmittance of heat in 2-D
  - **$\chi$**  for transmittance of 3-D point details



# Thermal Bridges – 2/3-D

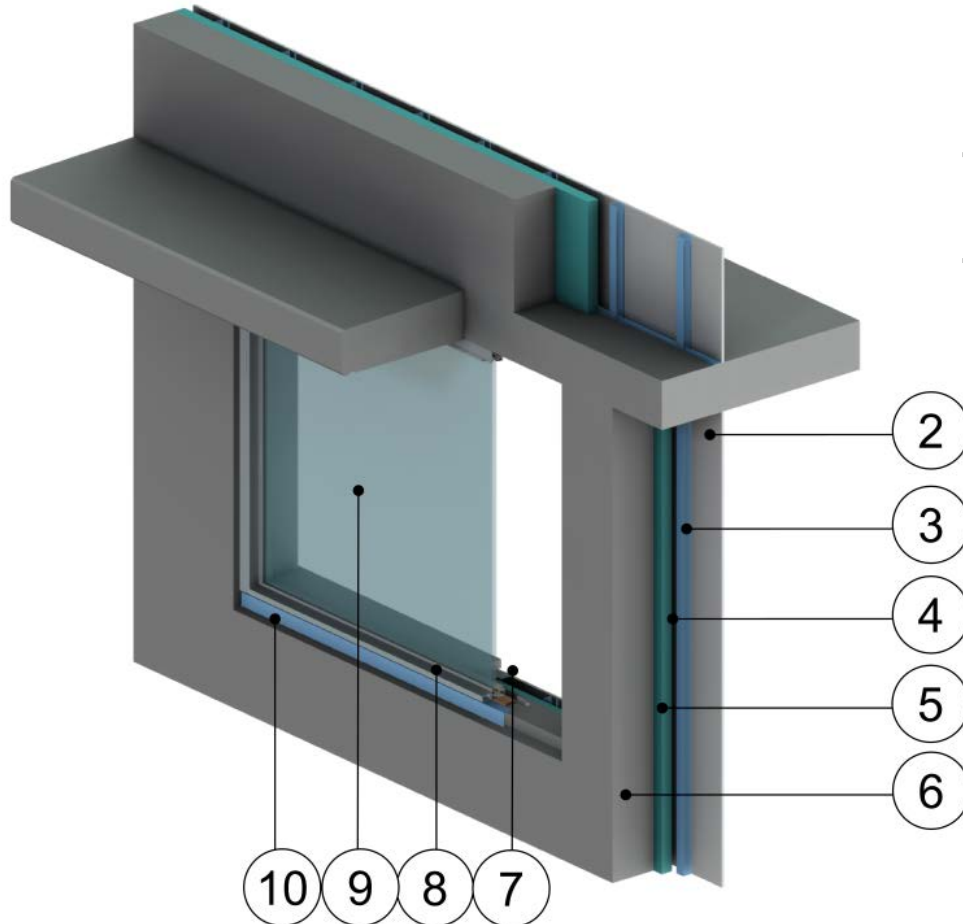
$$Q = \left[ U_o \cdot A + \sum (\Psi_i \cdot L_i) + \sum (\chi_j \cdot n_j) \right] \cdot \Delta T$$

- $U_o$  is the “clear field” assembly heat transmittance
- $A$  is the area of the assembly, including all details in the analysis area
- $\Psi_i$  (psi) linear heat transmittance value for detail “i”
- $L_i$  is the total length of the linear detail “i” in the analysis area
- $\chi_j$  (chi) point heat transmittance value of detail “j”
- $N$  is the number of point thermal bridges of type “j” in the analysis area

**Coefficients for some scenarios may be found in ASHRAE 1365 Report, BC Hydro Guide**

# Example: Balcony /exposed slab edge

- 8" concrete
- 3" of continuous XPS insulation on interior
- 2.5" steel stud
- drywall

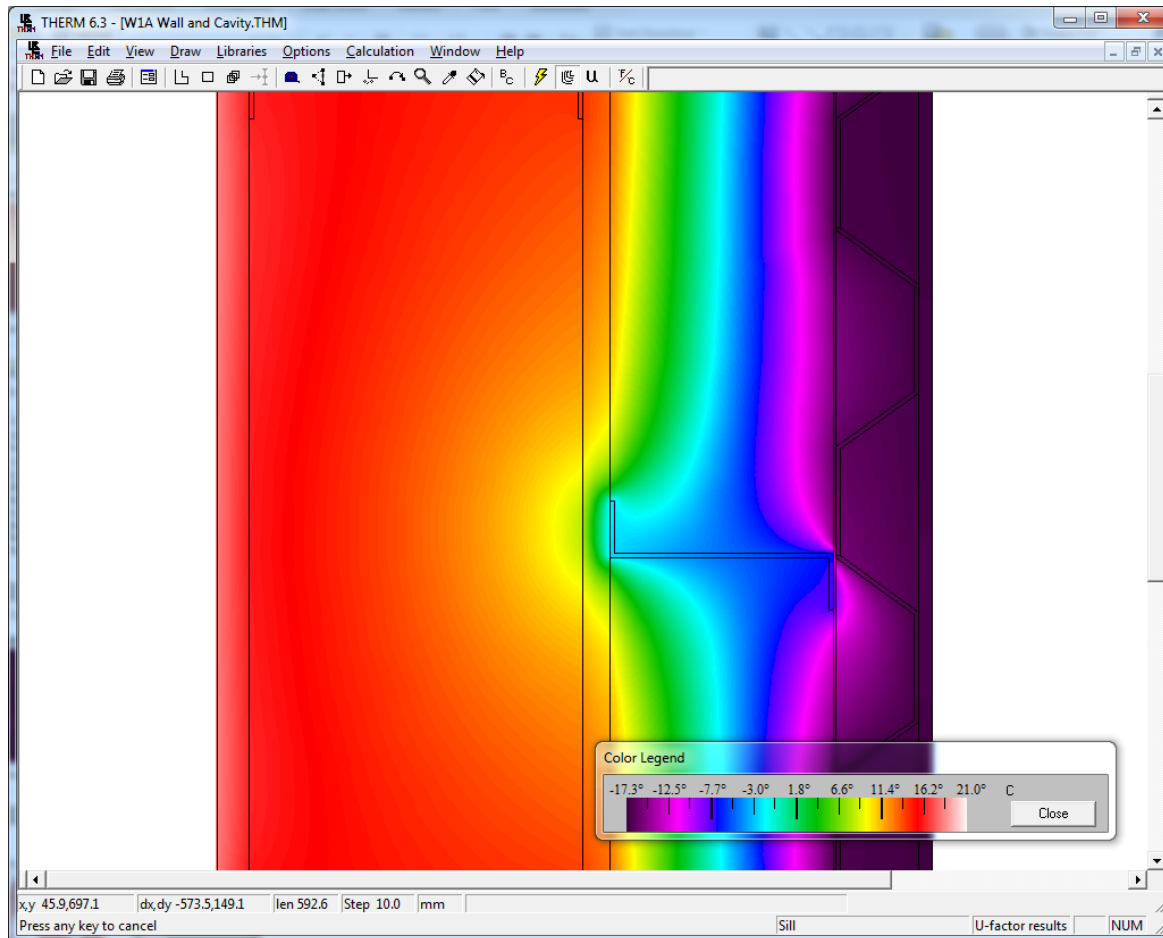


Clear-wall R-17.5  
 $U_{cw} = 0.057 \text{ BTU/hr/ft}^2/\text{ }^\circ\text{F}$

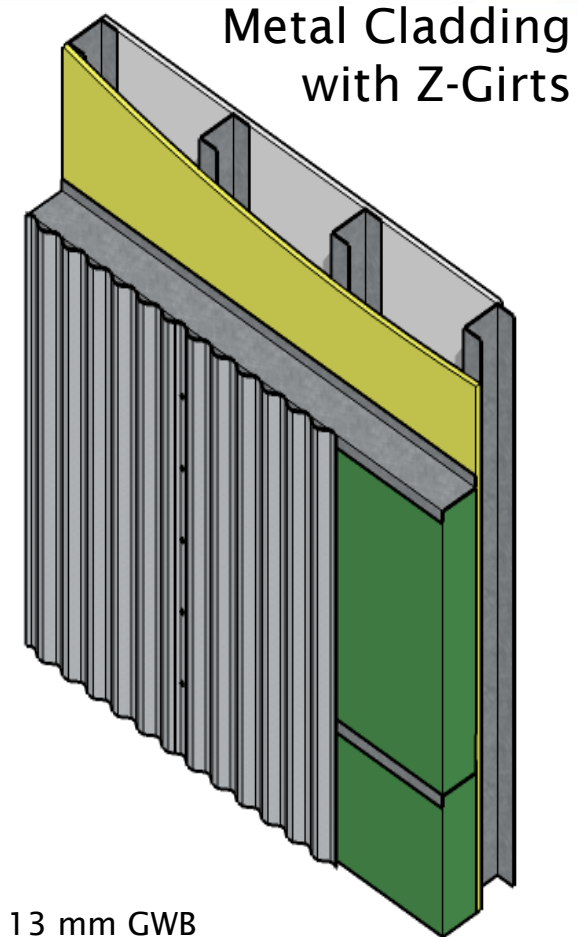
$\text{psi} = 0.539 \text{ BTU/hr/ft}/\text{ }^\circ\text{F}$

Therefore, one linear foot of this detail is equal to 9.4 square feet of wall above it i.e.,  $0.539/0.057 = 9.4$

# 3. Computer Modeling



**Nominal R-18**  
**Modeled  $R_{cw}$  - 8.6**



- ½" 13 mm GWB
- 4" 102 mm steel stud @ 400 mm oc
- ½" 13 mm exterior sheathing
- 4" 102 mm z-girt @ 600 mm oc with R-16.8 semi-rigid
- Metal siding



# Thermal bridging - Windows

$$U_{\text{window}} = 0.4 = R2.5$$

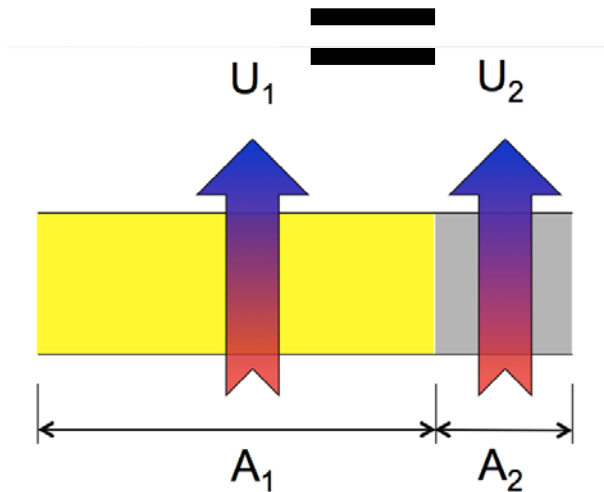
R-20 wall

50% of Area

+

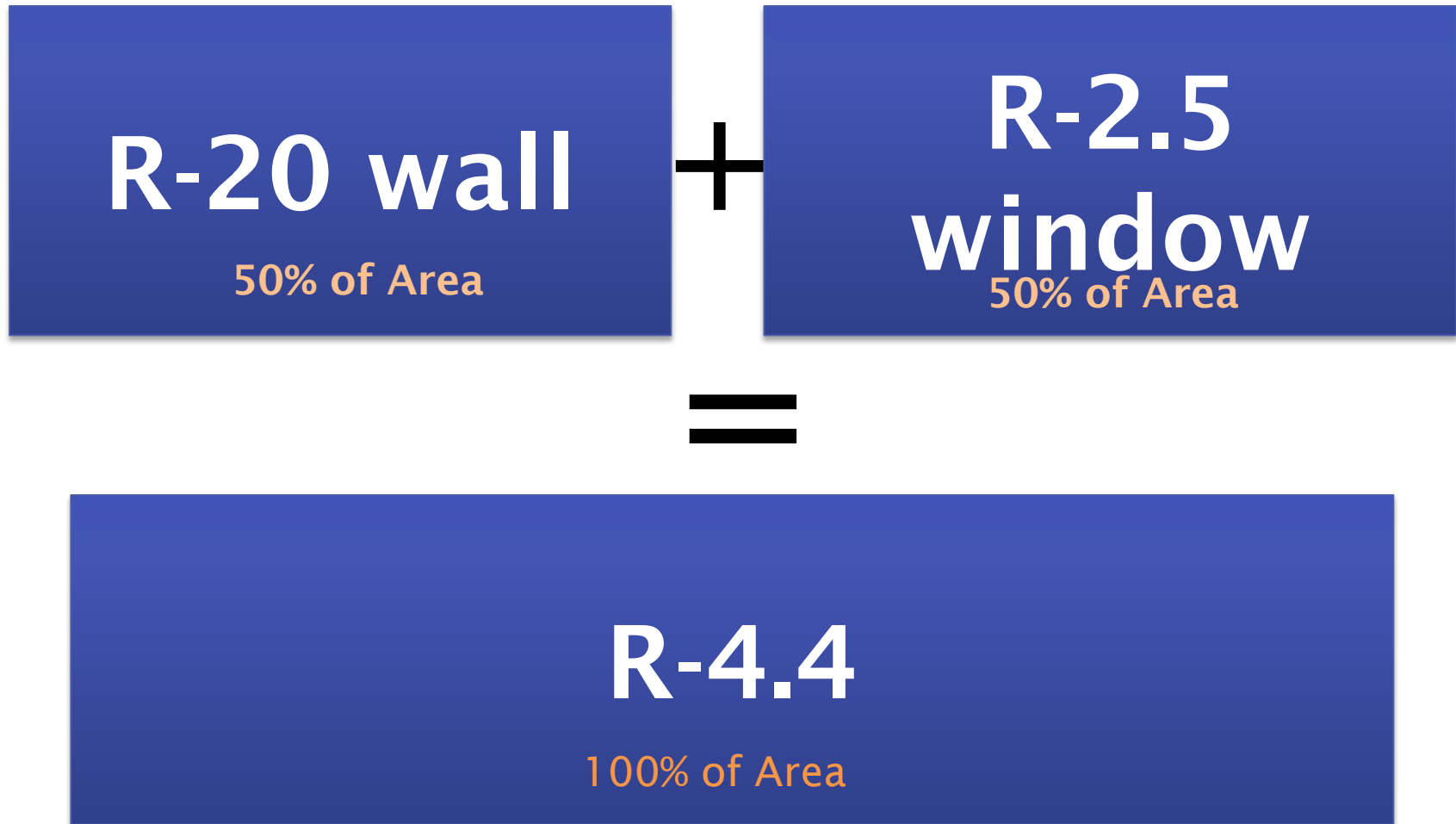
R-2.5  
window

50% of Area



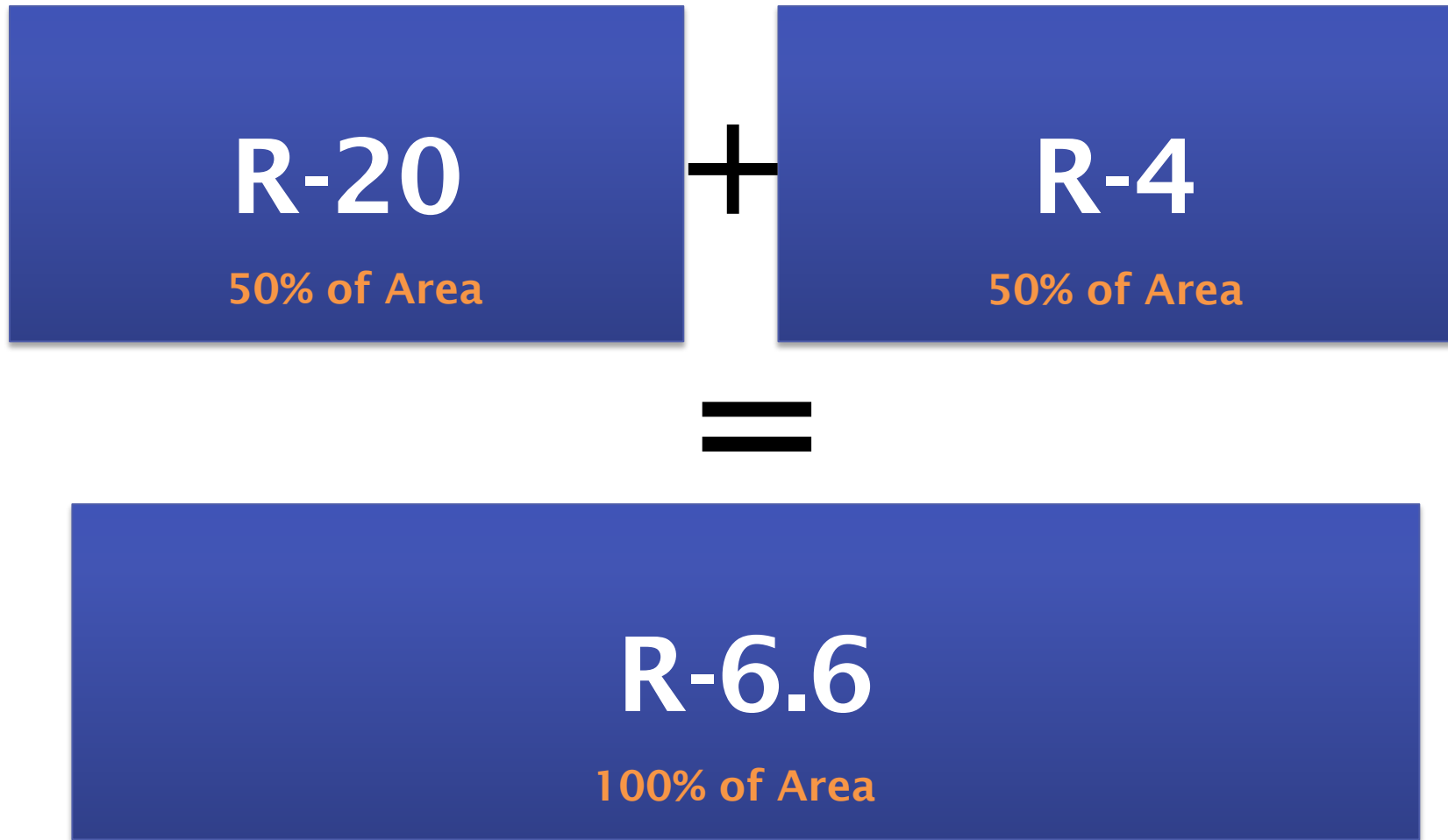
$$U_{\text{avg}} = \frac{U_1 \times A_1 + U_2 \times A_2}{A_{\text{total}}}$$

# Thermal bridging - Windows



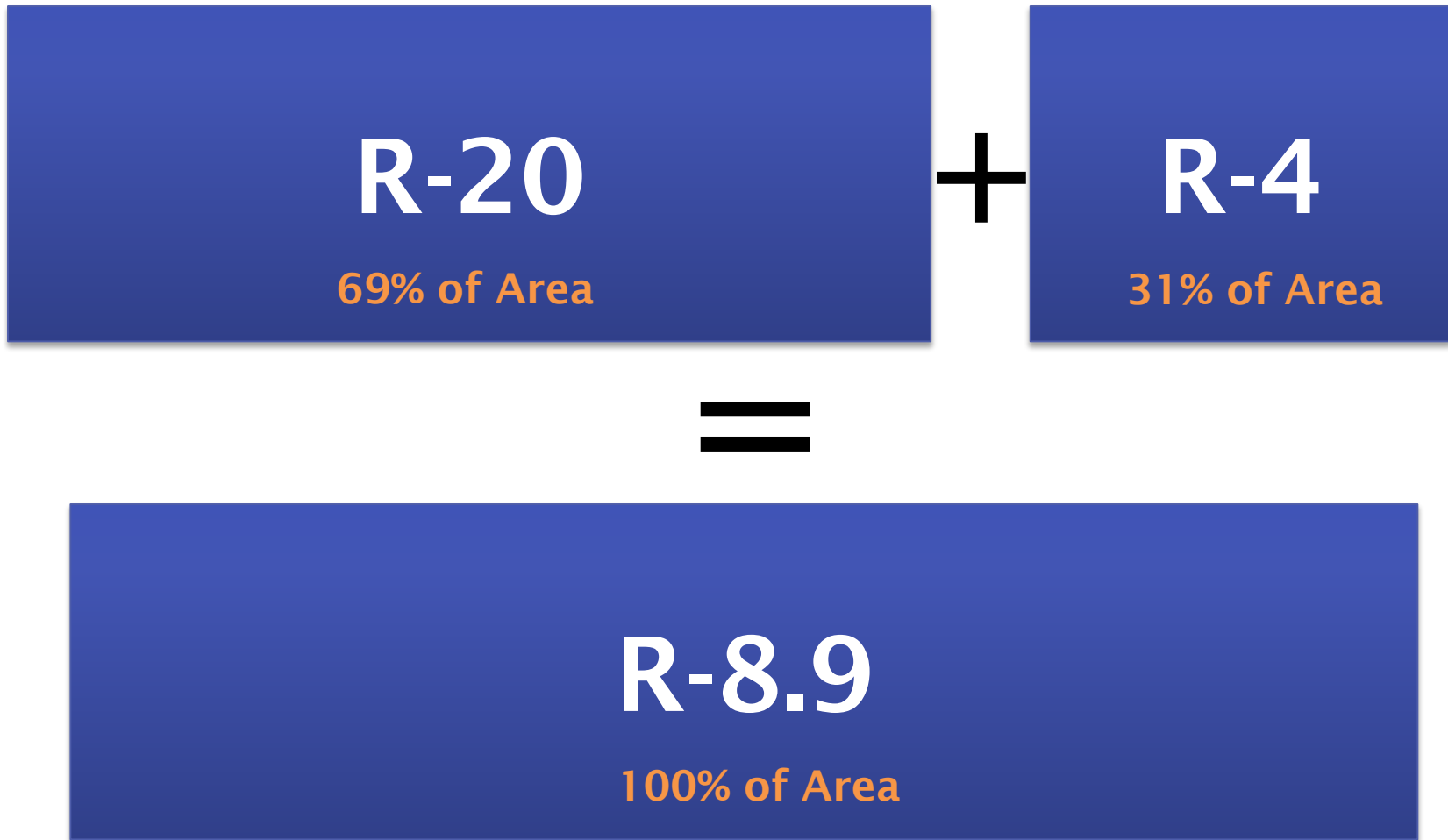
$$1/20 * 0.50 + 1/2 * 0.50 = 0.05 * .5 + 0.5 * .5 = 0.025 + 0.25 = 0.275, \text{ and } 1/0.275 = 3.63$$

# Thermal bridging - Windows



*Add R-2 to windows, significantly reduce heat loss/gain from building*

# Thermal bridging - Windows



# Thermal Bridging - Floor Slabs

**R-20**  
8 ft clear

=

**R-??**

**+**  
8" slab edge  
**R-1.2**

8'8" full-height

# Thermal Bridging - Floor Slabs

**R-20**  
8 ft clear

=

**R-9.0**

+  
8" slab edge  
**R-1.2**

8'8" full-height

## 4. Concrete Systems

- Precast
- Cast-in Place
- Masonry



# Concrete Systems

- All Concrete systems have **mass-benefit** where allowed codes
- **Basic principles** of calculating thermal performance are the **same**
- **Different systems** have slightly **different tips** and tricks to calculate thermal bridges



# Precast Concrete

- Architectural Precast
- Sandwich panels
- Total Precast

# Architectural Precast

# Architectural Precast

- Single-wythe hung off building
- Exterior finish and air-water control
- Insulation added to the inside
- Thermal bridge at floor is possible
  - Easy to minimize with fire stopping insulation

# Architectural Precast



R-10 to R-30

Outer sealant on backer rod

Outward slope is preferred but horizontal is acceptable

Inner sealant on backer rod continuous for water and air control continuity

Outer seal drained at vertical joints

**Note:** Precast concrete is the water and air control layer between joints

Panel connection cast into panel c/w leveling shims; fill with spray foam to control convection of air

Smoke seal (air seal) and firestop

Fill space between slab edge and back or panel with mineral fiber firestop

Line of outer sealant at panel joints as rainscreen and finish

Line of inner sealant at joints: air seal and drainage plane

Precast panel (installed first)

Steel alignment plate completely sealed from interior air by spray foam

Gypsum board

Steel stud

Air-impermeable spray or board insulation

Cast in place anchor

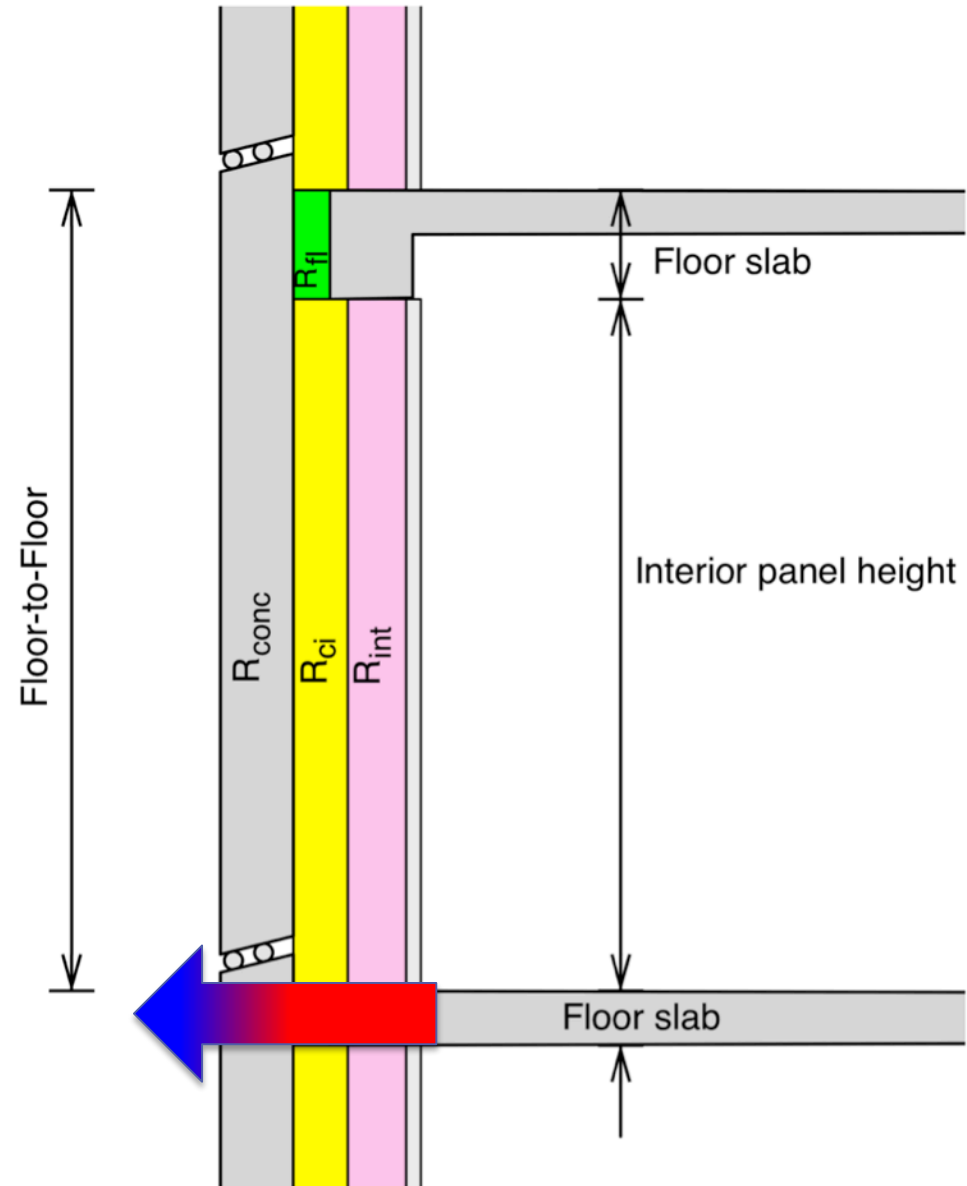
Ensure airflow control continuity from the wall past the slab (including behind any columns)

Structural columns and walls should be held back from slab edge to allow for installation of air and thermal control layers

From: CPCI Rain Control Guide, 2013

# Architectural Precast

→ Floor slab-edge insulation critical

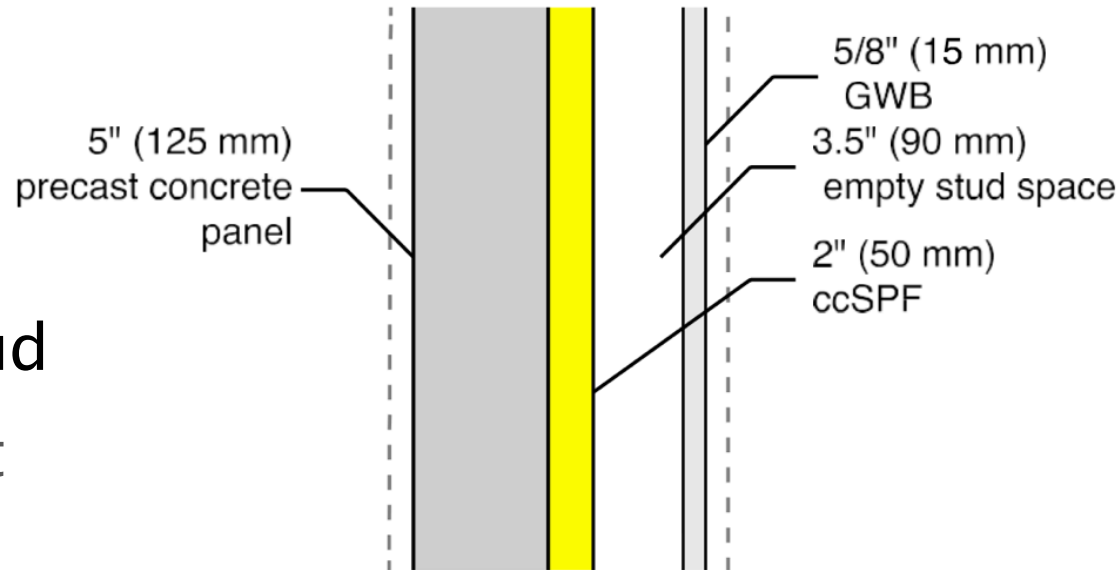


# Architectural Precast: Example

→ Clear-wall R-value

→ R-14.5 w/empty stud

→ R-19.7 w/ R-13 batt



Layer	R-value
5" (125 mm) concrete	0.30
2" (51 mm) ccSPF insulation	12.0
3.5" empty stud/films/GWB	2.19
<b>Total</b>	<b>14.5</b>

# Supporting tables from Guide

Material	Conductivity (R/inch)	R-value at 2"	R-value at 2.5"	R-value at 3"	R-value at 3.5"	R-value at 4"
Open-cell foam ( <u>ocSPF</u> )	3.8	7.6	9.5	11.4	13.3	15.2
Spray Cellulose	3.8	7.6	9.5	11.4	13.3	15.2
Mineral Wool semi-rigid	4.0	8.0	10.0	12.0	14.0	16.0
Expanded polystyrene Type 2		<u>same as semi-rigid mineral wool</u>				
Extruded polystyrene	5.0	10.0	12.5	15.0	17.5	20.0
Polyisocyanurate	5.5	11.0	13.8	16.5	19.3	22.0
<u>ccSPF</u>	6.0	12.0	15.0	18.0	21.0	24.0
Reinforced Concrete	0.06	0.12	0.15	0.18	0.21	0.24

Cavity Depth		Rated Cavity R-value	Layer R <sub>cw</sub> -value @ 16 inch centres	Layer RSI <sub>cw</sub> @ 405 mm centres
In	mm			
2.5	64	Empty	2.15	0.37
3.5	89	Empty	2.19	0.39
		R-13	7.4	1.31
		R-15	7.8	1.38
6.0	152	Empty	2.24	0.39
		R-19	8.5	1.50
		R-21	8.8	1.55
		R-24 (4" ccSPF)	9	1.59

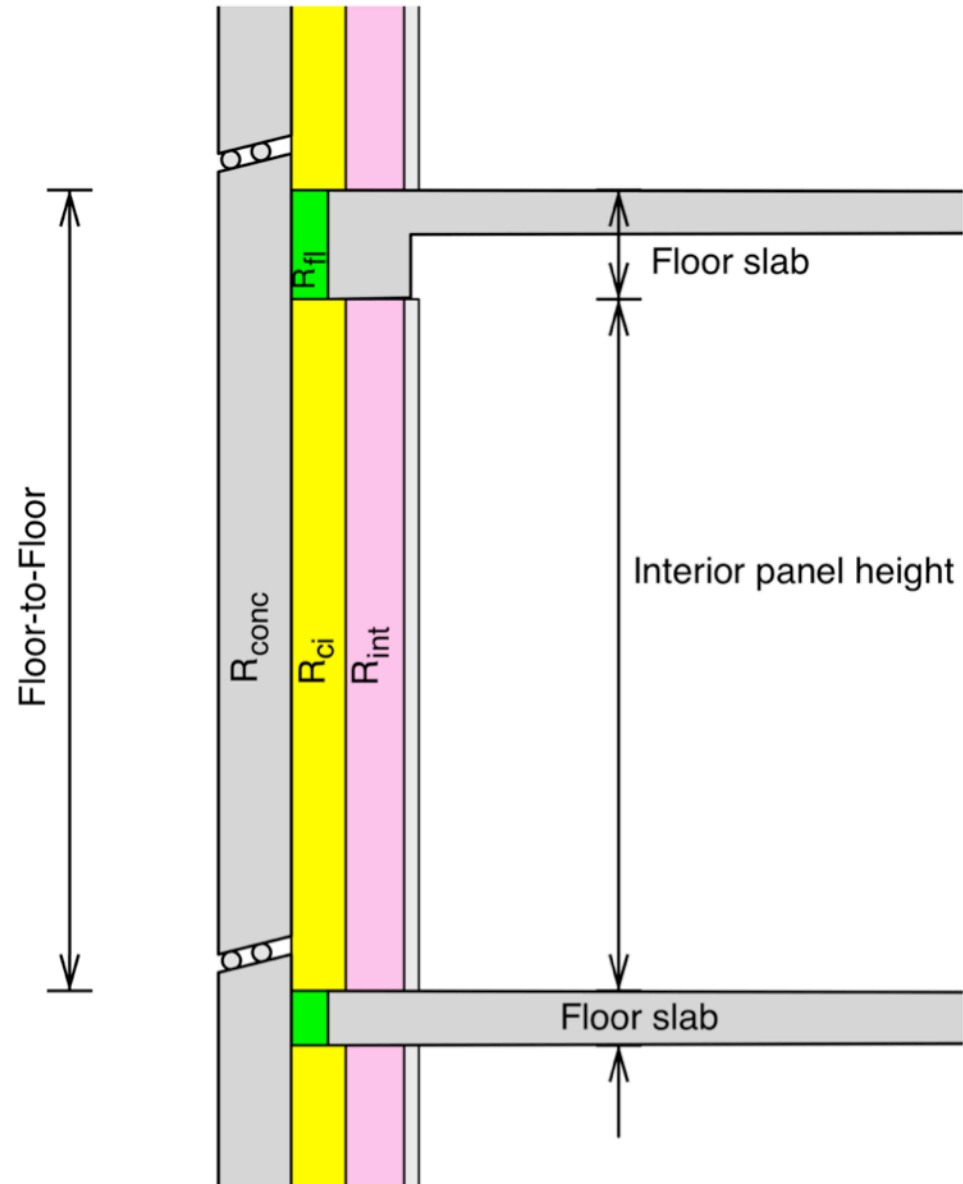
Note: "ccSPF" is closed-cell Sprayed Polyurethane Foam insulation



# Architectural Precast

→ Floor slab-edge insulation critical

Stonewool Firestopping Thickness (in.)	Effective Slab R-value
1	4.75
1.5	6.83
2	8.90
2.5	11.00
3	13.10
3.5	15.15
4	17.20
$t > 4''$	$4.0 * t + 1.2$



# Architectural Precast: Whole-wall Example

$$R_{ww} = 1 / \{ [(FF - T_{fl}) / FF] / R_{cw} + (T_{fl} / FF) / R_{fl} \}$$

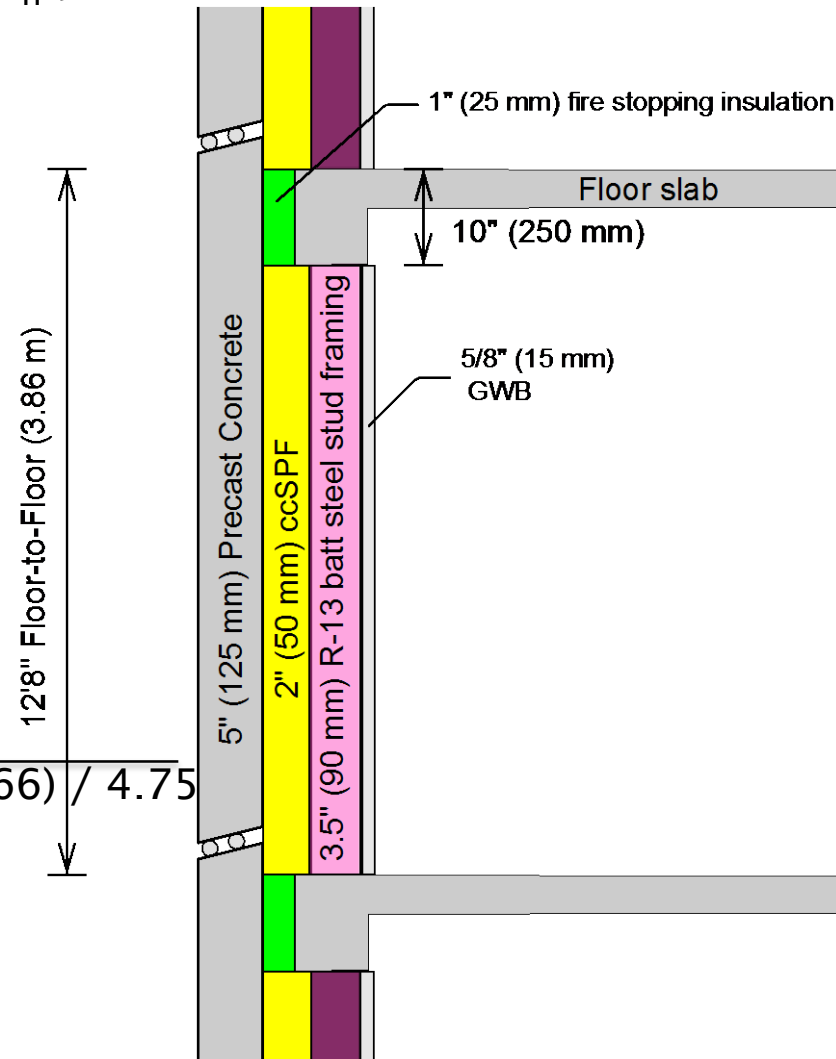
where

- $R_{ww}$  is the whole-wall R-value (incl. impact of slab)
- FF is the floor-to-floor height
- $T_{fl}$  is the floor slab thickness
- $R_{fl}$  is R-value of the floor-wall assembly (from table)
- Clear-wall R-19.7 (from before)

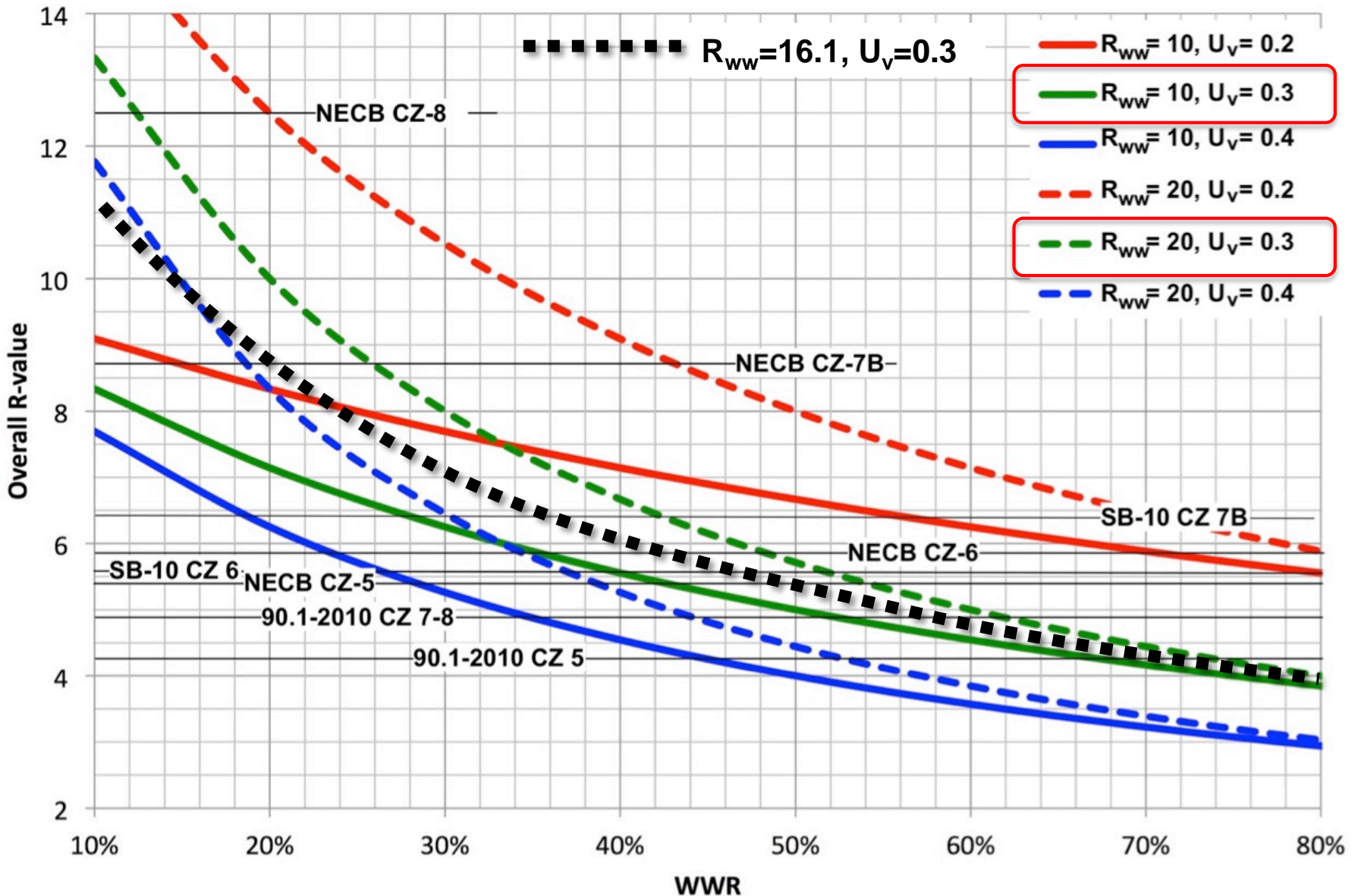
$$R_{ww} = \frac{1}{[(12.66 - 0.83) / 12.66] / 19.7 + (0.83 / 12.66) / 4.75}$$

→  $R_{ww}$ -16.1

→  $R_{ww}$ -18.0 if gap changed to 2"



# Overall R-value vs some codes



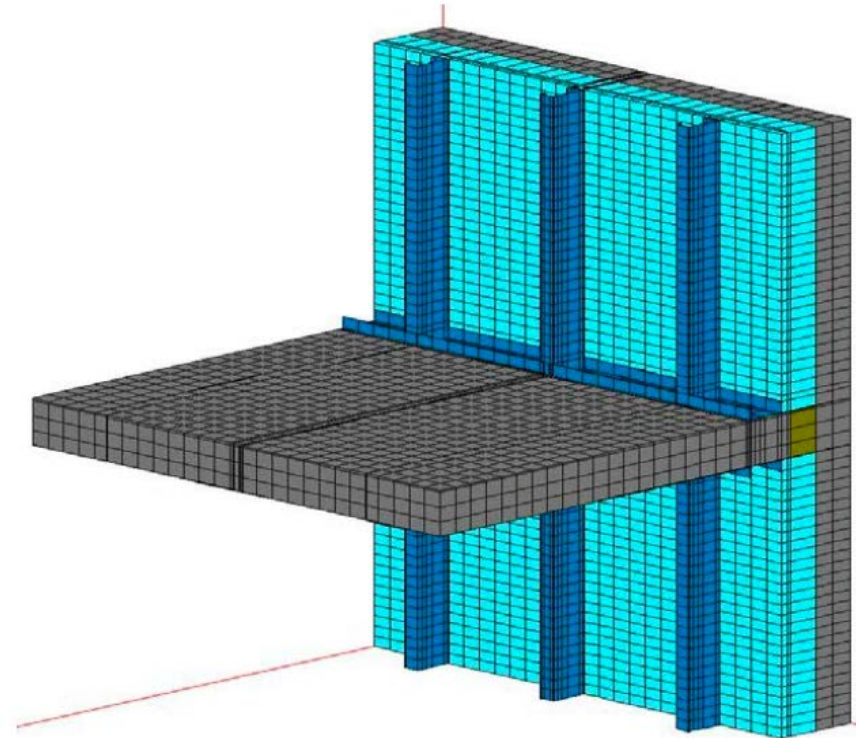
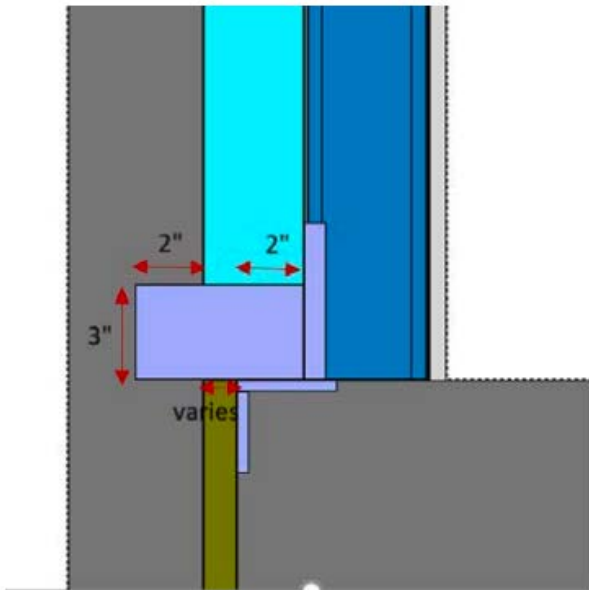
# Architectural Precast: Tables

→ Whole-wall

8" floor slabs			Floor-to-floor height (ft)						
Rcw	Slab edge (in)		9	10	12	14	16	20	24
2.1	1		2.2	2.2	2.2	2.2	2.2	2.2	2.1
	2		2.3	2.3	2.2	2.2	2.2	2.2	2.2
7.4	1		7.0	7.0	7.1	7.1	7.2	7.2	7.2
	2		7.5	7.5	7.5	7.5	7.5	7.5	7.5
8.5	1		7.8	7.9	8.0	8.0	8.1	8.2	8.2
	2		8.5	8.5	8.5	8.5	8.5	8.5	8.5
10	1		8.9	9.0	9.2	9.3	9.4	9.5	9.6
	2		9.9	9.9	9.9	9.9	9.9	9.9	9.9
12	1		10.3	10.4	10.6	10.8	11.0	11.1	11.3
	2		11.6	11.6	11.7	11.7	11.7	11.8	11.8
14	1		11.5	11.7	12.0	12.3	12.5	12.8	12.9
	2		13.2	13.2	13.4	13.4	13.5	13.6	13.7
16	1		12.7	12.9	13.4	13.7	13.9	14.3	14.6
	2		14.7	14.8	15.0	15.1	15.2	15.4	15.5
18	1		13.7	14.1	14.6	15.0	15.3	15.8	16.1
	2		16.2	16.3	16.6	16.8	16.9	17.1	17.3
20	1		14.7	15.1	15.8	16.3	16.7	17.2	17.6
	2		17.6	17.8	18.1	18.4	18.6	18.8	19.0
24	1		16.5	17.1	17.9	18.6	19.1	20.0	20.5
	2		20.2	20.5	21.0	21.4	21.7	22.1	22.4
28	1		18.1	18.8	19.9	20.7	21.4	22.5	23.3
	2		22.6	23.1	23.8	24.3	24.7	25.3	25.7
	3		24.9	25.1	25.6	25.9	26.1	26.5	26.7
32	1		19.5	20.3	21.6	22.7	23.6	24.9	25.8
	2		24.8	25.4	26.3	27.0	27.5	28.3	28.9
	3		27.6	28.0	28.6	29.0	29.4	29.8	30.2

# Architectural Precast: Anchors

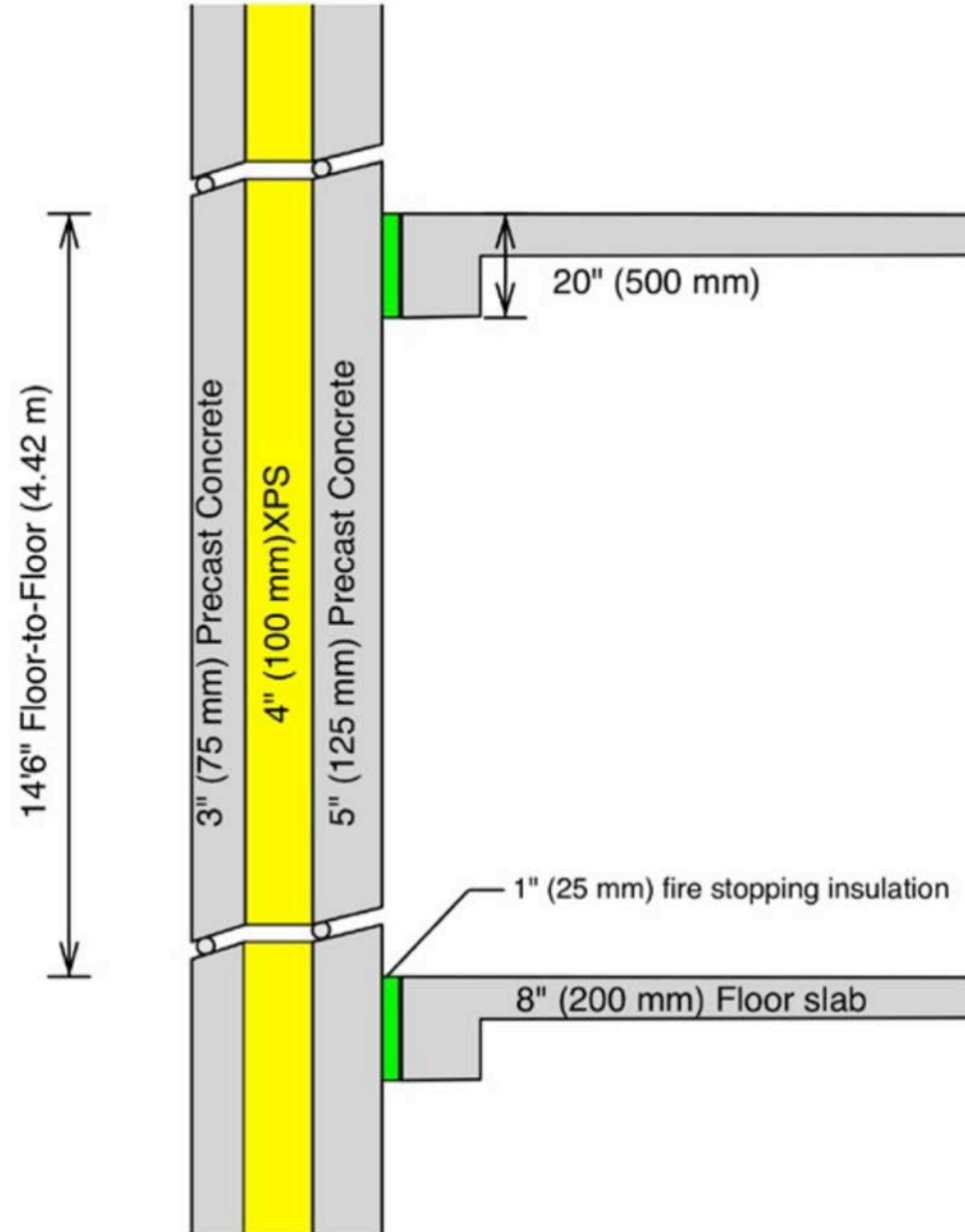
- Modest thermal bridge in most cases
- Not required to be accounted for by most codes
- Data and techniques in Guide
- Small impact, about 5%-10%



# **Sandwich (Multi-wythe) Panels**

# Multi-wythe Sandwich panels

- Complete system
- Continuous insulation
  - Anchors and floors have no impact
- No need to do complex calculations

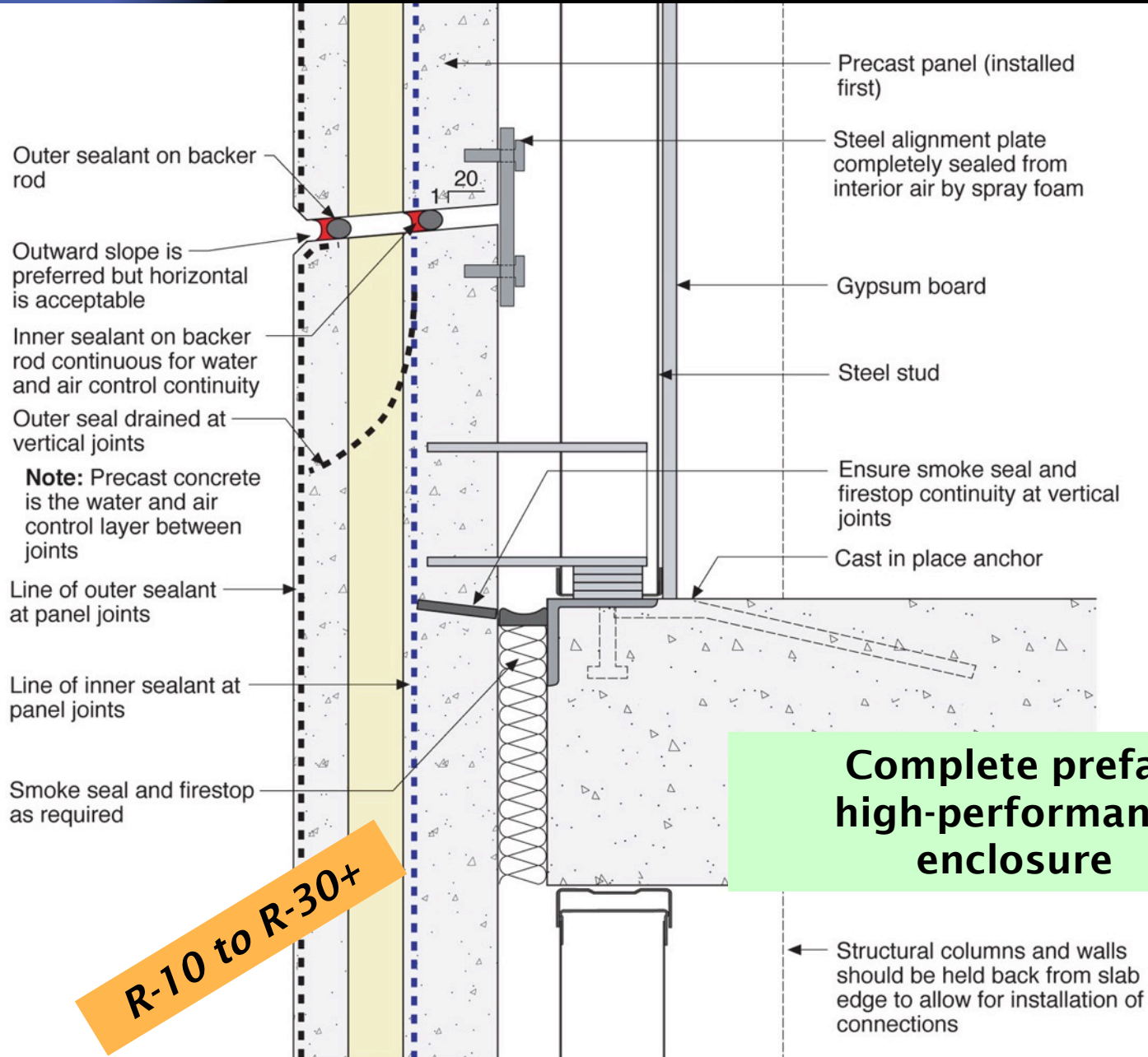


**Waterloo Region Courthouse**  
NORR Architects





# Multi-wythe Insulated Sandwich panels



# Multi-wythe Insulated Sandwich panels

→ E.g. 4" thick XPS insulation between 3" outer wythe and 6" inner wythe

→ Answer... about R21

→ note: 8" of concrete provides negligible R-value! (relative to insulation) (but mass effect)

Insulation Thickness (in)	Insulation Type		
	R4/in (MW/EPS)	R5/in (XPS)	R5.5/in (PIC)
2	9.4	11.4	12.4
2.5	11.4	13.9	15.1
3	13.4	16.4	17.9
3.5	15.4	18.9	20.6
4	17.4	21.4	23.4
4.5	19.4	23.9	26.1
5	21.4	26.4	28.9
6	25.4	31.4	34.4
8	33.4	41.4	45.4

*Note: Insulation values include air films and 7" (178 mm) of concrete, but assume inter-wythe connections have negligible impact on heat flow*

Insulation Thickness (mm)	k=0.036 W/mK (MW/EPS)	k=0.029 W/mK (XPS)	k=0.026 W/mK (PIC)
51	1.65	2.00	2.18
64	2.00	2.44	2.66
76	2.35	2.88	3.14
89	2.70	3.32	3.63
102	3.06	3.76	4.11
114	3.41	4.20	4.60
127	3.76	4.64	5.08
152	4.46	5.52	6.05
203	5.87	7.28	7.99

# Inter-wythe Connectors

- Uninsulated panel edges and embeds can be very significant... avoid if at all possible
- Connectors reduce thermal performance
  - Typical steel connections around 5-15% heat loss
- Stainless steel connectors have  $\frac{1}{4}$  the thermal conductivity of steel (so only add 1-5% loss)
- Composite connectors have low conductivity ... but need to be larger in area /more in # for equal strength

# Total Precast

# Single-wythe Total Precast

- Load-bearing structure and exterior finish panels
- Demising walls, stairwells, elevator core all precast
- Thermal bridging at floor slab penetrations need to be accounted for
  - Can be significant heat loss

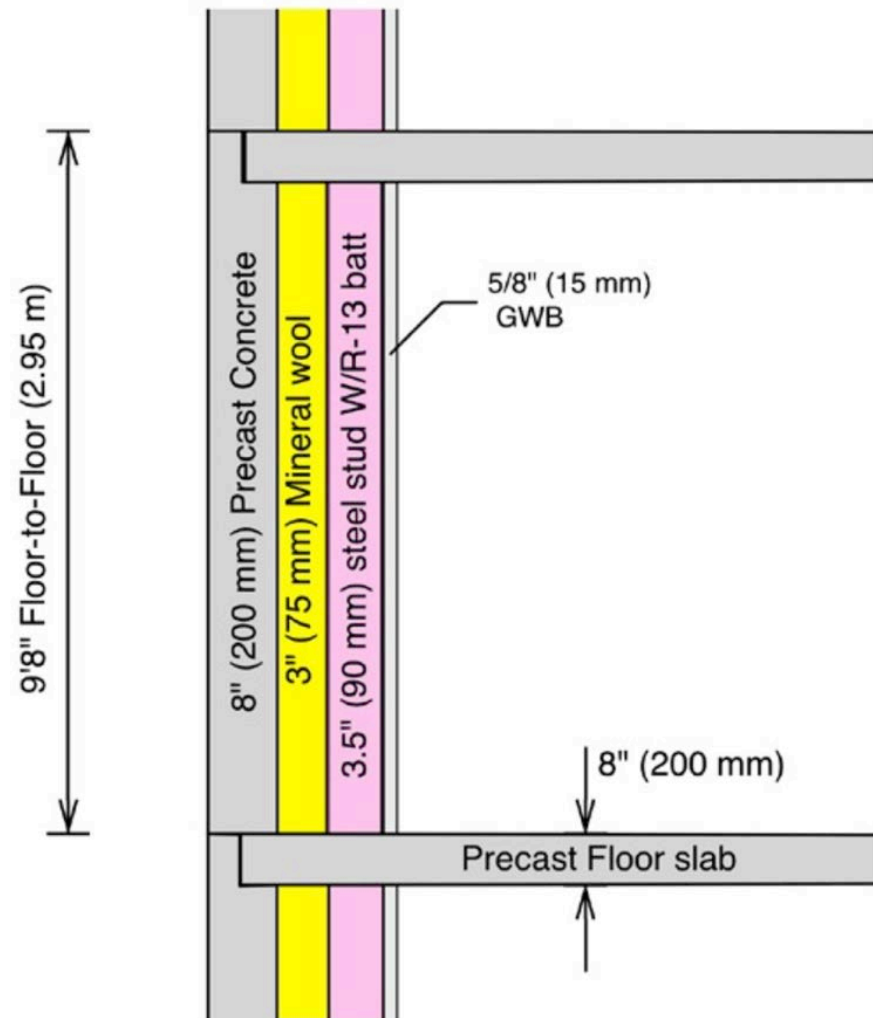
# Total Precast (MURB)



Waterloo, ABA Architects

# Total Precast: Example

- Clear-wall R
  - Easy to get high values
- Whole-wall R
  - Floor slabs impact
- Estimate thermal performance with parallel path method
  - *Use R-1.2 for slab*



# Total Precast: Whole-wall Example

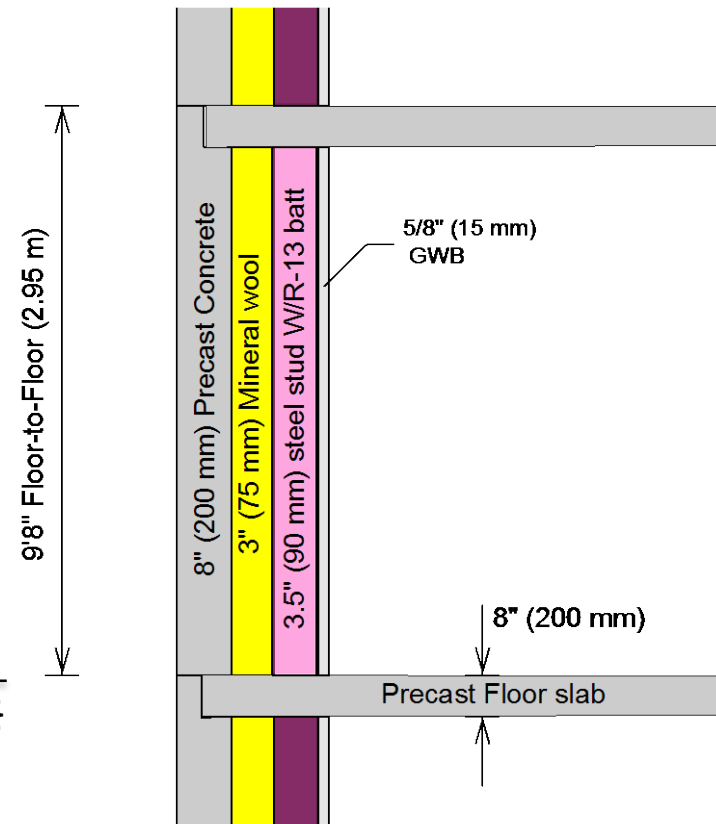
$$R_{ww} = 1 / \{ [ (FF - T_{fl}) / FF ] / R_{cw} + (T_{fl} / FF) / R_{fl} \}$$

where

- $R_{ww}$  is the whole-wall R-value (incl. impact of slab)
- FF is the floor-to-floor height
- $T_{fl}$  is the floor slab thickness
- $R_{fl}$  is R-value of the floor-wall assembly (R-1.2 from Guide)
- $R_{cw}$  is clear-wall R-20

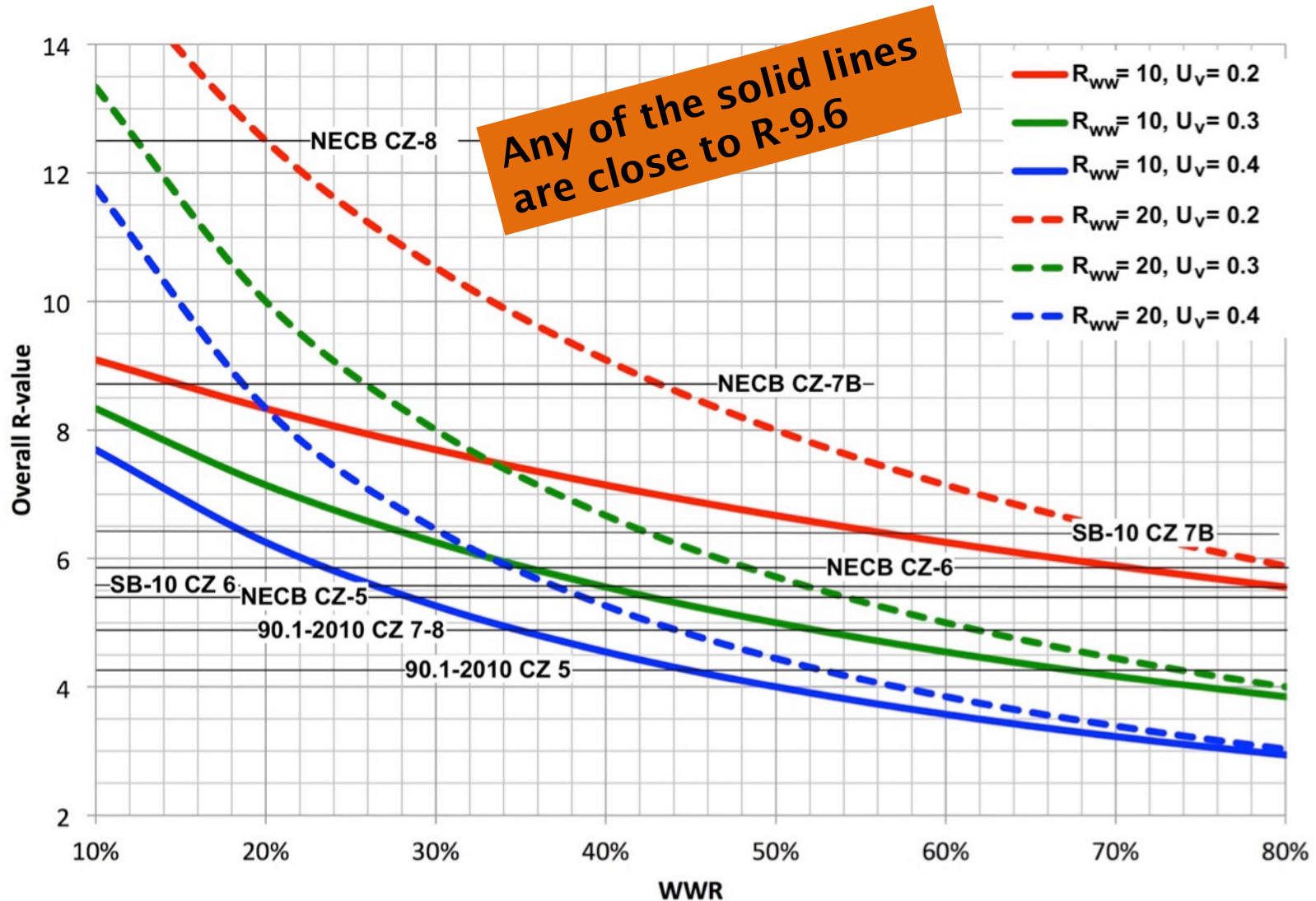
$$R_{ww} = \frac{1}{[(9.66 - 0.66) / 9.66] / 20 + (0.66 / 9.66) / 1.2}$$

→  $R_{ww} = 9.6$





# Overall R-value vs some codes



# Total Precast: Table

→ Floor slab penetrations matter!

$R_{ww}$	<i>floor-to-floor (ft)</i>				
	<b>9</b>	<b>9.66</b>	<b>11</b>	<b>12</b>	<b>16</b>
<b>5</b>	4.0	4.1	4.2	4.3	4.4
<b>7.5</b>	5.4	5.5	5.7	5.8	6.2
<b>10</b>	6.5	6.6	6.9	7.1	7.7
<b>12.5</b>	7.4	7.6	8.0	8.2	9.0
<b>15</b>	8.1	8.4	8.8	9.2	10.1
<b>17.5</b>	8.7	9.0	9.6	10.0	11.2
<b>20</b>	9.3	9.6	10.3	10.7	12.1
<b>25</b>	10.1	10.6	11.4	11.9	13.7
<b>30</b>	10.8	11.3	12.2	12.9	15.0
<b>35</b>	11.3	11.9	12.9	13.6	16.1
<b>40</b>	11.8	12.4	13.5	14.3	17.0

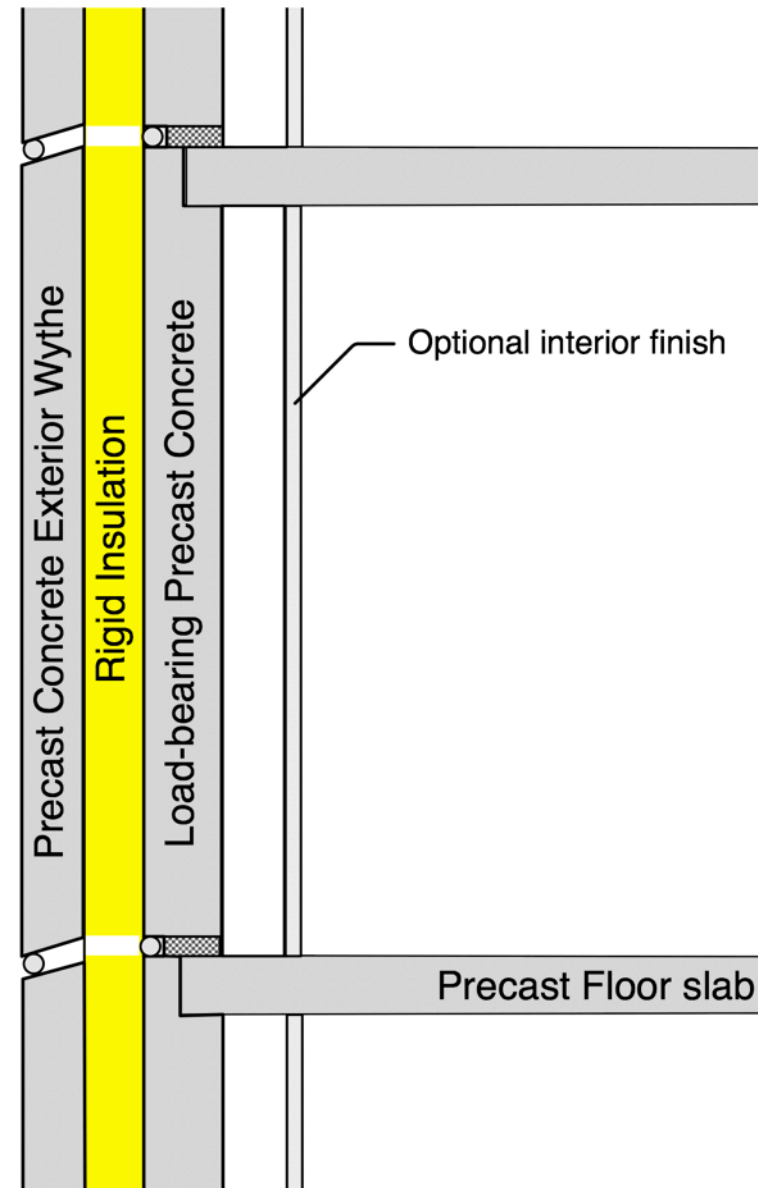
# Total Precast : Sandwich panel

- Total enclosure system
- Windows can be installed in plant



# Total Precast Sandwich

- No thermal bridges
- Balconies should be added to the exterior
- R-value just like non-load-bearing precast sandwich
- Estimate of performance:  
Insulation value



# Cast-in-Place Systems

- Conventional CIP
- Insulated Concrete Forms (ICF)
- Integrally-Insulated (Sandwich)

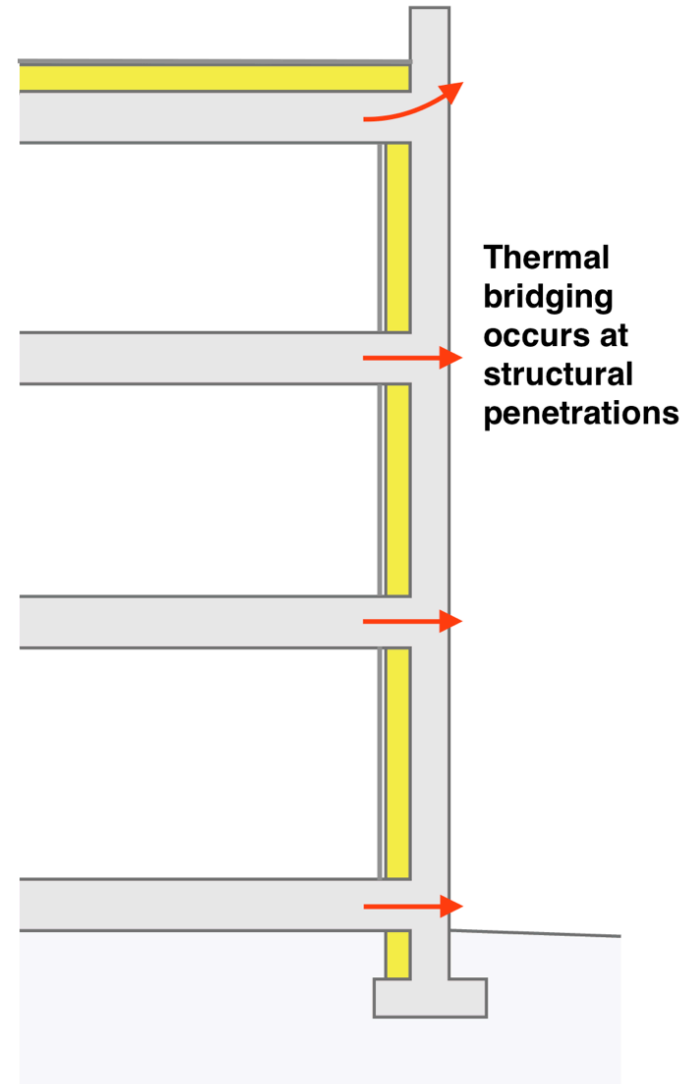
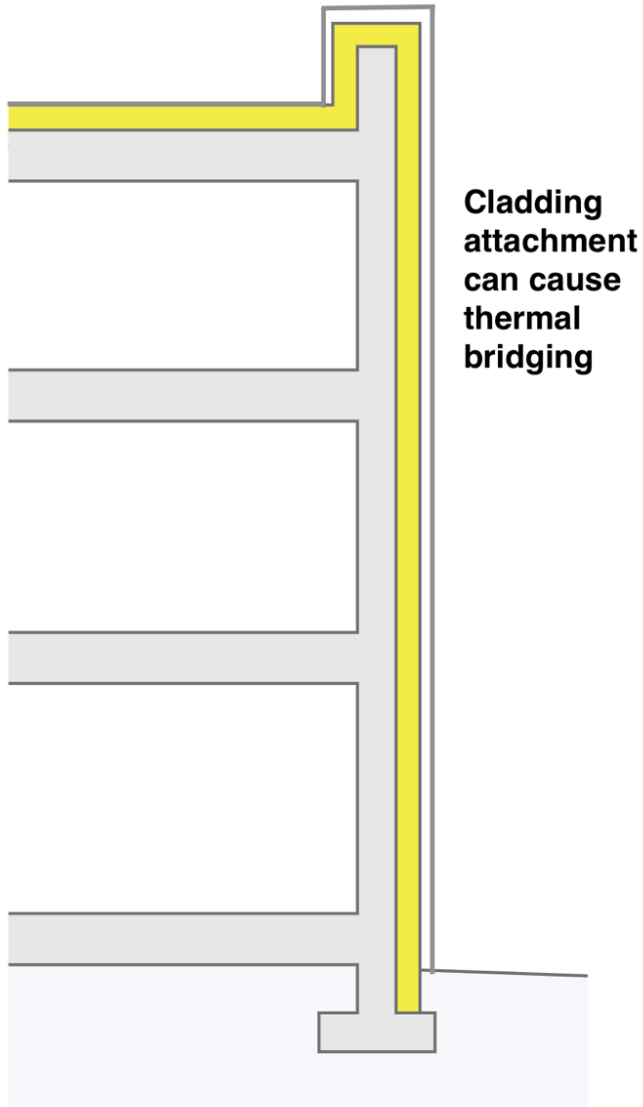
# Conventional CIP

# Concrete Structure

→ Any exterior enclosure system may be used



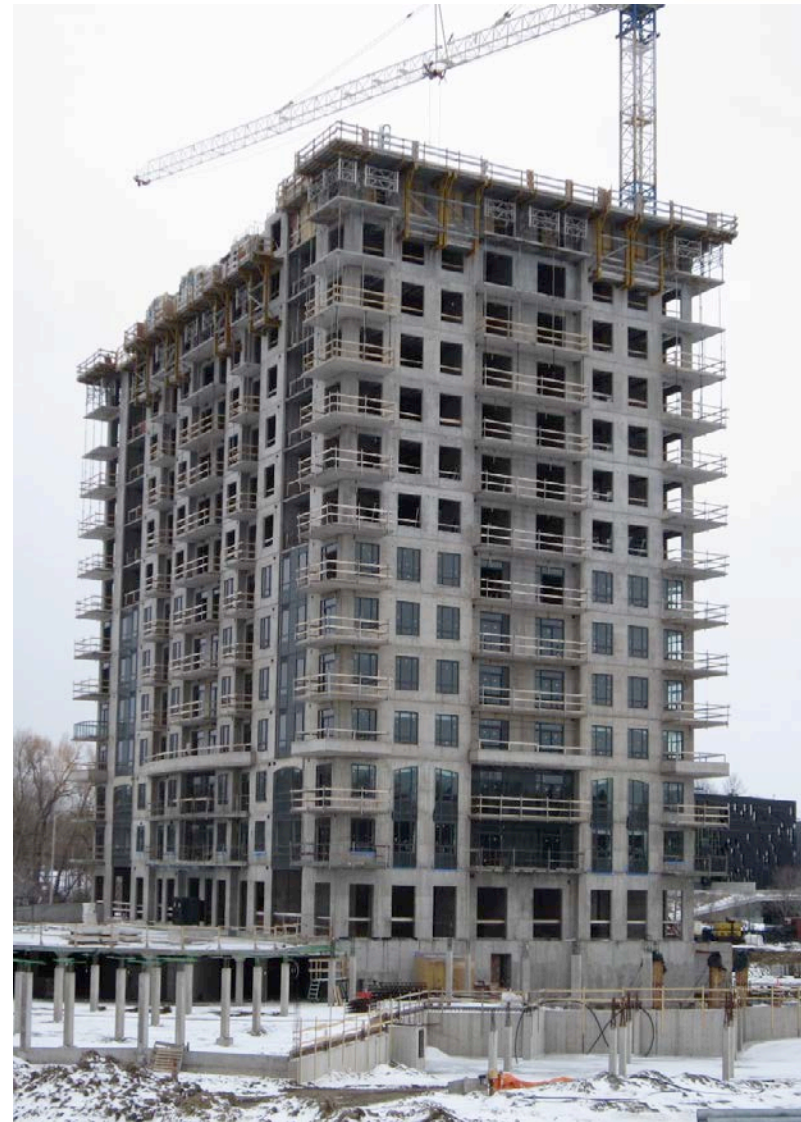
# Thermal bridging: structural penetration





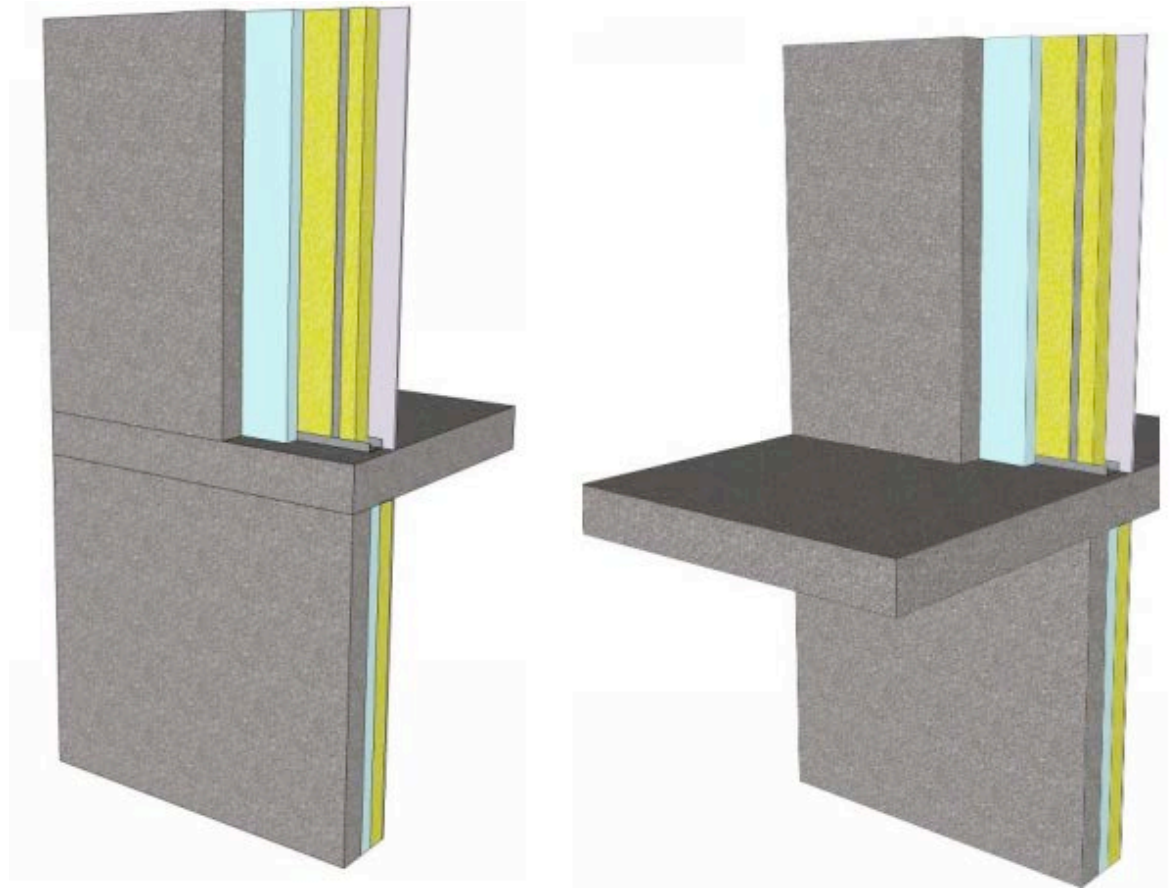
# Cast-in-place

- Long-used structurally
- Pierced shear wall can be exterior enclosure support
- CIP floor slabs tie into walls, interior partitions, elevators
- Interior or exterior insulation options available
- Can expose concrete as a finish

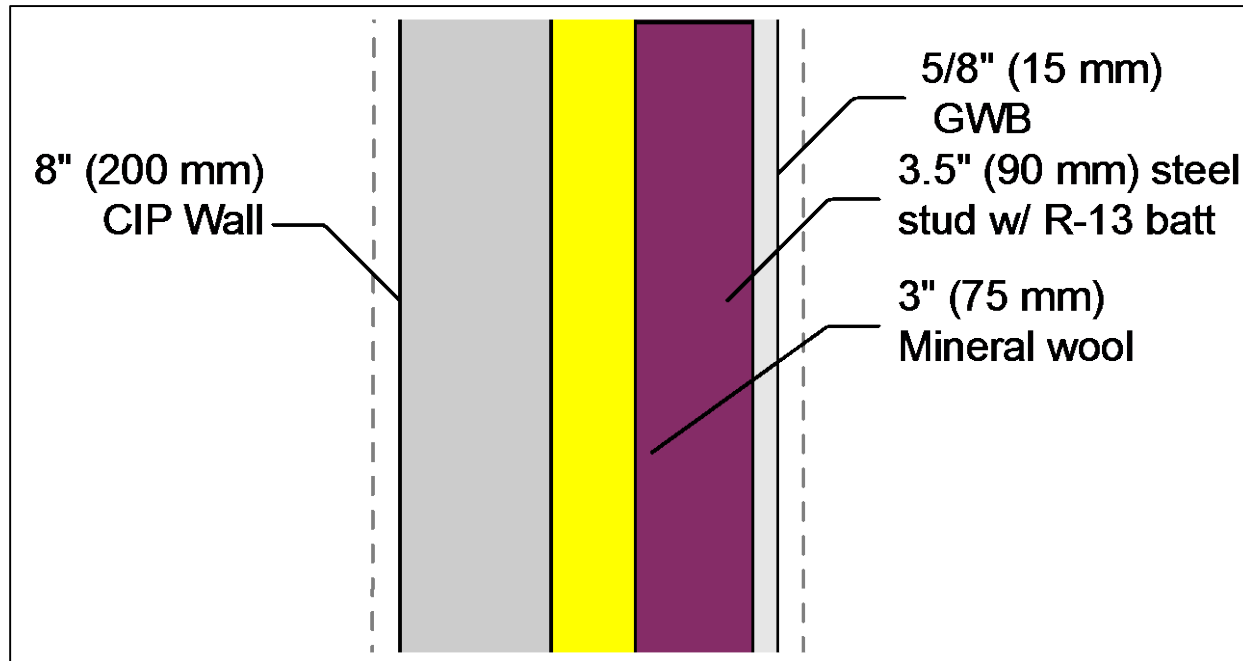


# CIP with Interior Insulation (Floor slab penetrating insulation)

- Identical to single-wythe total precast
- Thermal bypass of clear-wall insulation



# CIP Interior Insulation Example



Layer	R-value
8" (200 mm) concrete	0.40
3" (76 mm) MW insulation	12.0
3.5" R-13 stud/films/GWB	7.4
<b>Total</b>	<b>19.8</b>

# CIP Interior Insulation Example @ Floor Slab

- Wall is 9'8" (2.95 m) tall with a 8" (0.2 m) floor penetration
- From Guide, assume slab-edge acts as about R-1.2
- Clear-wall R-19.8
- Using parallel path method, the overall R-value is
  - R-9.6

$$R_{ww} = 1 / \{ [ (FF - T_{fl}) / FF ] / R_{cw} + (T_{fl} / FF) / R_{fl} \}$$

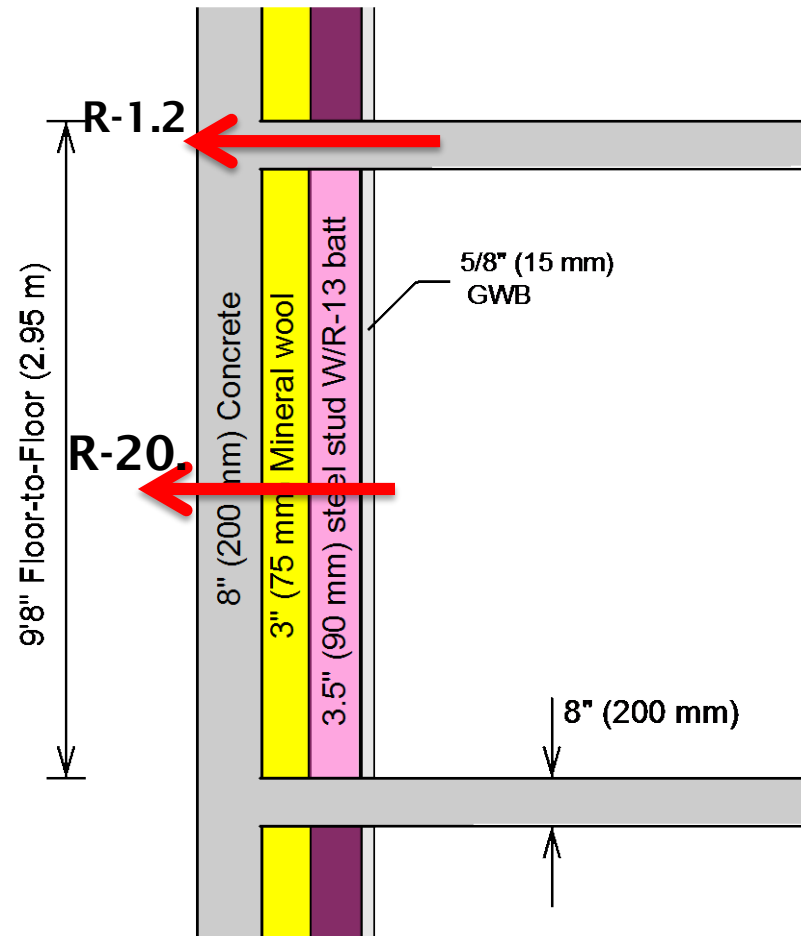
where

$R_{ww}$  is the whole-wall R-value of the wall panel

FF is the floor-to-floor height

$T_{fl}$  is the floor slab thickness

$R_{fl}$  is R-value of the concrete floor-to-wall assembly



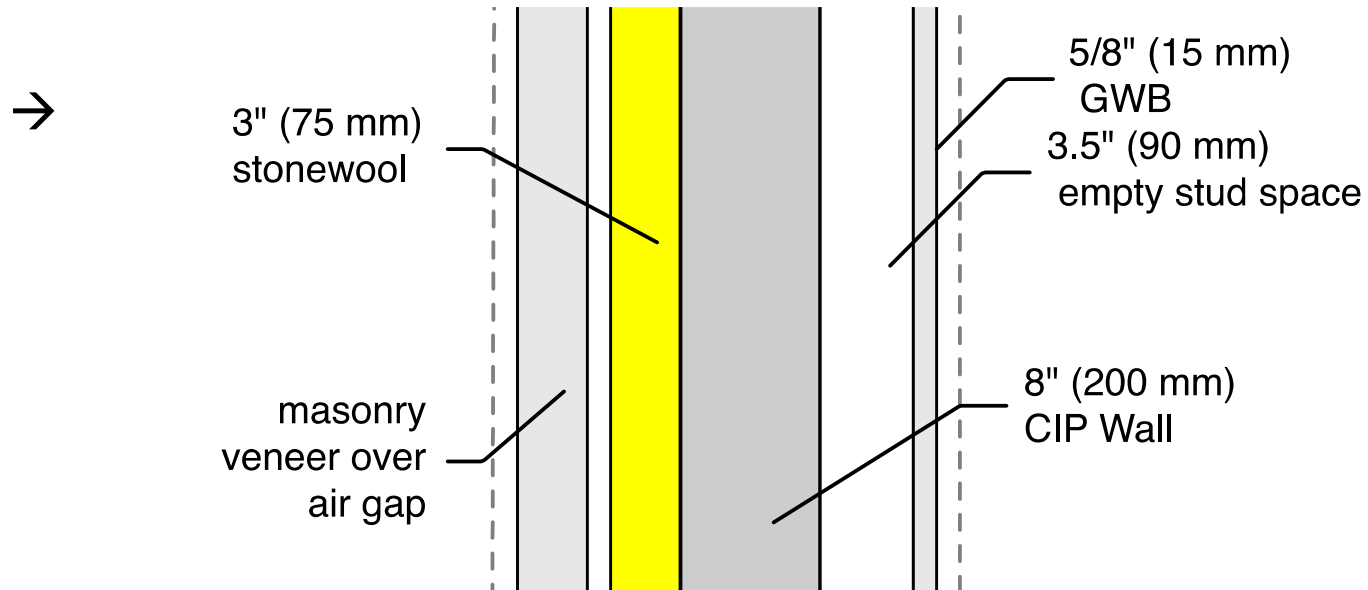
# Impact of Floor Slabs (I-P)

<u><math>R_{cw}</math></u>	<u>floor-to-floor (ft)</u>				
	9	10	11	12	16
5	4.0	4.1	4.2	4.3	4.4
7.5	5.4	5.6	5.7	5.8	6.2
10	6.5	6.7	6.9	7.1	7.7
12.5	7.4	7.7	8.0	8.2	9.0
15	8.1	8.5	8.8	9.2	10.1
17.5	8.7	9.2	9.6	10.0	11.2
20	9.3	9.8	10.3	10.7	12.1
25	10.1	10.8	11.4	11.9	13.7
30	10.8	11.5	12.2	12.9	15.0
35	11.3	12.2	12.9	13.6	16.1
40	11.8	12.7	13.5	14.3	17.0

# Impact of Floor Slabs (SI)

<u><math>RSI_{cw}</math></u>	<u>floor-to-floor (m)</u>				
	<b>2.74</b>	<b>3.05</b>	<b>3.35</b>	<b>3.66</b>	<b>4.88</b>
<b>0.88</b>	0.71	0.73	0.74	0.75	0.78
<b>1.32</b>	0.95	0.98	1.00	1.02	1.08
<b>1.76</b>	1.1	1.2	1.2	1.3	1.3
<b>2.20</b>	1.3	1.4	1.4	1.4	1.6
<b>2.64</b>	1.4	1.5	1.6	1.6	1.8
<b>3.08</b>	1.5	1.6	1.7	1.8	2.0
<b>3.52</b>	1.6	1.7	1.8	1.9	2.1
<b>4.40</b>	1.8	1.9	2.0	2.1	2.4
<b>5.28</b>	1.9	2.0	2.2	2.3	2.6
<b>6.16</b>	2.0	2.1	2.3	2.4	2.8
<b>7.04</b>	2.1	2.2	2.4	2.5	3.0

# CIP Exterior Insulation Example



Layer	R-value
3.5" Clay Veneer	0.45
1" Air gap	1.0
3" (76 mm) MW insulation	12.0
8" (200 mm) concrete	0.40
3.5" empty stud/films/GWB	2.19
<b>Total</b>	<b>16.0</b>

# Supporting tables from Guide

Material	Conductivity (R/inch)	R-value at 2"	R-value at 2.5"	R-value at 3"	R-value at 3.5"	R-value at 4"
Open-cell foam (ocSPF)	3.8	7.6	9.5	11.4	13.3	15.2
Spray Cellulose	3.8	7.6	9.5	11.4	13.3	15.2
Mineral Wool semi-rigid	4.0	8.0	10.0	12.0	14.0	16.0
Expanded polystyrene Type 2	same as semi-rigid mineral wool					
Extruded polystyrene	5.0	10.0	12.5	15.0	17.5	20.0
Polyisocyanurate	5.5	11.0	13.8	16.5	19.3	22.0
ccSPF	6.0	12.0	15.0	18.0	21.0	24.0
Reinforced Concrete	0.06	0.12	0.15	0.18	0.21	0.24
Clay Brick Veneer	0.13				0.45	

Cavity Depth		Rated Cavity R-value	Layer R <sub>cw</sub> -value @ 16 inch centres	Layer RSI <sub>cw</sub> @ 405 mm centres
In	mm			
2.5	64	Empty	2.15	0.37
3.5	89	Empty	2.19	0.39
		R-13	7.4	1.31
		R-15	7.8	1.38
6.0	152	Empty	2.24	0.39
		R-19	8.5	1.50
		R-21	8.8	1.55
		R-24 (4" ccSPF)	9	1.59

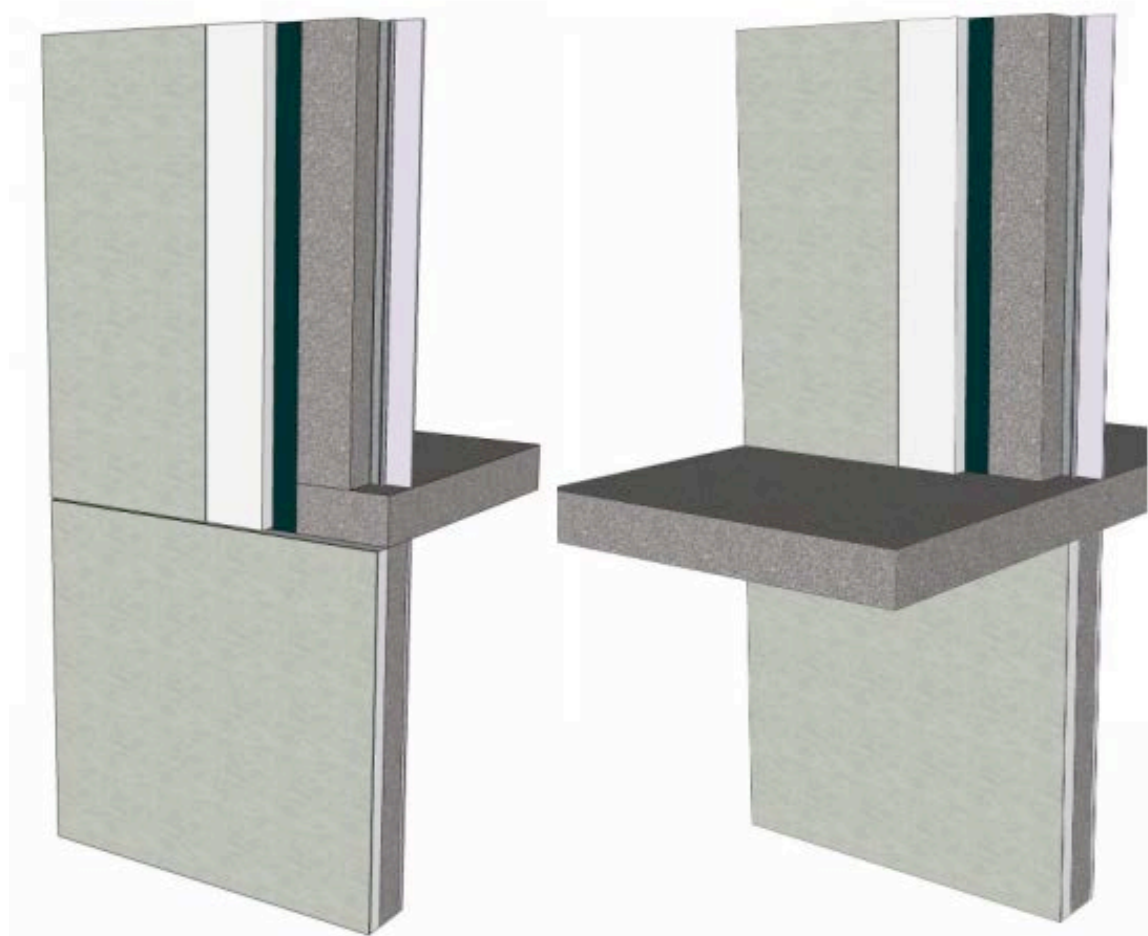
Condition	RSI-value	R-value
Interior Surfaces	0.120	0.68
Exterior Surfaces	0.029	0.16
20 mm (3/4") Air space	0.18	1.0

Note: "ccSPF" is closed-cell Sprayed Polyurethane Foam insulation



# Exterior Insulated at Floor Slabs?

- Exterior (continuous insulation) is not affected by floor slabs
- Veneers (and air gap) do add some insulation value
- Brick ties do reduce performance somewhat



# **Insulating Concrete Forms**

# Insulated Concrete Forms



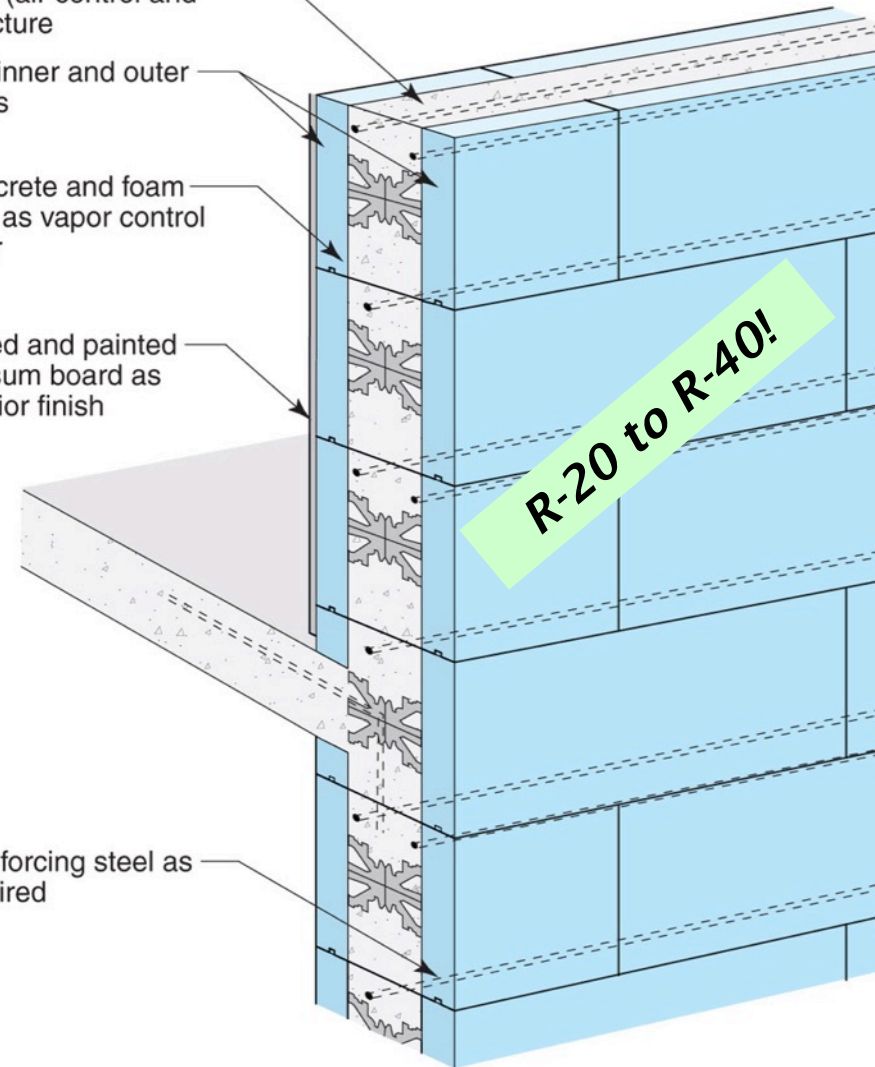
Cast-in-place concrete core (air control and structure)

ICF inner and outer faces

Concrete and foam acts as vapor control layer

Taped and painted gypsum board as interior finish

Reinforcing steel as required



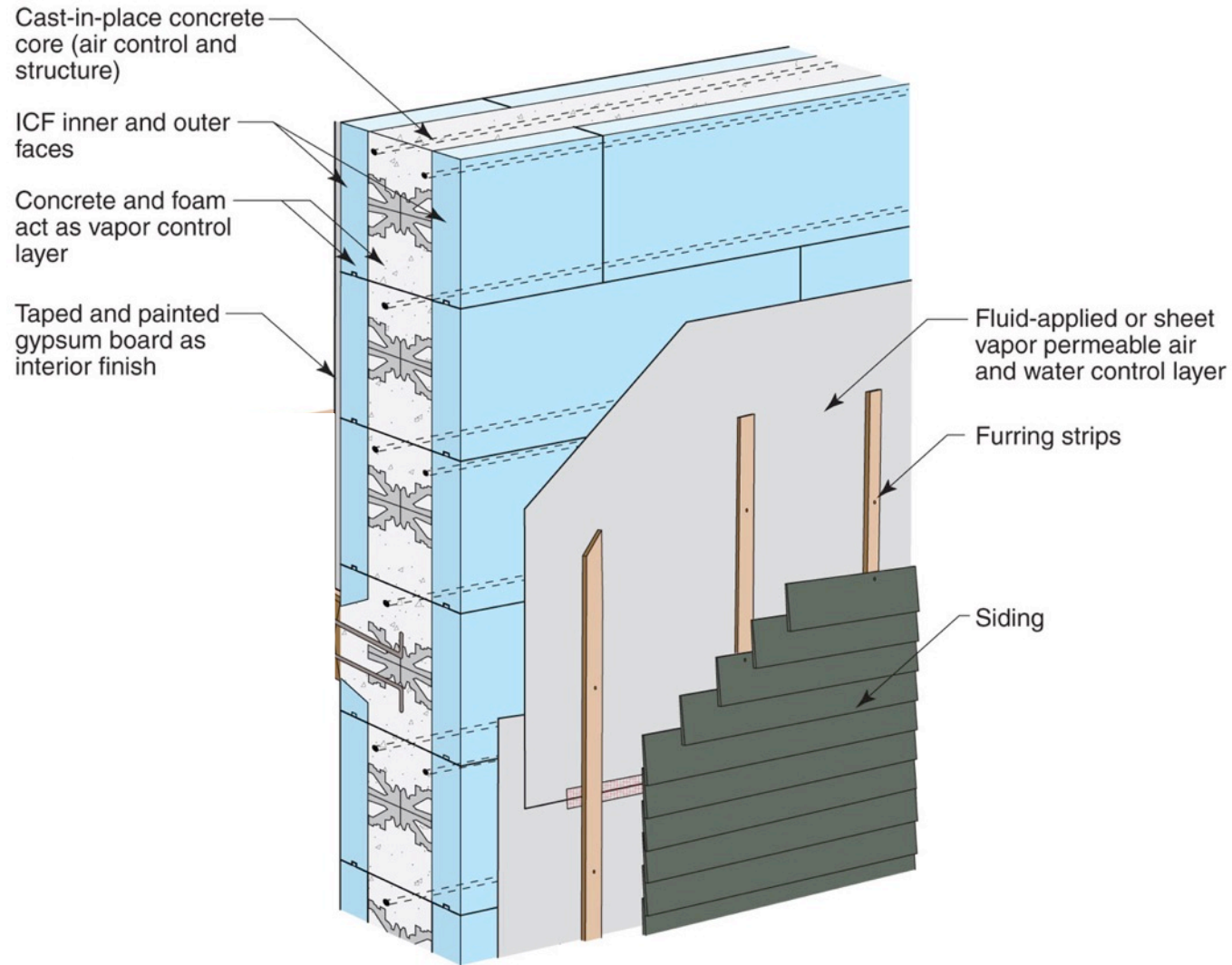
# ICF

→ High rise practical – manage window widths



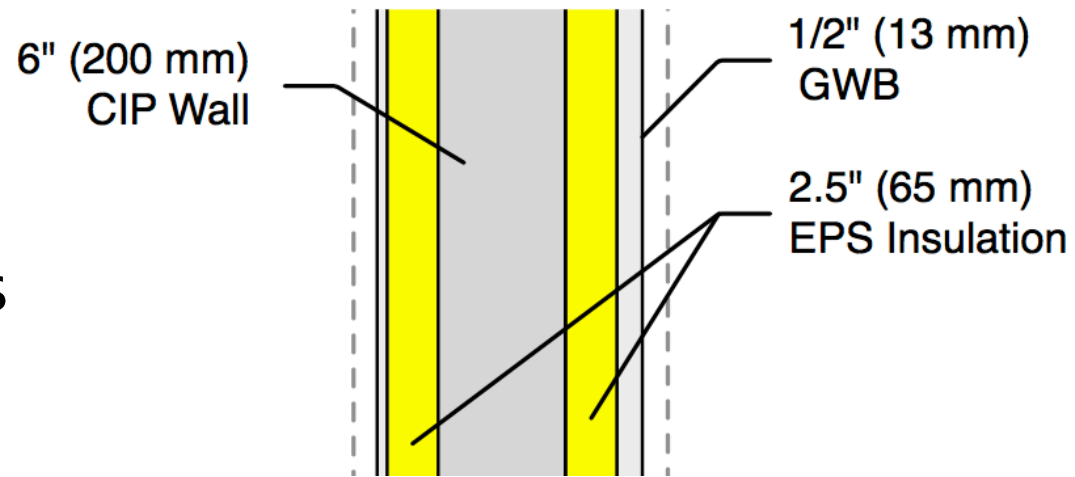
# ICF & cladding

- Many options
- Drained is best but EIFS is practical
- Beware: all openings must be drained!



# ICF Example

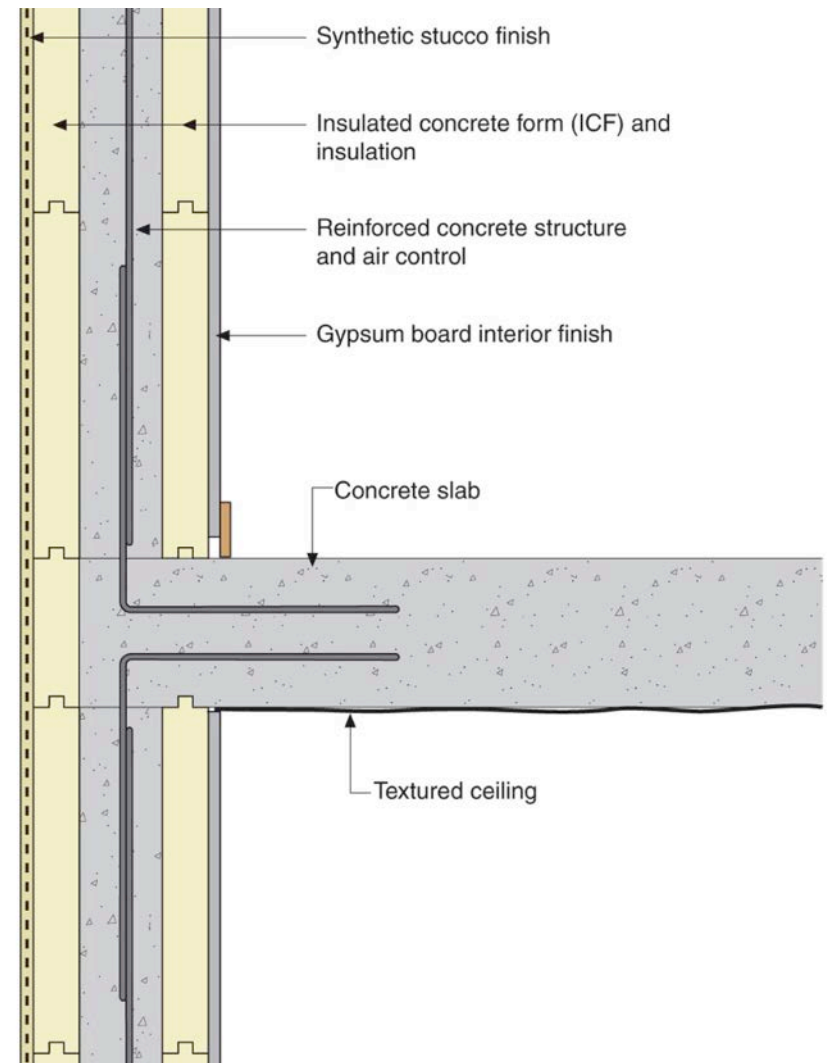
→ Many products now available with range of thicknesses



EPS Type 2 Thickness	I-P		SI	
	$R_{cw}$	$U_{cw}$	$R_{cw}$	$U_{cw}$
100mm (4")	17.3	0.0579	3.0	0.329
125mm (5")	21.3	0.0470	3.7	0.267
150mm (6")	25.3	0.0396	4.5	0.225
175mm (7")	29.3	0.0342	5.2	0.194
200mm (8")	33.3	0.0300	5.9	0.171
225mm (9")	37.3	0.0268	6.6	0.152
250mm (10")	41.3	0.0242	7.3	0.138

# ICF at Floor Slab penetrations?

- Floor slab penetrates only half of the insulation
- Impact on whole-wall R-value is modest



Reference: Straube, J.F., *High Performance Enclosures: Design Guide for Institutional Commercial and Industrial Buildings in Cold Climates*. Building Science Press, Somerville, Massachusetts, 2012.

# ICF Whole-wall R-value

→ Floors have modest impact

*8" floor slabs*

		Floor-to-floor height (ft)					
<u>R<sub>cw</sub></u>	<u>slab edge insulation</u> (in)	9	10	12	16	20	24
20	2.5	18.9	19.0	19.1	19.3	19.5	19.6
22	2.5	20.5	20.6	20.8	21.1	21.3	21.4
24	2.5	22.1	22.2	22.5	22.9	23.1	23.2
30	2.5	26.6	26.9	27.4	28.0	28.4	28.6
35	2.5	30.1	30.6	31.2	32.1	32.6	33.0
40	2.5	33.5	34.0	34.9	36.0	36.8	37.3
20	4.0	19.8	19.8	19.8	19.9	19.9	19.9
22	4.0	21.6	21.6	21.7	21.7	21.8	21.8
24	4.0	23.3	23.4	23.5	23.6	23.7	23.7
30	4.0	28.4	28.6	28.8	29.1	29.3	29.4
35	4.0	32.5	32.7	33.1	33.6	33.8	34.0
40	4.0	36.4	36.8	37.3	37.9	38.3	38.6



# **Integrally-Insulated Sandwich Panels**

# Integrally-Insulated Sandwich Panels



# Masonry



# Masonry

- Non-combustible, impact resistant, flexible format
- Load-bearing or infill CMU, masonry veneer



# Masonry Unit Thermal Performance

## *R-values*

<b>CMU Size [inch] nominal</b>	<b>4</b>	<b>6</b>	<b>8</b>	<b>10</b>	<b>12</b>
<i>Normal Density (130 pcf) 50% solid</i>					
UngROUTed	0.97	1.08	1.19	1.36	1.48
Fully-gROUTed	--	0.60	0.81	1.01	1.26
Filled with ccSPF	--	2.31	3.23	3.97	5.01
<i>Low Density (105 pcf) 50% solid</i>					
UngROUTed	1.36	1.70	1.82	1.87	2.33
Fully-gROUTed	--	0.78	1.05	1.28	1.5
Filled with ccSPF	--	3.95	5.53	6.84	8.62

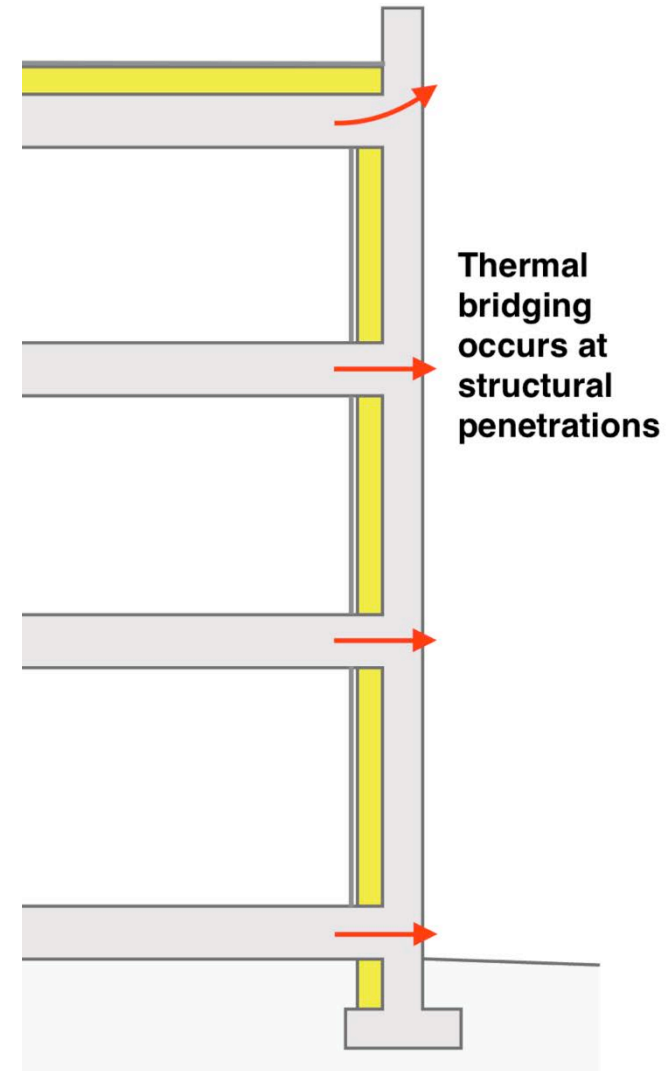
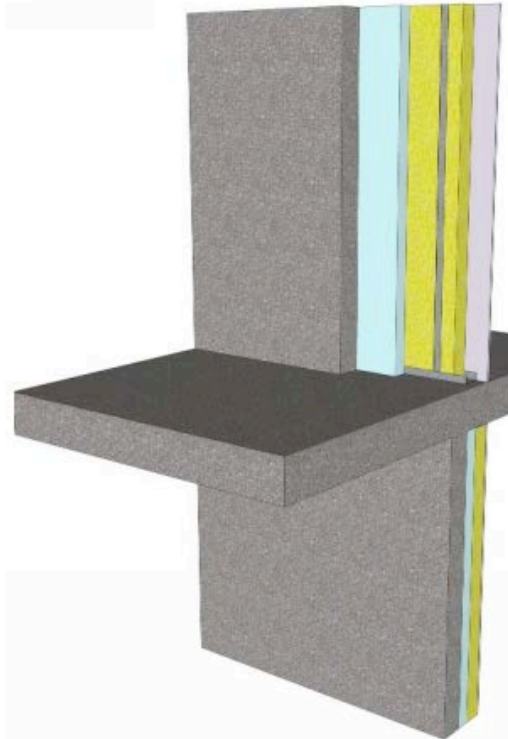
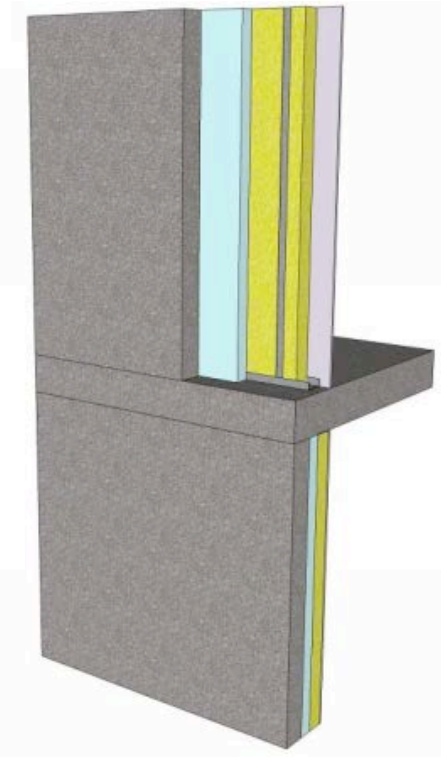
## *RSI-values*

<b>CMU Size [mm] nominal</b>	<b>100</b>	<b>150</b>	<b>200</b>	<b>250</b>	<b>300</b>
<i>Normal Density (2100 kg/m3)</i>					
UngROUTed	0.17	0.19	0.21	0.24	0.26
Fully-gROUTed	--	0.11	0.14	0.18	0.22
Filled with ccSPF	--	0.41	0.57	0.70	0.88
<i>Low Density (1700 kg/m3)</i>					
UngROUTed	0.24	0.30	0.32	0.33	0.41
Fully-gROUTed	--	0.14	0.18	0.23	0.26
Filled with ccSPF	--	0.70	0.97	1.20	1.52

# Load-Bearing Masonry

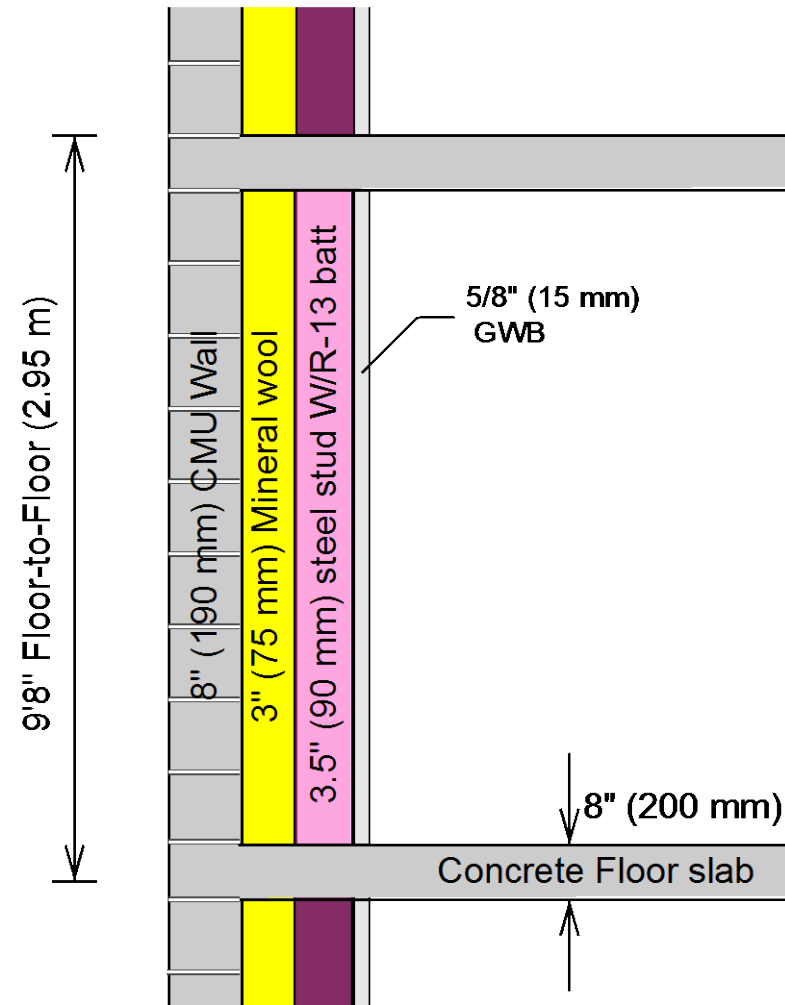
# Internally-Insulated Masonry

- Less effective... account for slabs in thermal bridging
- Slab edge: approximately R-1.2



# Internally-Insulated: Example

- Calculate the clear-wall R-value and the whole-wall R-value.
  - floor-to-floor height of 9'8" (2.95 m or 9.66 feet)
  - 8" (200 mm or 0.66 foot) thick concrete slab.
  - an 8" (190 mm) CMU wall,
  - 3" (75 mm) of mineral wool,
  - 3.5" (90 mm) steel stud with R-13 batt,
  - 5/8" (15 mm) gypsum





# Internally-Insulated Masonry Example

→ Using Tables,

→ interior layers (batt, GWB, etc.)  
have an R-value of R-7.4

→ 3" (76 mm) of mineral wool provide  
3 x R-4/inch (from Table 7) = R-12

→ 8" (190 mm) CMU provides R-1.19

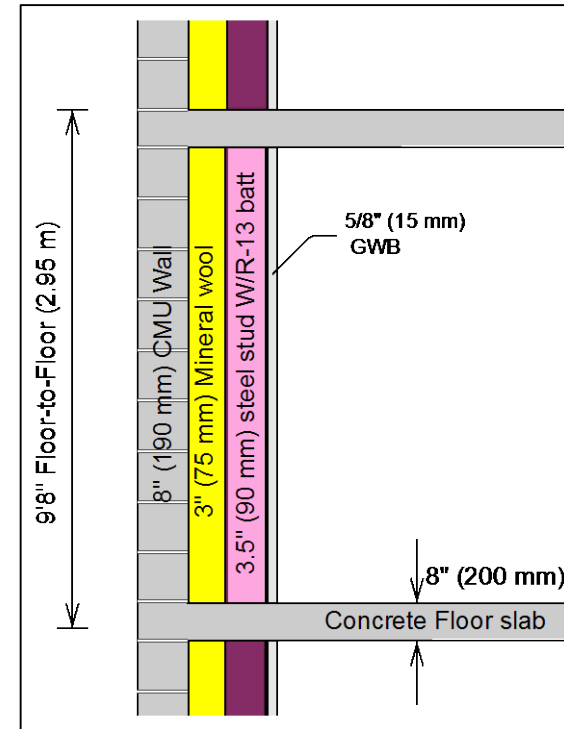
→ a total clear-wall R-value of  
 $7.4 + 12 + 1.2 = R_{CW} - 20.6$  (RSI-3.60).

→ Floor slab impact on whole-wall R-value ( $R_{WW}$ )  
estimated using the recommended R-1.2 (RSI 0.21)  
for the slab, as:

$$\rightarrow R_{WW} = 1 / \{ [ (FF - T_{fl}) / FF ] / R_{CW} + (T_{fl} / FF) / R_{fl} \}$$

$$\rightarrow R_{WW} = 1 / \{ [ (9.66 - 0.66) / 9.66 ] / 20.6 + (0.66 / 9.66) / 1.2 \} = R-9.7$$

→ Whole wall R drops from R-20.6 to R-9.7



# Supporting tables

Material	Conductivity (R/inch)	R-value at 2"	R-value at 2.5"	R-value at 3"	R-value at 3.5"	R-value at 4"
Open-cell foam ( <u>ocSPF</u> )	3.8	7.6	9.5	11.4	13.3	15.2
Spray Cellulose	3.8	7.6	9.5	11.4	13.3	15.2
Mineral Wool semi-rigid	4.0	8.0	10.0	12.0	14.0	16.0
Expanded polystyrene Type 2		same as semi-rigid mineral wool				
Extruded polystyrene	5.0	10.0	12.5	15.0	17.5	20.0
Polyisocyanurate	5.5	11.0	13.8	16.5	19.3	22.0
<u>ccSPF</u>	6.0	12.0	15.0	18.0	21.0	24.0

## R-values

				CMU Size [inch] nominal	4	6	8	10	12
				<i>Normal Density (130 pcf)</i>					
UngROUTED				0.97	1.08	1.19	1.36	1.48	
Fully-grouted				--	0.60	0.81	1.01	1.26	
Filled with ccSPF				--	2.31	3.23	3.97	5.01	
				<i>Low Density (105 pcf)</i>					
UngROUTED				1.36	1.70	1.82	1.87	2.33	
Fully-grouted				--	0.78	1.05	1.28	1.5	
Filled with ccSPF				--	3.95	5.53	6.84	8.62	
Cavity Depth		Rated Cavity R-value	Layer R <sub>cw</sub> -value @ 16 inch centres						
In	mm								
2.5	64	Empty	2.15						
3.5	89	Empty	2.19						
		R-13	7.4						
		R-15	7.8						
6.0	152	Empty	2.24						
		R-19	8.5						
		R-21	8.8						
		R-24 (4" ccSPF)	9						

Note: "ccSPF" is closed-cell Sprayed Polyurethane Foam insulation

# Interior Insulated Masonry: Tables (I-P)

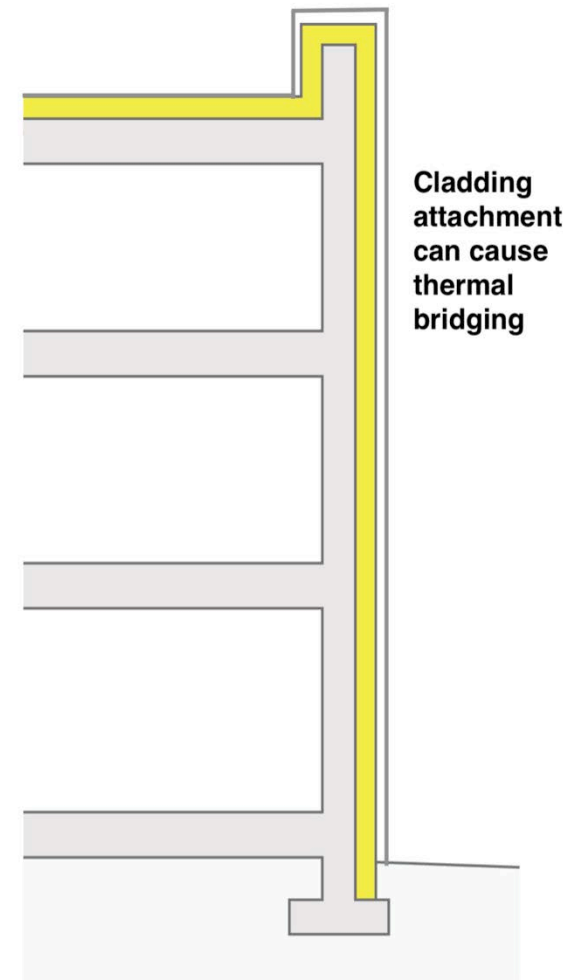
<u><math>R_{cw}</math></u>	<u>floor-to-floor (ft)</u>				
	9	10	11	12	16
5	4.0	4.1	4.2	4.3	4.4
7.5	5.4	5.6	5.7	5.8	6.2
10	6.5	6.7	6.9	7.1	7.7
12.5	7.4	7.7	8.0	8.2	9.0
15	8.1	8.5	8.8	9.2	10.1
17.5	8.7	9.2	9.6	10.0	11.2
20	9.3	9.8	10.3	10.7	12.1
25	10.1	10.8	11.4	11.9	13.7
30	10.8	11.5	12.2	12.9	15.0
35	11.3	12.2	12.9	13.6	16.1
40	11.8	12.7	13.5	14.3	17.0

# Interior Insulated Masonry: Tables (SI)

<u><i>RSI<sub>cw</sub></i></u>	<u><i>floor-to-floor (m)</i></u>				
	<b>2.74</b>	<b>3.05</b>	<b>3.35</b>	<b>3.66</b>	<b>4.88</b>
<b>0.88</b>	0.71	0.73	0.74	0.75	0.78
<b>1.32</b>	0.95	0.98	1.00	1.02	1.08
<b>1.76</b>	1.1	1.2	1.2	1.3	1.3
<b>2.20</b>	1.3	1.4	1.4	1.4	1.6
<b>2.64</b>	1.4	1.5	1.6	1.6	1.8
<b>3.08</b>	1.5	1.6	1.7	1.8	2.0
<b>3.52</b>	1.6	1.7	1.8	1.9	2.1
<b>4.40</b>	1.8	1.9	2.0	2.1	2.4
<b>5.28</b>	1.9	2.0	2.2	2.3	2.6
<b>6.16</b>	2.0	2.1	2.3	2.4	2.8
<b>7.04</b>	2.1	2.2	2.4	2.5	3.0

# Externally-Insulated Masonry

- Easy to calculate.. can ignore ties and shelf angles by code, but may need to account for other reasons
- In general, adding insulation “plus a couple R” will be good enough estimate



# **Steel-Stud Masonry Veneer**

# Lots of high performance options

## R-value, e.g.

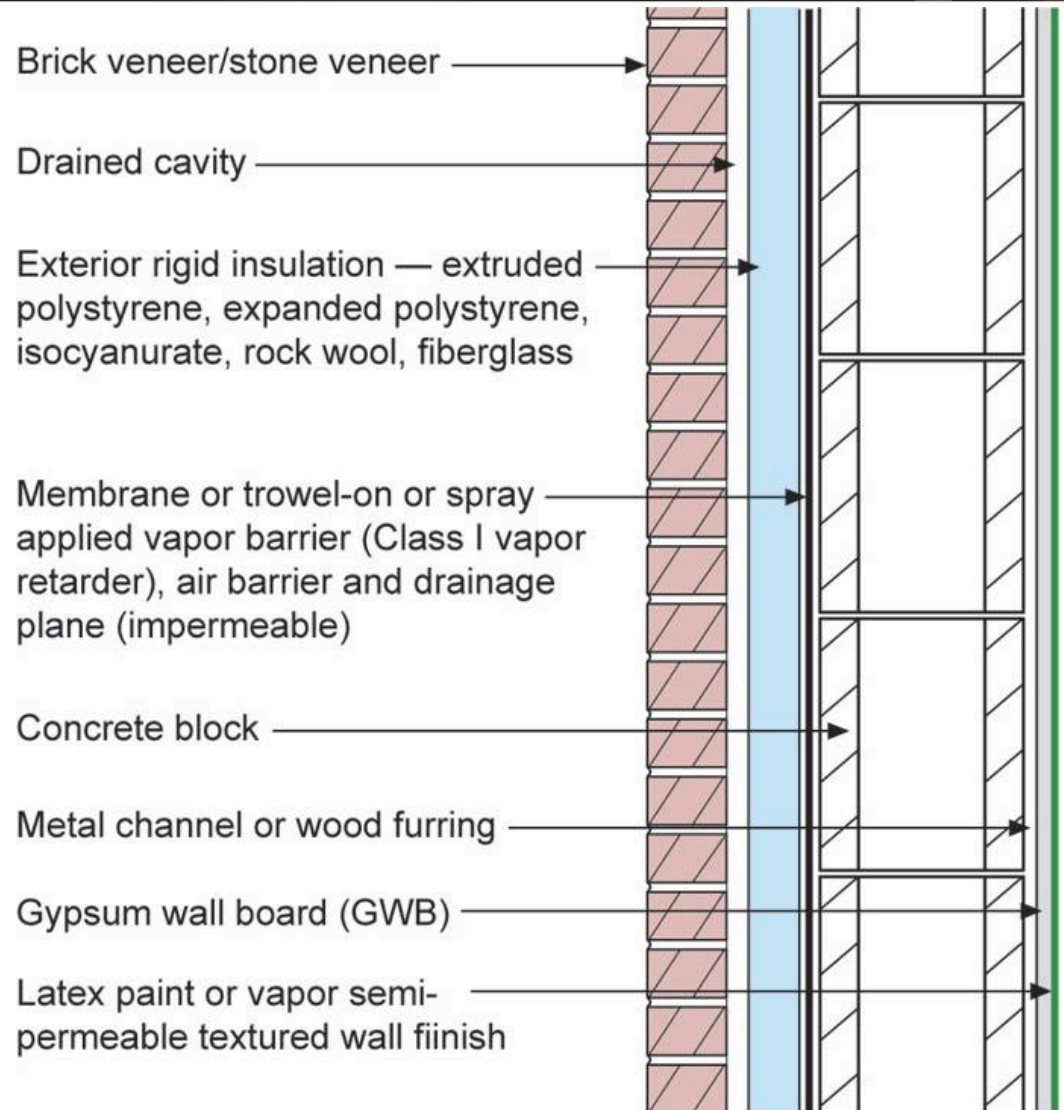
2.5" PIC = R16

3" XPS = R18

3" MFI = R15

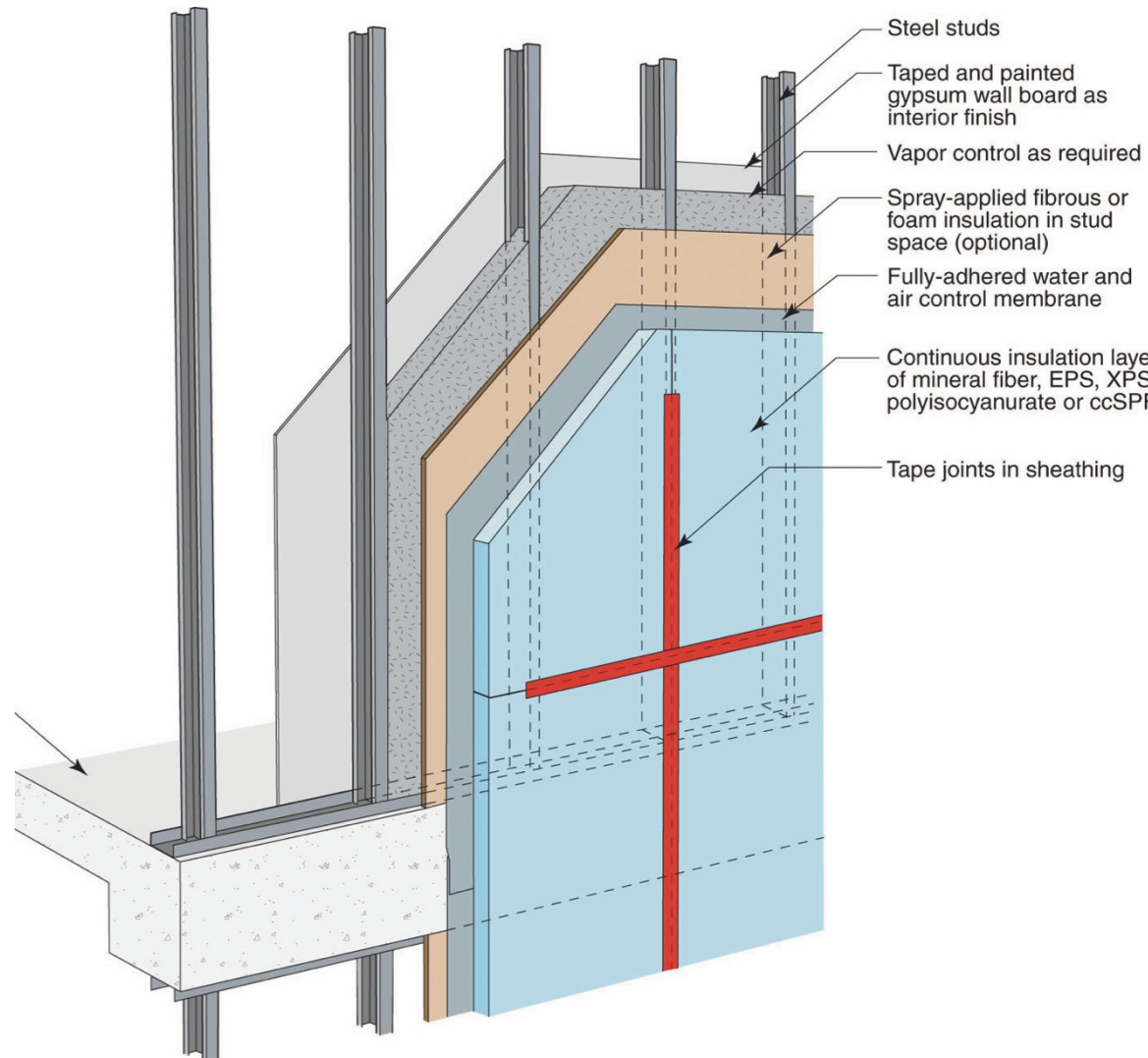
2" MFI = R11

4" ccSPF = R26



# Steel-stud / masonry veneer

→ Calculated using same approach



Reference: Straube, J.F., *High Performance Enclosures: Design Guide for Institutional Commercial and Industrial Buildings in Cold Climates*. Building Science Press, Somerville, Massachusetts, 2012.



## R-value, e.g.

3" PIC = R20

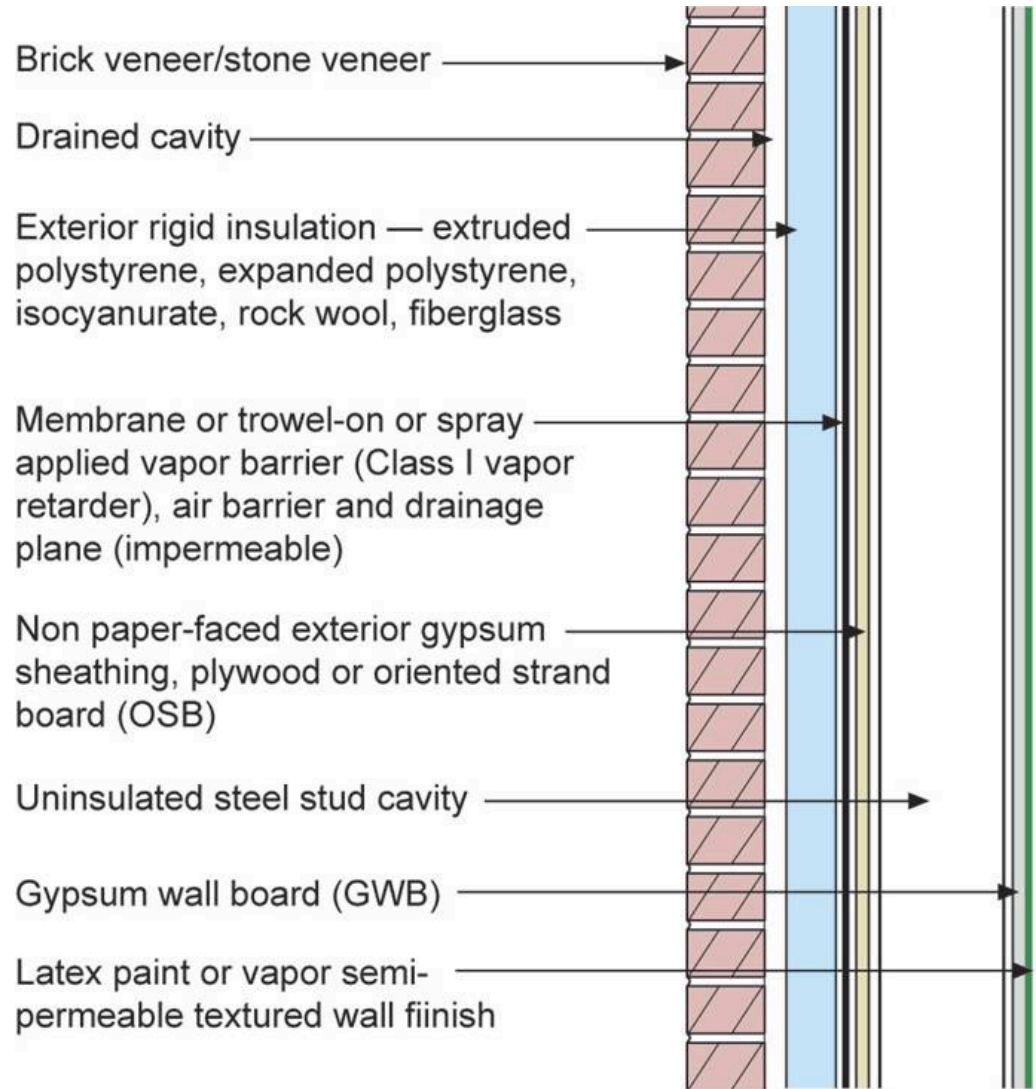
4" XPS = R23

4" MFI = R20

3" MFI = R15

3" EPS = R15

4" ccSPF = R27



# Steel-stud / masonry veneer

<i>8" (200 mm) slabs</i>		<i>floor-to-floor (ft)</i>				
<i>R<sub>batt</sub></i>	<i>R<sub>ci</sub></i>	<b>9</b>	<b>10</b>	<b>12</b>	<b>16</b>	<b>24</b>
<b>0</b>	<b>7.5</b>	11.5	11.5	11.5	11.5	11.6
<b>0</b>	<b>10</b>	14.0	14.0	14.0	14.0	14.1
<b>0</b>	<b>15</b>	19.0	19.0	19.0	19.0	19.1
<b>0</b>	<b>20</b>	23.3	23.3	23.3	23.3	23.3
<b>0</b>	<b>25</b>	28.3	28.3	28.3	28.3	28.3
<b>13</b>	<b>5</b>	13.4	13.5	13.6	13.8	14.0
<b>13</b>	<b>7.5</b>	16.0	16.1	16.2	16.4	16.5
<b>13</b>	<b>10</b>	18.6	18.7	18.8	18.9	19.0
<b>13</b>	<b>15</b>	23.6	23.7	23.8	23.9	24.1
<b>15</b>	<b>10</b>	18.9	19.0	19.1	19.3	19.4
<b>15</b>	<b>15</b>	24.0	24.1	24.2	24.3	24.4
<b>15</b>	<b>20</b>	29.0	29.1	29.2	29.3	29.5
<b>19</b>	<b>7.5</b>	16.9	17.0	17.2	17.4	17.5
<b>19</b>	<b>10</b>	19.5	19.6	19.7	19.9	20.1
<b>19</b>	<b>15</b>	24.6	24.7	24.8	25.0	25.1
<b>19</b>	<b>20</b>	29.7	29.7	29.8	30.0	30.1
<b>24</b>	<b>10</b>	19.9	20.0	20.2	20.4	20.5
<b>24</b>	<b>15</b>	25.0	25.1	25.3	25.4	25.6

Note: R<sub>batt</sub> and R<sub>ci</sub> are the nominal ratings for the insulation installed between metal framing and outside respectively.

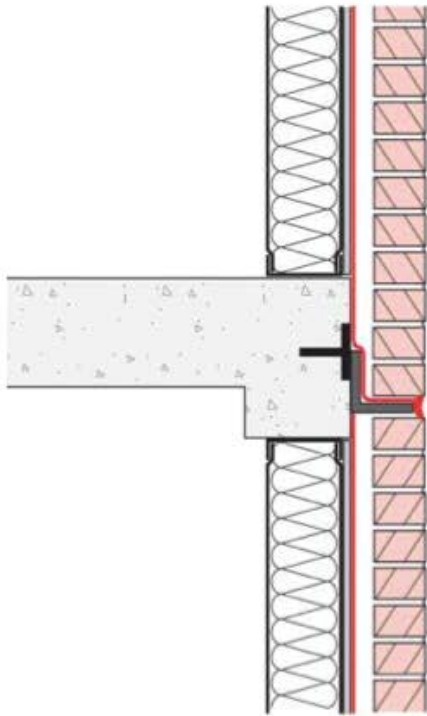
# **Thermal Bridging Solutions**

**Supporting Masonry Veneer,  
Balcony Penetrations,  
Cladding Attachment,  
etc.**

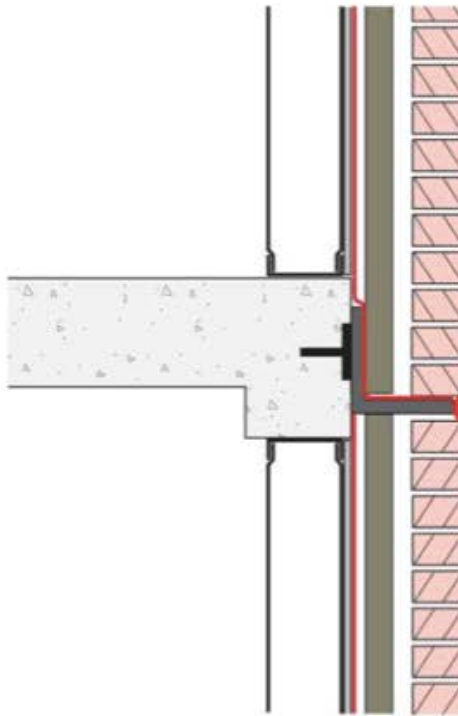
# Shelf Angles

→ Often one per floor

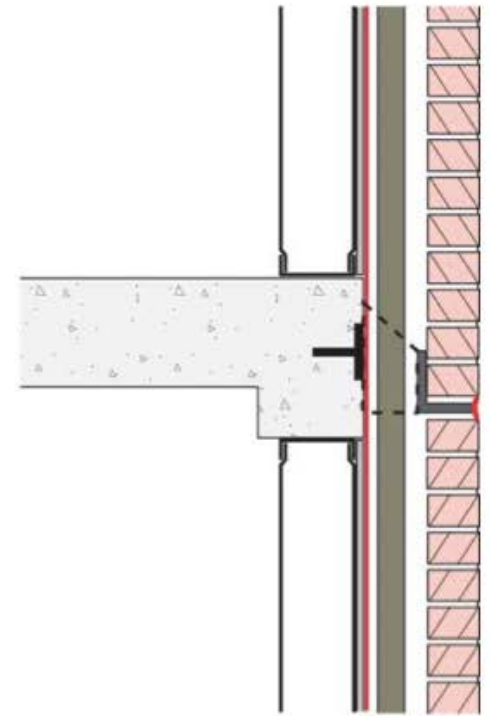
## Heavy Cladding Attachment through Exterior Insulation



“The Ugly”



“The Bad”



“The Good”

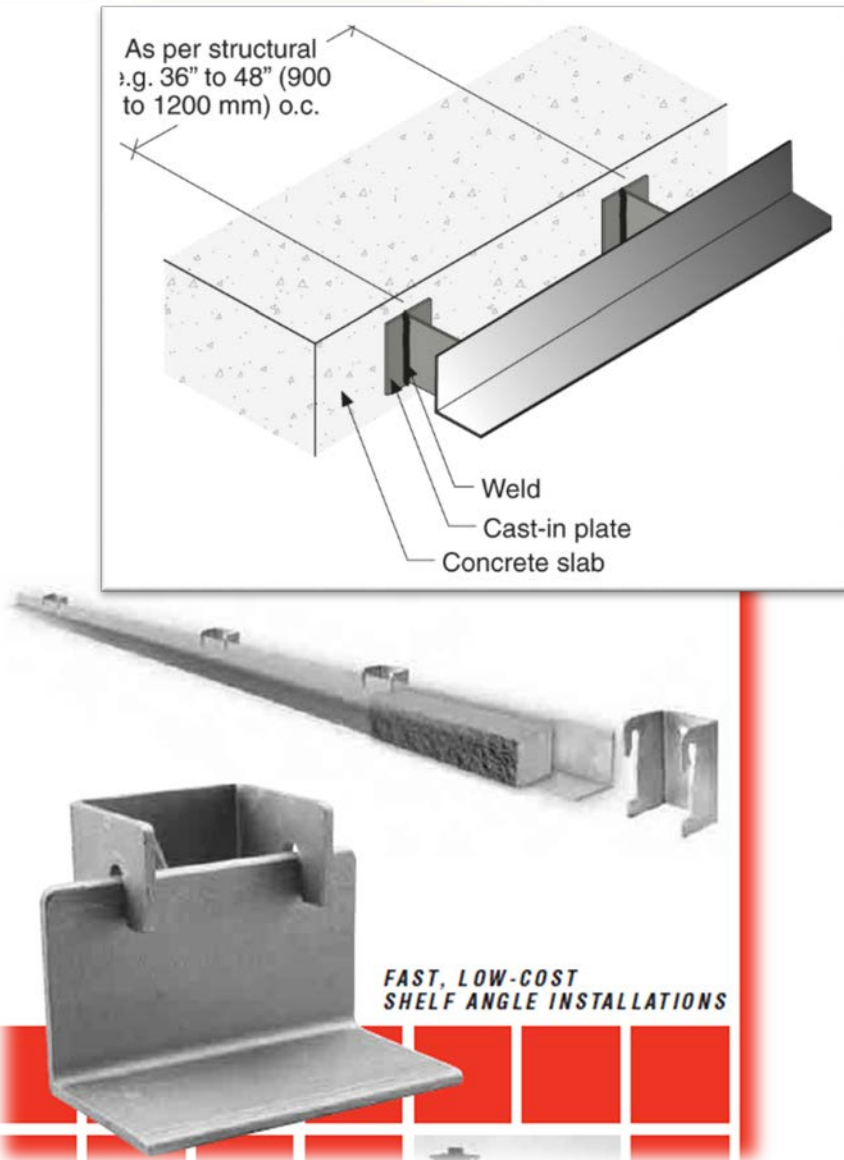
**Stupidly large shelf angle  
Structural engineers  
need to be part of the  
conversation**



# Shelf Angles: Use Stand-offs or better

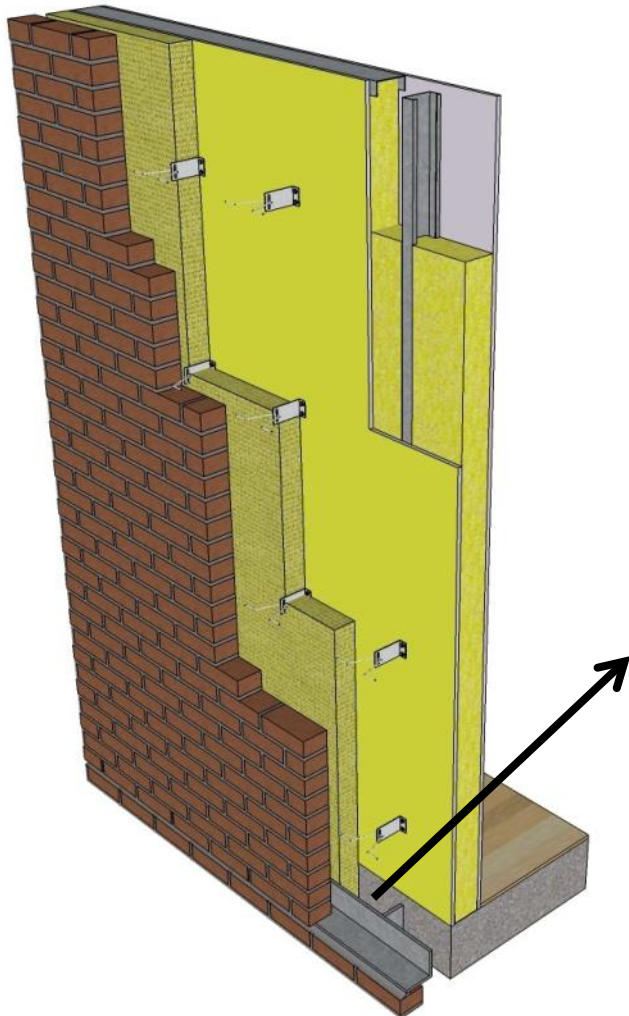
	Knife Plate	HSS Structural Section	Overlapping Angles	Poured Concrete Backup
	shelf angle: 4"x4"x1/4" outside of insulation. 4"x4"x3/4" stand-off knife plates welded to embed plates at 48" o.c.	shelf angle 4"x4"x1/4" outside insulation. 4"x4"x1/4" HSS tube welded to embed plates at 48" o.c.	shelf angle 4"x4"x1/4" outside insulation. 2-6"x4"x5/16" angles bolted to slab edge at 48" o.c.	
Nominal Insulation R-Value/U-Value	R-16.8 (RSI 2.95) U-0.060 (USI 0.339)	R-16.8 (RSI 2.95) U-0.060 (USI 0.339)	R-16.8 (RSI 2.95) U-0.060 (USI 0.339)	R-16.8 (RSI 2.95) U-0.060 (USI 0.339)
Effective Assembly R-Value/U-Value	R-14.8 (RSI 2.6) U-0.068 (USI 0.384)	R-14.8 (RSI 2.6) U-0.068 (USI 0.385)	R-15.0 (RSI 2.64) U-0.067 (USI 0.379)	R-10.5 (RSI 1.84) U-0.096 (USI 0.543)
Effective Reduction	16.4%	16.5%	15.3%	37.5%
Linear Transmission	$\psi = 0.096$ IP (0.166 SI)	$\psi = 0.097$ IP (0.168 SI)	$\psi = 0.089$ IP (0.153 SI)	$\psi = 0.339$ IP (0.586 SI)

# Stand-off Shelf Angle



(courtesy of Fero Corp)

# Masonry – With Stand-off Shelf Angles



## Without Stand-off Plates:

Overall Effective - Including Slab Edges  
*Backup: 3 5/8" Steel Studs , Empty*

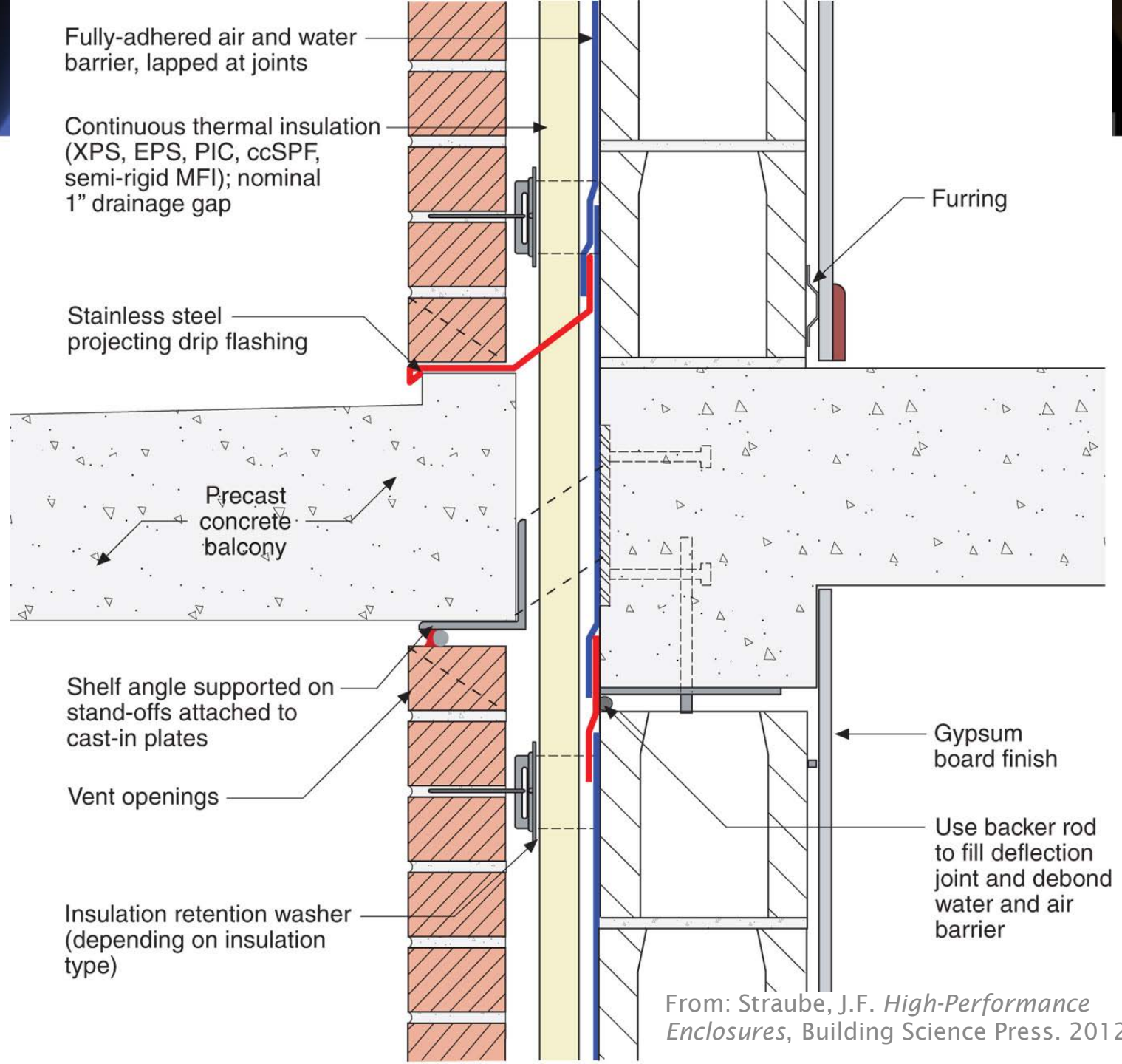
+2" Mineral Wool Exterior (R-8.4)	R-8.6
+3" Mineral Wool Exterior (R-12.6)	R-10.1
+4" Mineral Wool Exterior (R-16.8)	R-11.5

## WITH Stand-off Plates:

Overall Effective - Including Slab Edges  
*Backup: 3 5/8" Steel Studs , Empty*

+2" Mineral Wool Exterior (R-8.4)	R-11.3
+3" Mineral Wool Exterior (R-12.6)	R-14.5
+4" Mineral Wool Exterior (R-16.8)	R-17.7

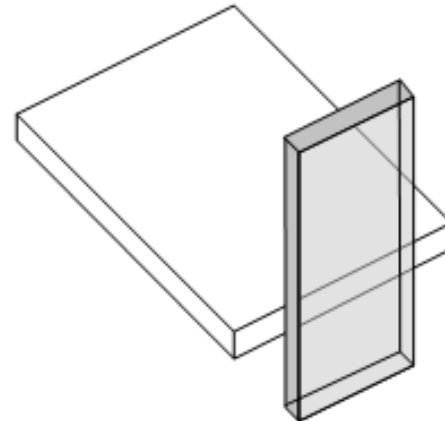
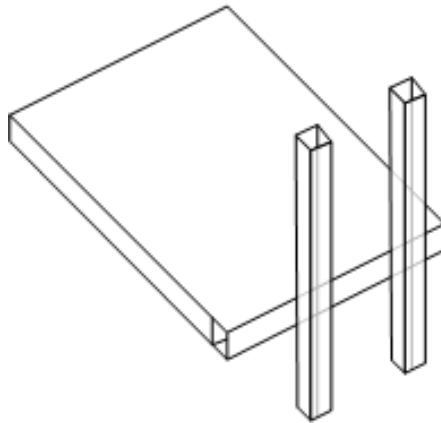
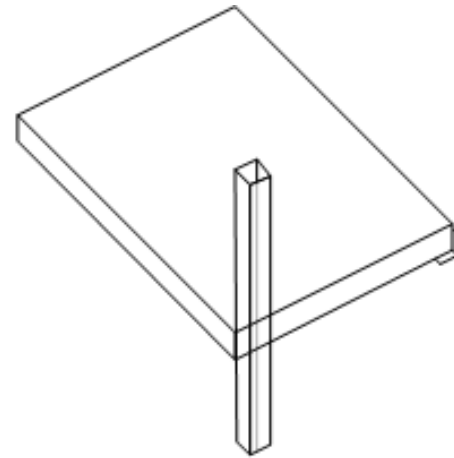
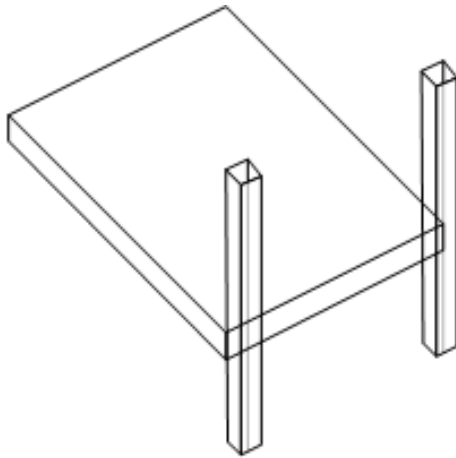




From: Straube, J.F. *High-Performance Enclosures*, Building Science Press. 2012.

# Balcony Design Solutions

**Limit  
attachment  
to the  
building**



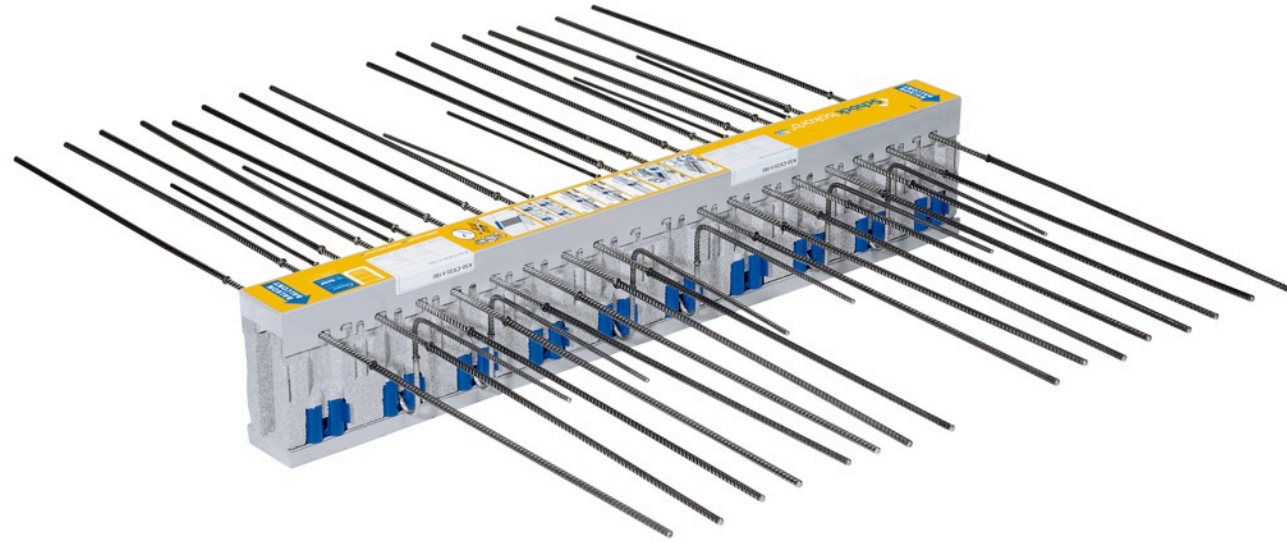






# Thermal Bridging Solutions

- Products are being brought to market
- Thermally-broken balconies





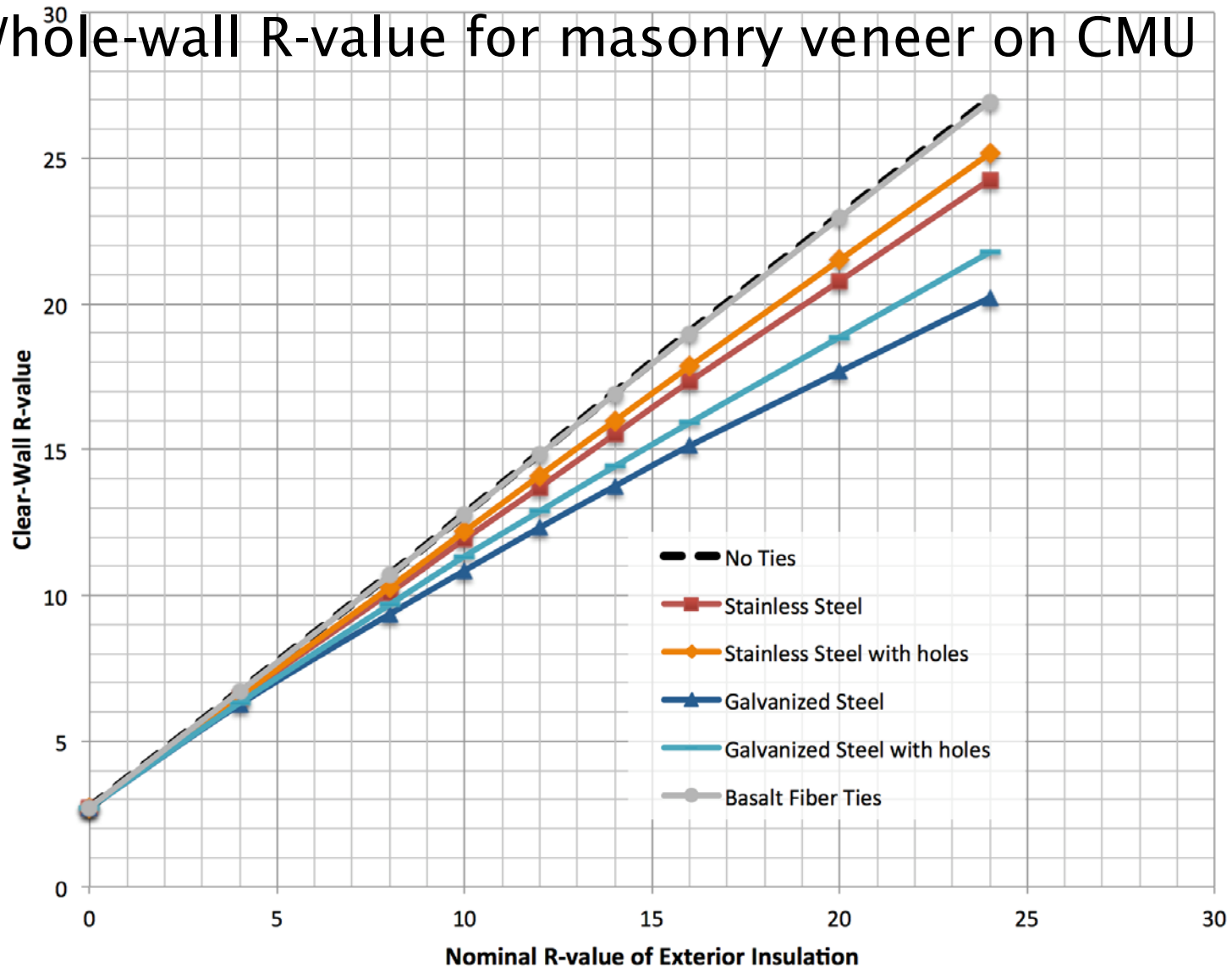
# Installation is simple



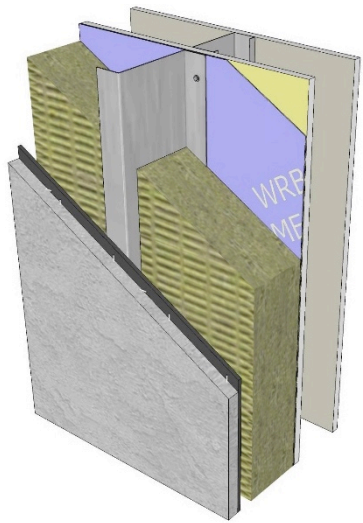


# Brick Ties / Cladding Attachment

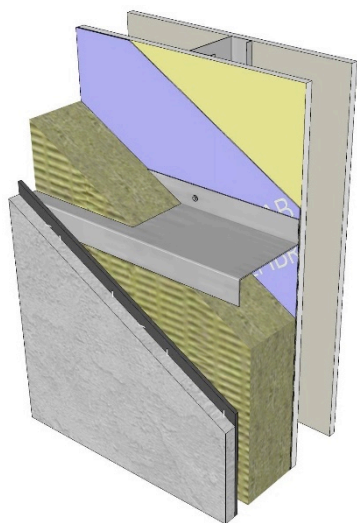
→ Whole-wall R-value for masonry veneer on CMU



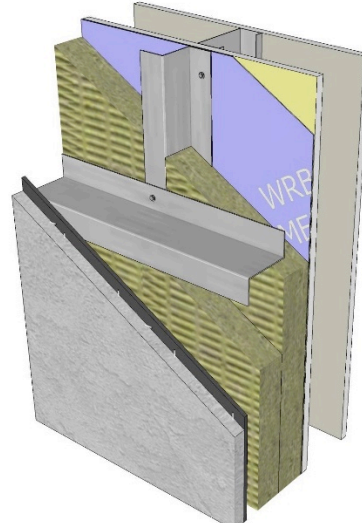
# Cladding Attachment Options



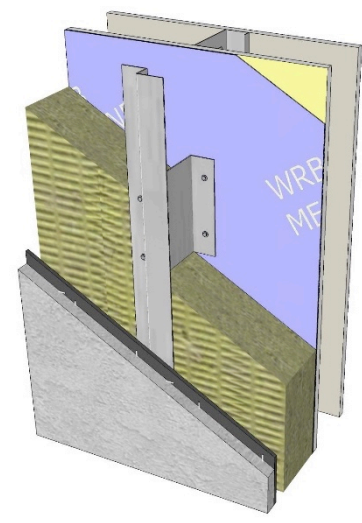
*Vertical Z-girts*



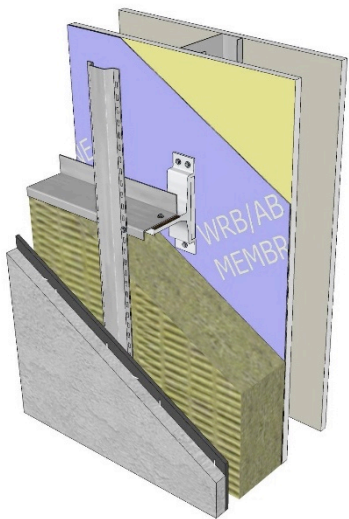
*Horizontal Z-girts*



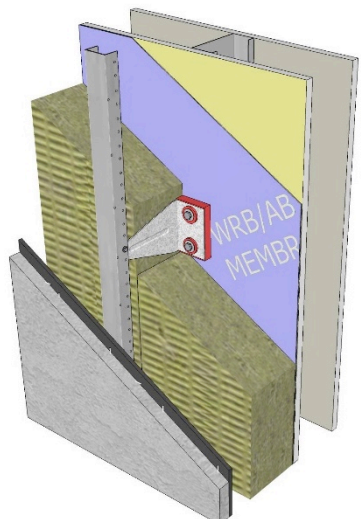
*Crossing Z-girts*



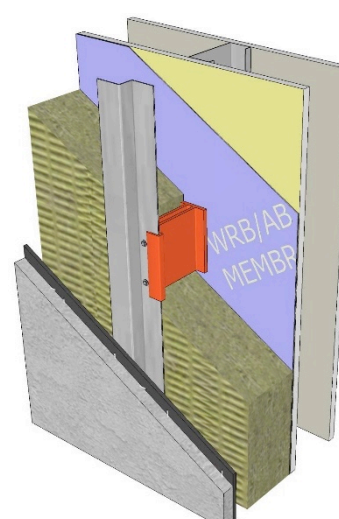
*Galvanized/Stainless  
Clip & Rail*



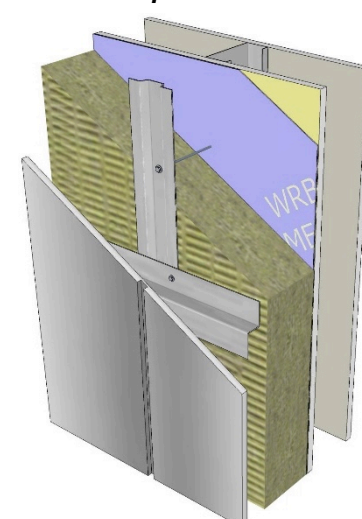
*Aluminum Clip & Rail*



*Thermally Improved  
Clip & Rail*

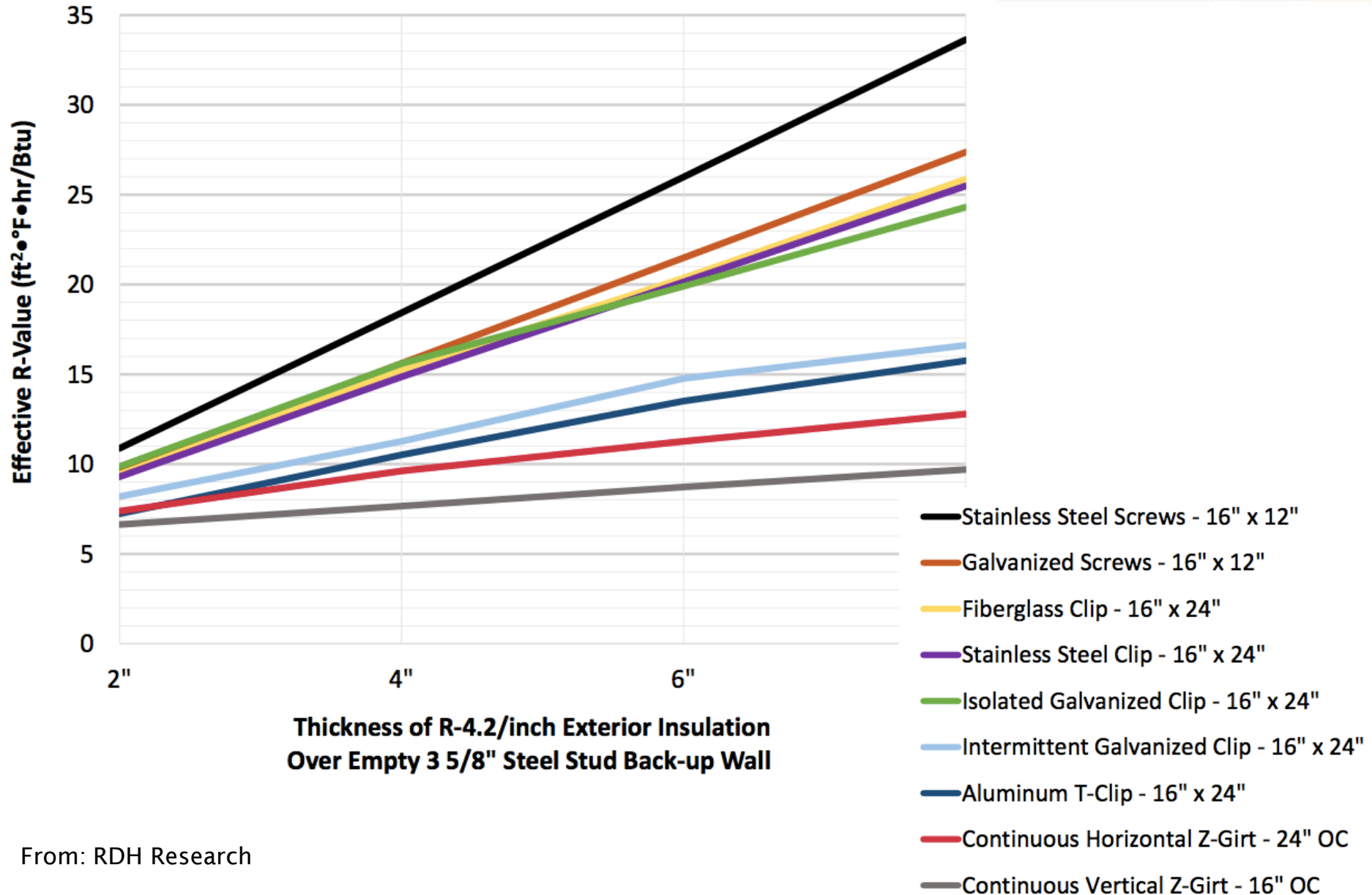


*Non-Conductive  
Clip & Rail*



*Long Screws through  
Insulation*

# Cladding Attachment Thermal Bridging



From: RDH Research

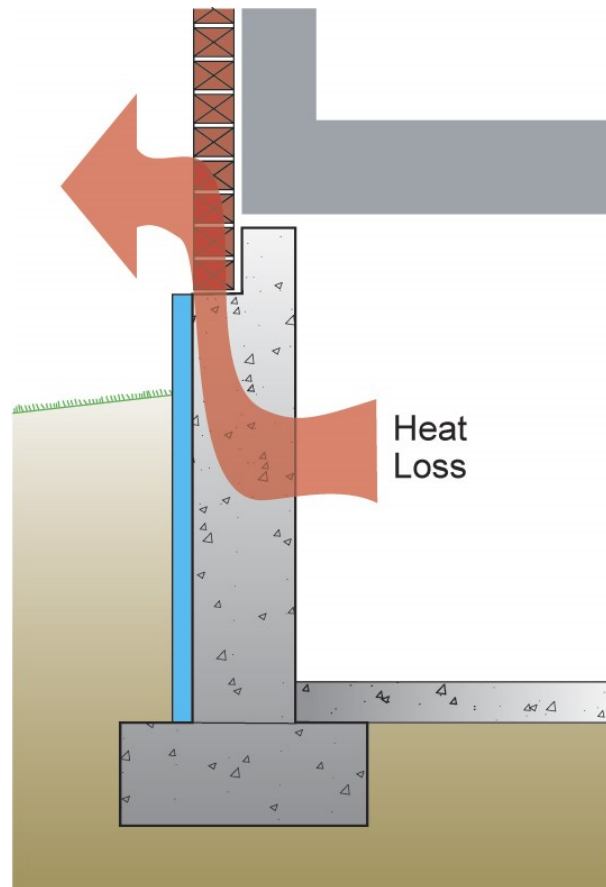
# Conclusions

- Simple calculations suffice for most design
- Include thermal bridging of framing
  - Use tabular data
- Exterior, continuous insulation usually best option
  - Consider thinner studs, thick continuous insul.
- Simple trade-off analysis can make a big difference, fewer and/or better windows have a big impact

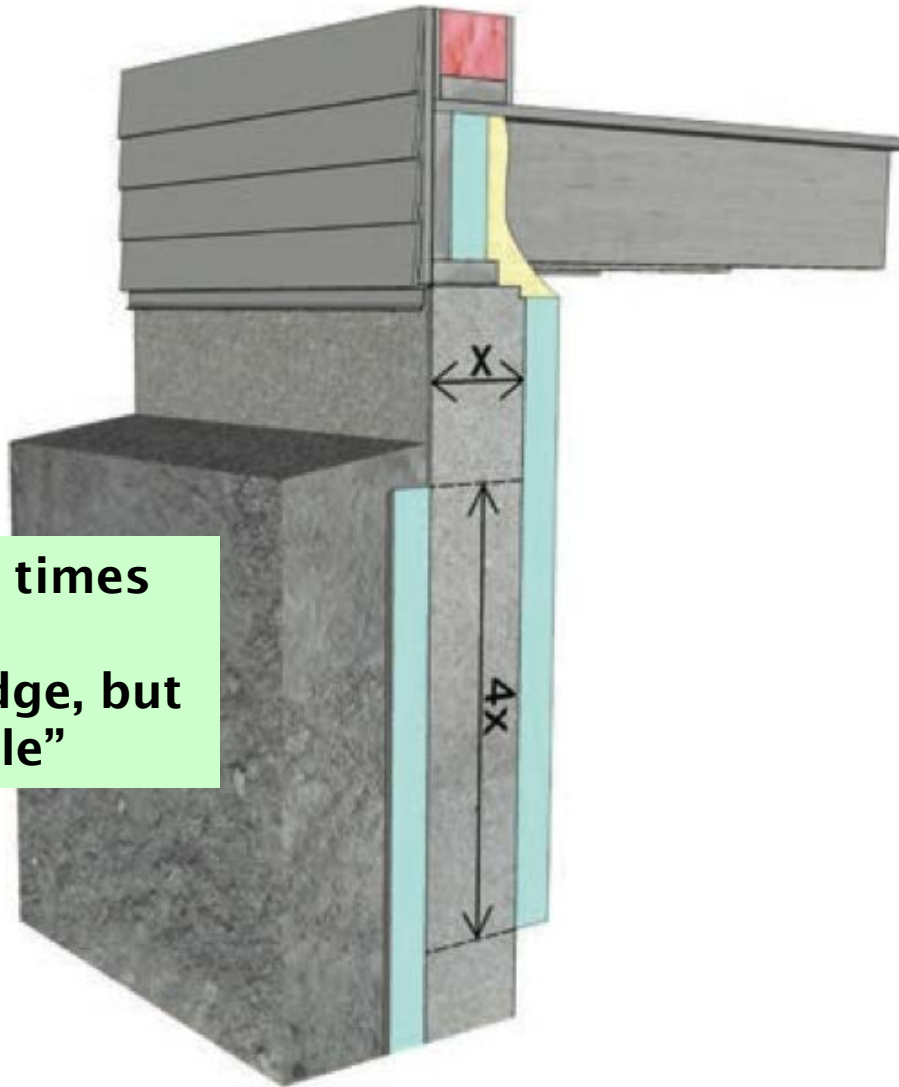
# Roofs and Basements

# Grade-transition

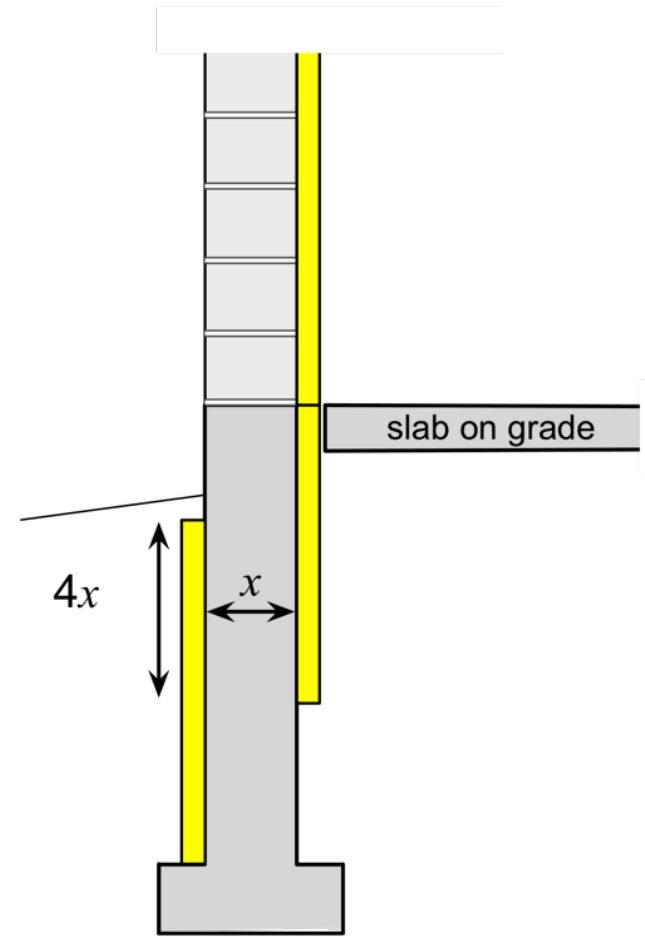
- Code exempts specific scenarios
- Others need to be calculated

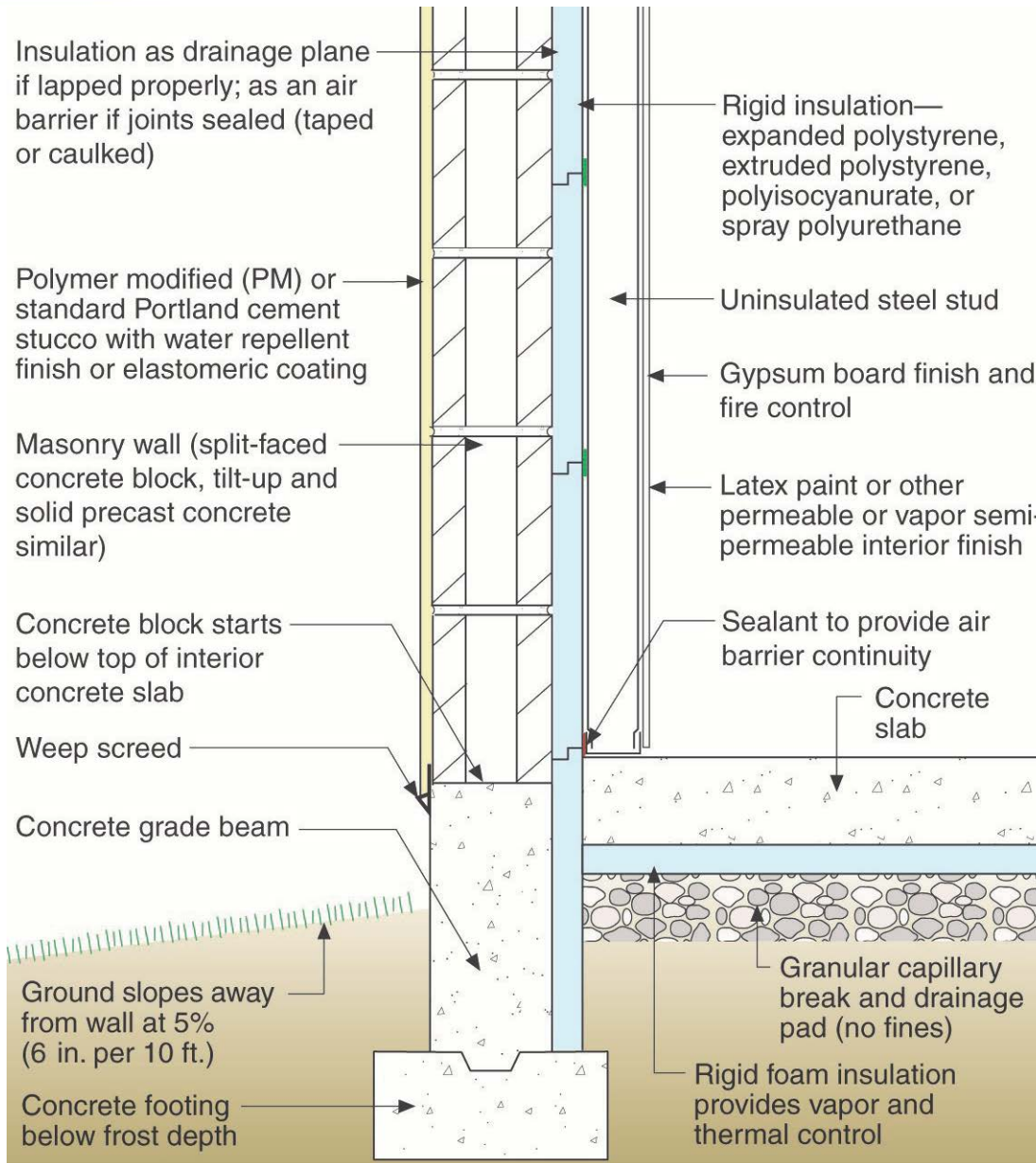


# Grade-transition



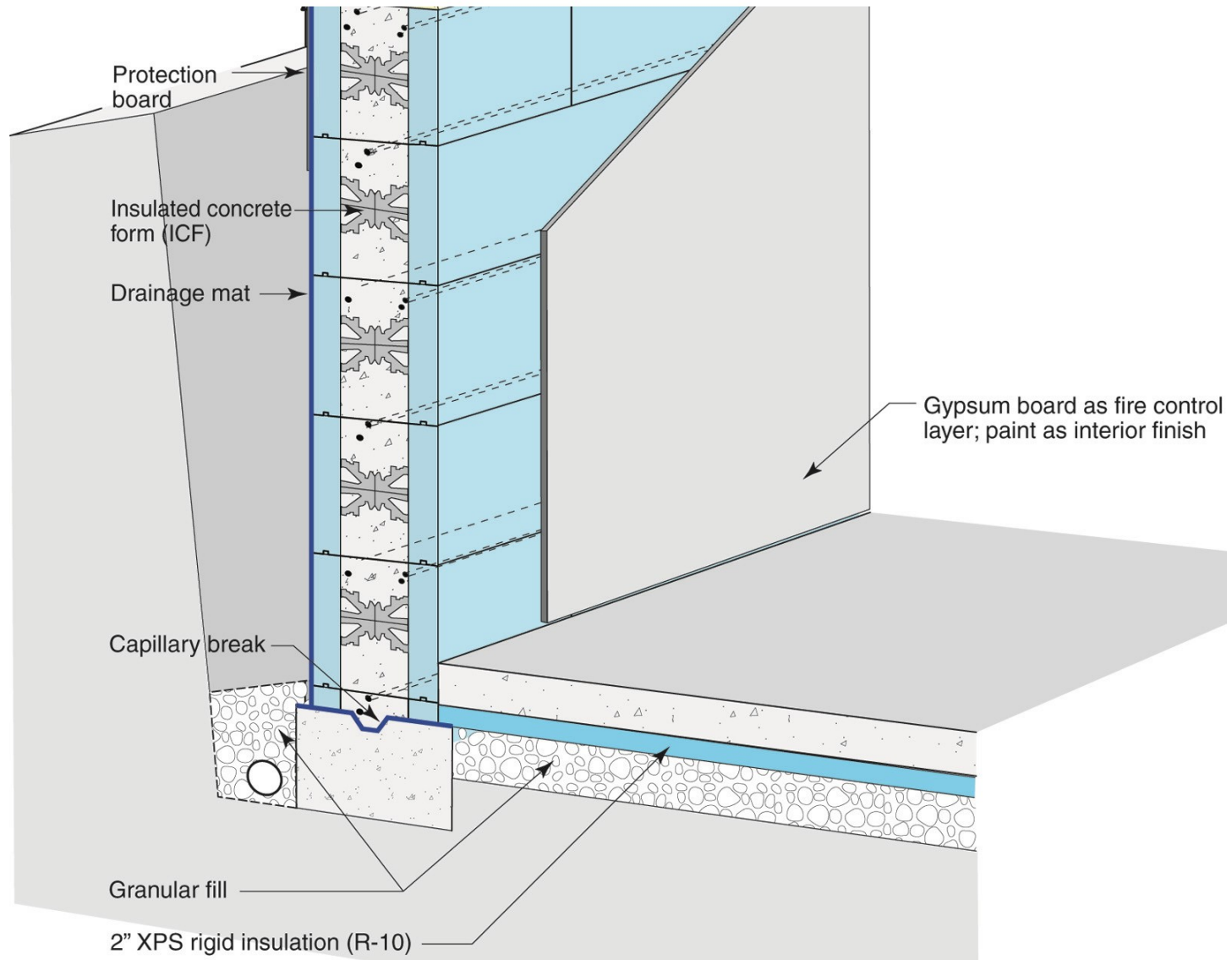
Overlap 4 times thickness  
Still a bridge, but "acceptable"



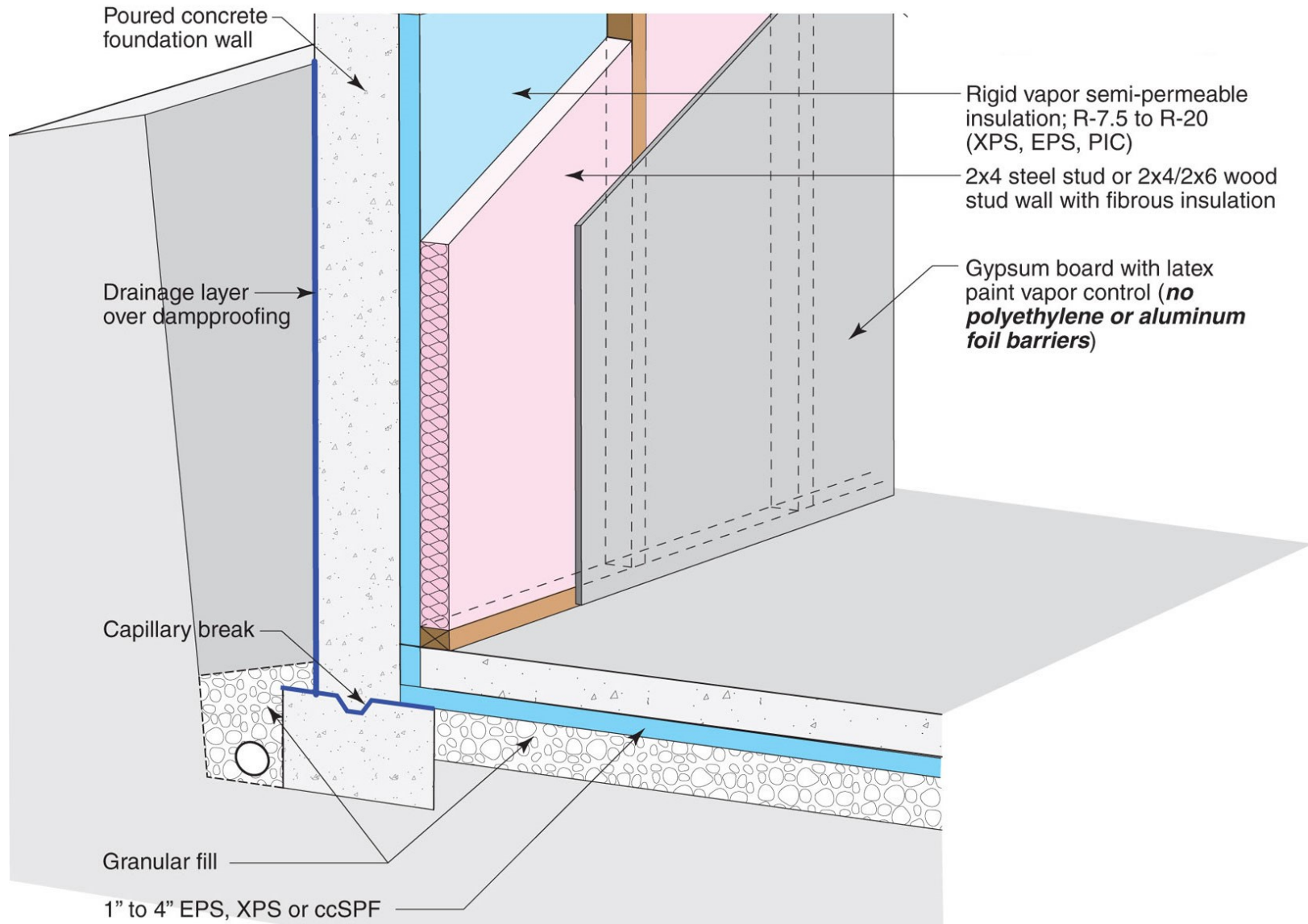




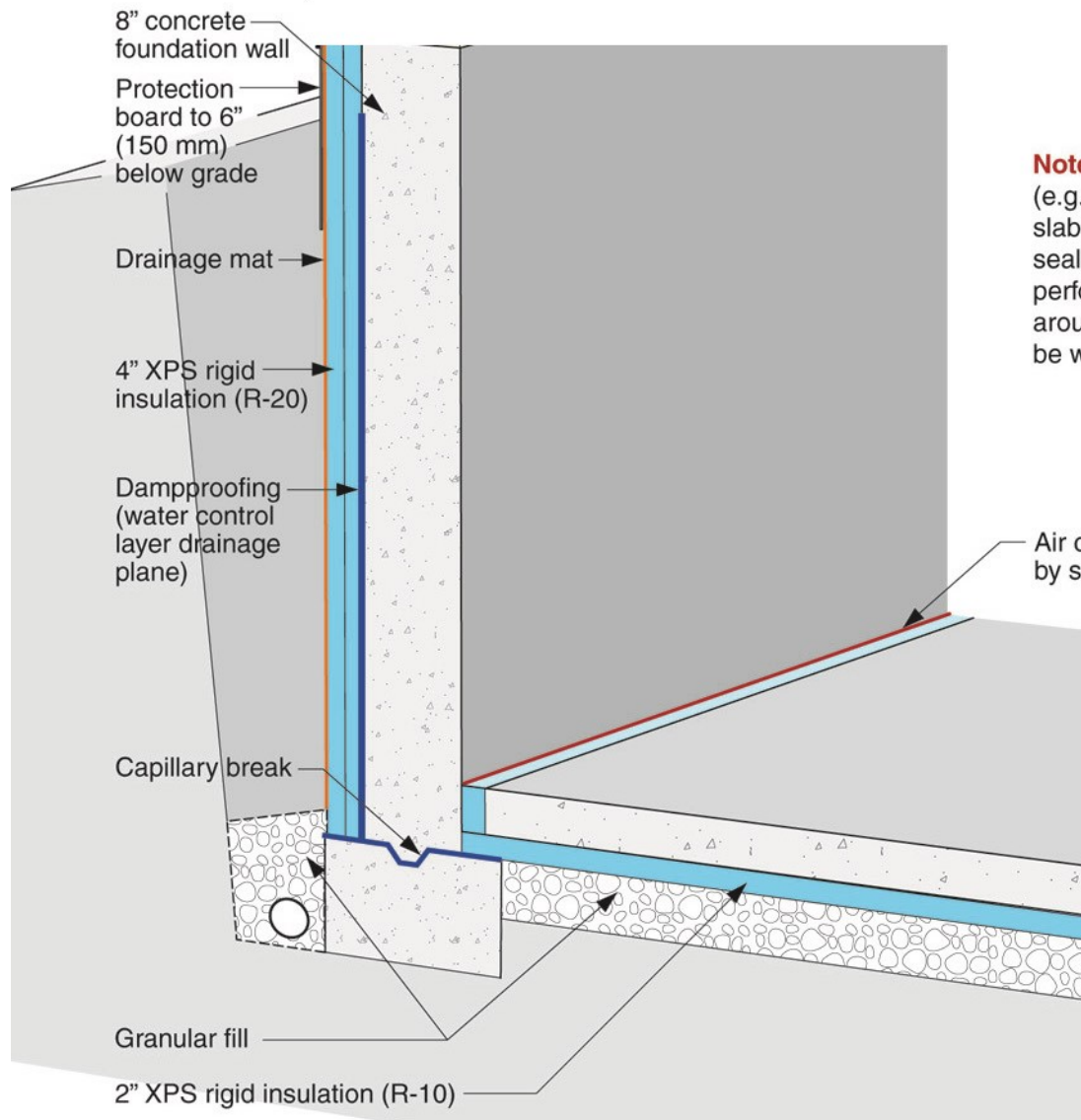
# ICF Basement



# CIP Basement with Interior Insulation



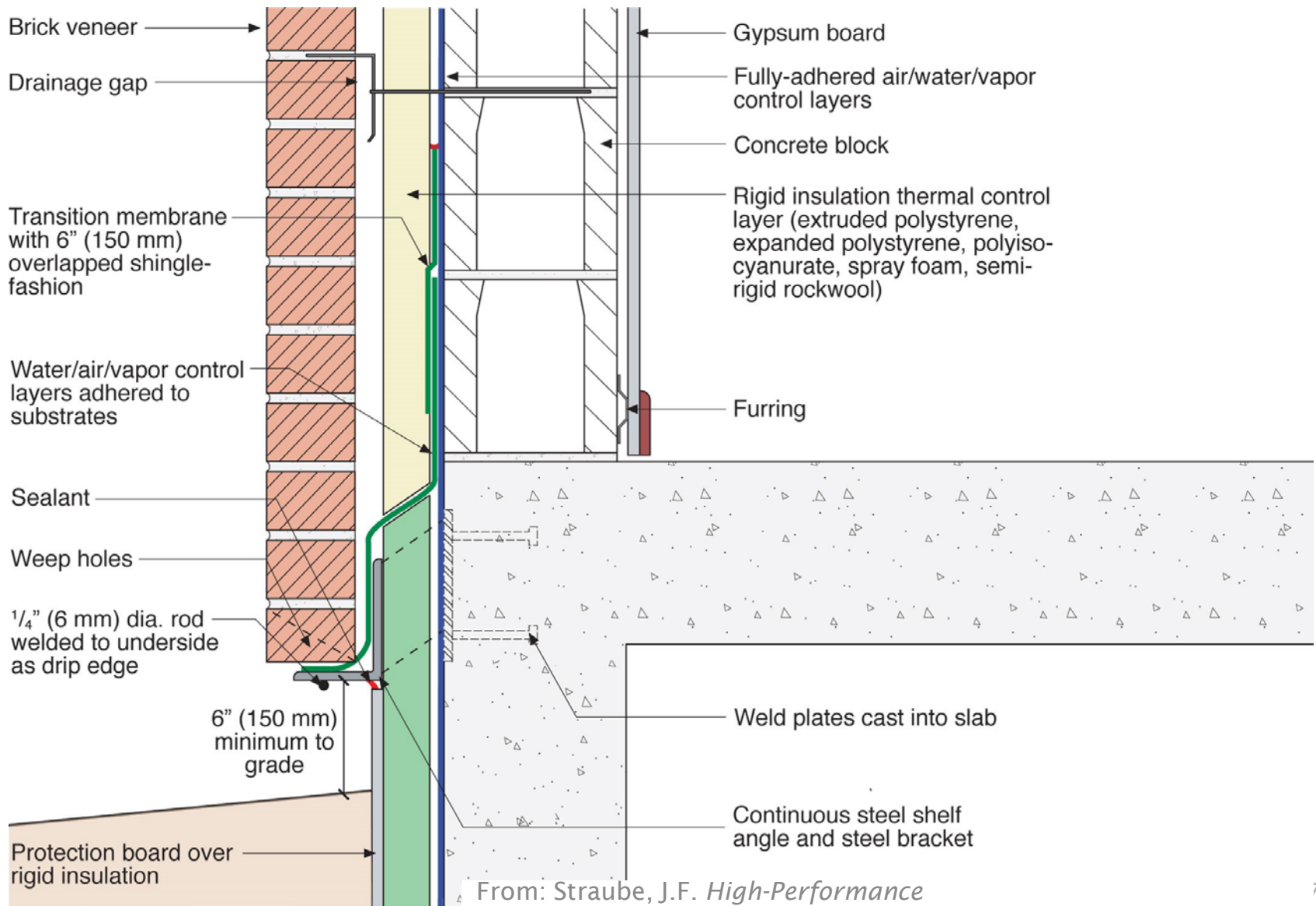
# CIP Basement with Exterior Insulation



**Note:** A continuous air-vapor control layer (e.g. heavy poly) can be used below the slab (never below the insulation) and sealed to the wall for slightly improved performance). Insulating under and around the footing is feasible and may be worth doing in very cold climates.

Air control should be made continuous by sealing the wall to the slab

# Stand-off Shelf Angle at Grade



From: Straube, J.F. *High-Performance Enclosures*, Building Science Press. 2012.

# Roofs

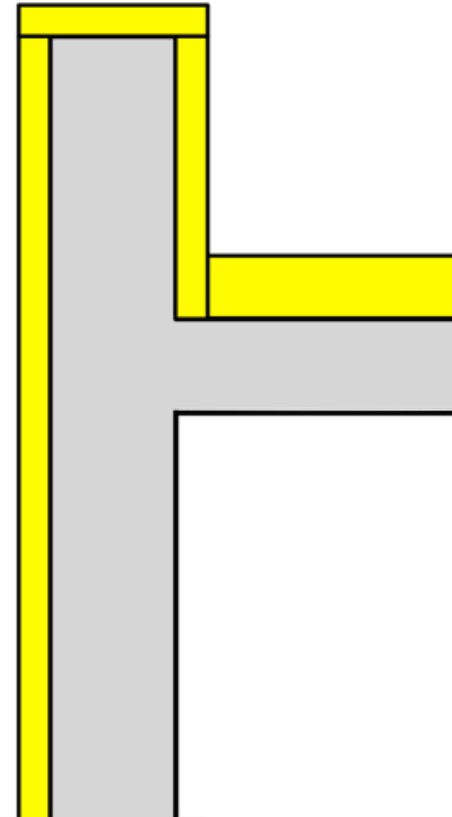
- Low-slope most common for this segment
- Account for Screws?
  - Not code-required
- Account for HVAC Curbs, HVAC Screen posts, etc.?

# Roofs thermal bridges:

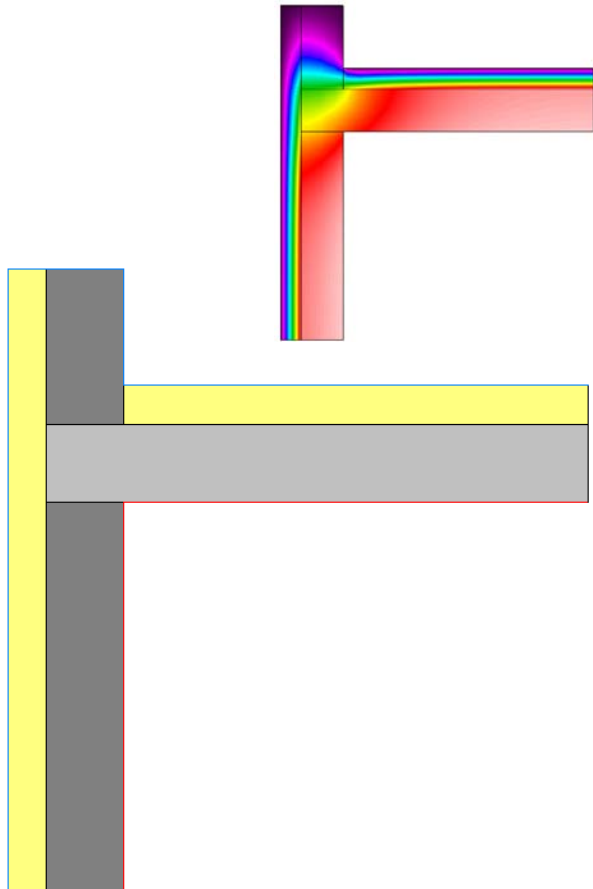


# Parapets

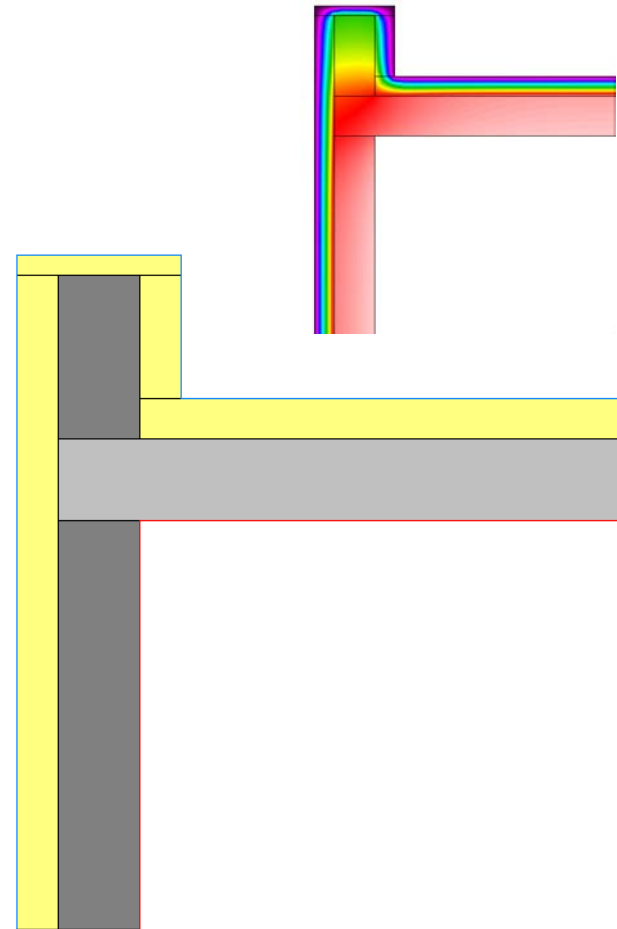
- Wrap-around insulation
- Easy to add a little on top



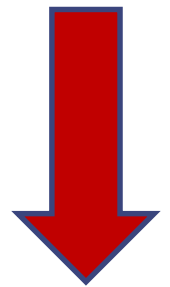
# Parapets



**0.428** BTU/hr.ft.F



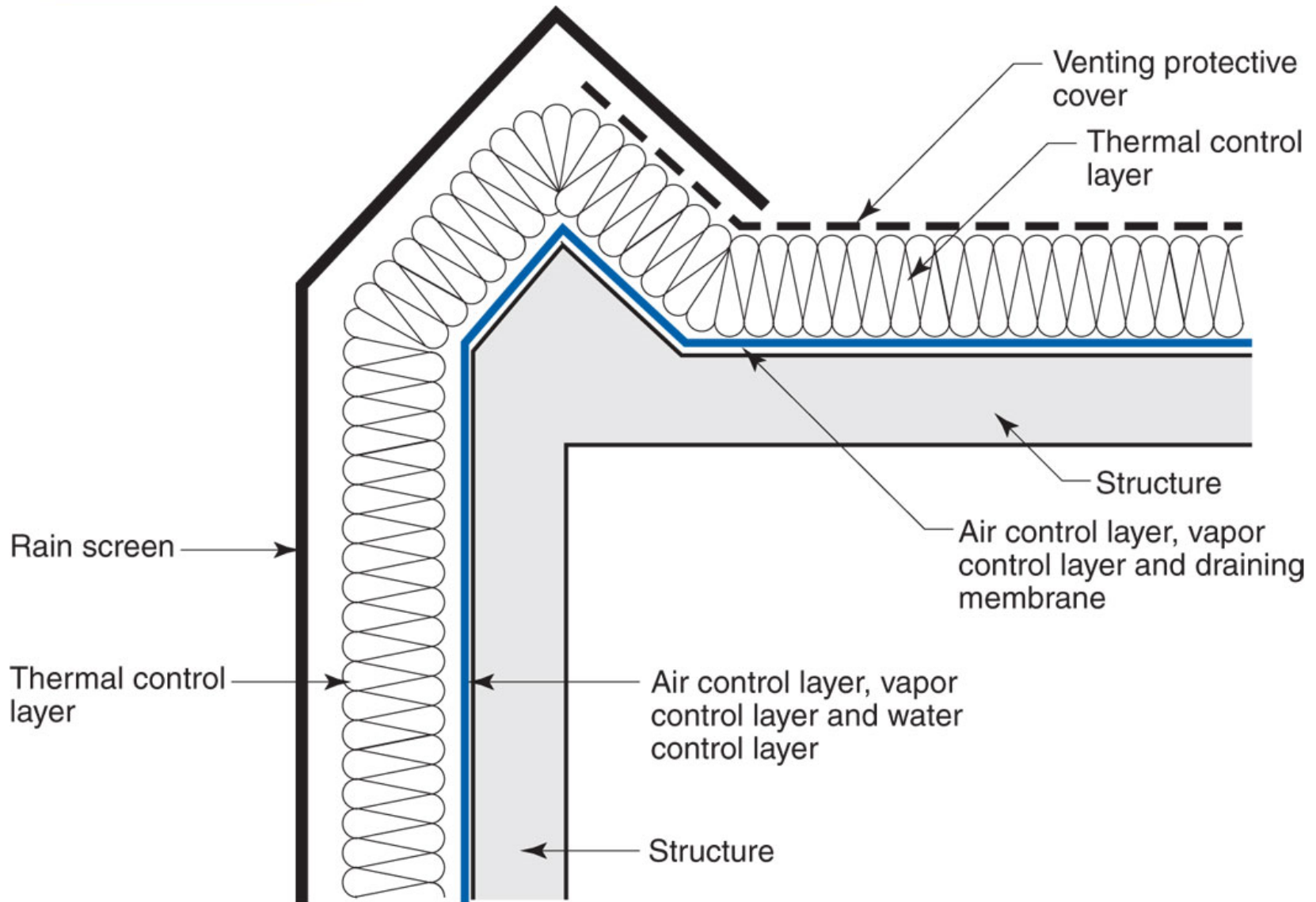
**0.039** BTU/hr.ft.F



**90%**

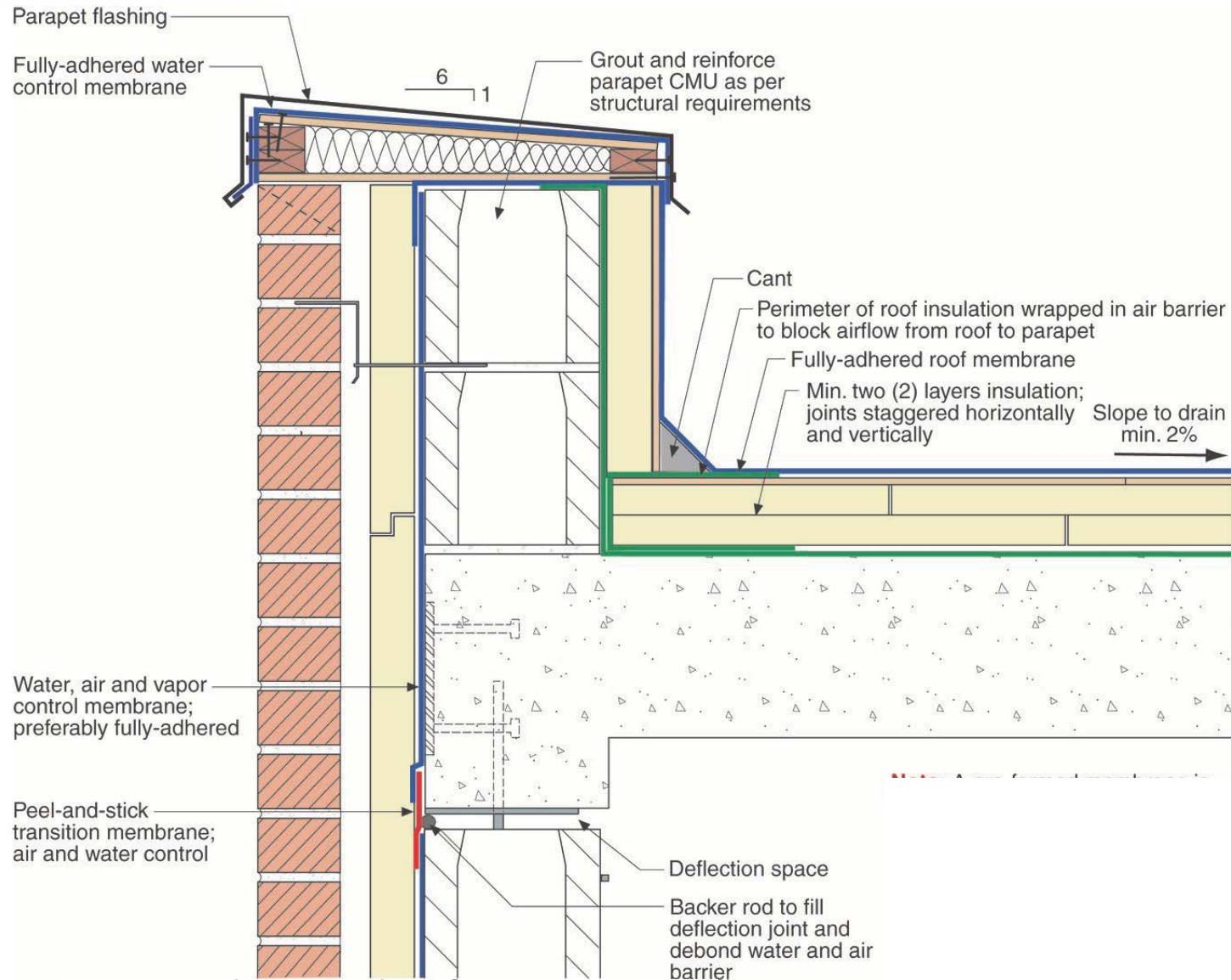


# Parapets



From: Straube, J.F. *High-Performance Enclosures*, Building Science Press. 2012.

# Parapet with Wrap-Around Insulation



From: Straube, J.F. *High-Performance Enclosures*, Building Science Press. 2012.



# Questions?

AND THANKS FOR LISTENING

**RDH** Building Science

→ [rdh.com](http://rdh.com) | [buildingsciencelabs.com](http://buildingsciencelabs.com)